

UNITED TRIBES

On-Campus News

VOL. 9, NO. 10

October 25, 1999

"FALL UPDATE"



First of all, I would like to commend our students and staff for the excellent 30th International Powwow & Art Expo, and the 8th Miss Indian Nations pageant held last month. Everyone pitched in and helped to make this a most memorable and one of the very best. Congratulations are in order to our students and staff here at UTTC.

We have already reached the halfway point of the 1st semester for the 1999-2000 academic year. The fall registration reached a high count of approximately 290 students including 20 part-time students. Several new faculty members have joined our UTTC staff including Kristine Bjelde, Hospitality Management Instructor, Kim Hinnekamp, Foods and Nutrition Instructor, Marcel Gierszkewski, Automotive Technology Instructor, and Brenda Dvorak, Indian Studies/General Education Instructor. We are very fortunate to obtain their expertise to our academic/vocational programs here at UTTC.

UTTC was successful in obtaining a 5 year Title III grant from the U.S. Department of Education that will enable us to plan and implement a student center. Phil Baird has returned (formerly Director of the Indian Technical Assistance Center and the North Dakota Association of Tribal Colleges) and is now the Title III project coordinator. As Title III project coordinator he seeks input from students, staff, and community to assist him in planning a new Student Center that will help meet a variety of student services once the project is completed. UTTC is in the process of developing an overall comprehensive plan that would meet housing, recreational, athletic, library, technology, and related needs.

Additionally, UTTC was informed by the U.S. Department of Education (ED) in late August that our Minority Science & Engineering Partnership proposal that will be funded for the next 3 years. Dr. Bala, UTTC math

and science instructor will be the project director and will be planning a 2-year computer science program that will begin with the 2000-2001 academic year. Again, students and staff assisted us in this effort as a result of our spring survey that appeared in our *Weekly Newsletter*. The results were included in the proposal that was submitted to ED last March.

I have reviewed the latest UTTC Attendance report and approximately 1/3 of our students have received warnings from the counseling department regarding excessive absences. UTTC student need to take their classes more seriously if your goal is to complete your degree/certificate program with the specified time frame. If you are having difficulty with the courses you are taking you need to seek appropriate tutoring and/or counseling services. It is important that you seek the root cause of the problem and take the necessary steps to effectively deal with it head on. Otherwise, you need to drop those classes you are having difficulty before the November 5th deadline. Registration for the 2nd semester will be held on November 17th - 19th, 1999. Please work closely with the vocational advisor and assigned counselor to make sure that you complete both academic and vocational requirements for your degree/certificate program.

Other areas that our faculty and staff are working on include: the new 2000-2001 college catalog, the new student handbook for the 2000-2001 academic year, new and/or revised courses for next semester, Title III project, computer science project, Carl Perkins vocational program, VICA activities, recreational activities, sports and athletics, professional development, assessment, evaluation, and related matters. As you can plainly see, it literally "takes a whole village" to provide UTTC students with many programs and services to attain your goals and objectives. Let's continue to have another successful year here at UTTC.

Sincerely,
John Derby, Academic Dean



Weekly Menu

DINNER

October 25-29

- Mon.- Chuckwagon Stew, Baking Powder Biscuit, Salad Bar, Fresh Fruit, Relish Tray, 2% or Skim Milk
- Tue.- Ham Sandwich, Soup, Salad Bar, Dessert, 2% or Skim Milk
- Wed.- Chicken Stir-Fry w/Oriental Noodles, Rice, Cranberry Sauce, Salad Bar, Pumpkin Bars, 2% or Skim Milk
- Thu.- Bar-B-Que Beef on a Bun, Soup, Salad Bar, Assorted Fresh Fruit, 2% or Skim Milk
- Fri.- Fish Sandwich, Soup, Salad Bar, Lemon Bars, 2% or Skim Milk

November 1

- Mon.- Goulash, Vegetable, Dinner Bun, Salad Bar, 2% or Skim Milk

SUPPER

October 25-29

- Mon.- Bar-B-Que Ribs, Baked Potato, Vegetable, Salad, Dessert, 2% or Skim Milk
- Tue.- New England Dinner, Boiled Potatoes, Boiled Vegetables, Salad Bar, Dessert, 2% or Skim Milk
- Wed.- Pepper Steak, Rice Pilaf, Salad Bar, Dessert, 2% or Skim Milk
- Thu.- Turkey Roast Dinner, Tossed Salad, 2% or Skim Milk
- Fri.- Roast Pork, Mashed Potatoes & Gravy, Vegetable, Salad Bar, Dessert, 2% or Skim Milk

November 1

- Mon.- Hamburger on a Bun, French Fries or Potato Chips, Soup, Salad Bar, Brownies, 2% or Skim Milk

Congratulations . . .

Congratulations to the following students & staff who successfully completed the "Fire Extinguisher Safety Course". They will receive certificates for this safety course training.

This event was coordinated thru the Welding Technology department on October 14, 1999.

Crystal Agard - Automotive Tech.

Frank Badten - Automotive Tech.

Maurice Lester - Automotive Tech.

Dale Vivier - Automotive Tech.

Cyril Cottonwood - Automotive Tech.

Wes Estes - Automotive Tech.

Ben Ramsey - Automotive Tech. Instructor

Marcel Gierszewski - Automotive Tech. Instructor

Chris Long Soldier - Construction Tech.

Anthony Quick Bear - Construction Tech.

Brian Laroche - Construction Tech.

John Nelson - Construction Tech.

Alan Schlecht - Construction Tech.

Darrell Black Bird - Construction Tech.

Terry Anderson - Construction Tech. Instructor

Randy Buckmaster - Construction Tech. Instructor

Aldon Fast Horse - Construction Tech.

Wesley Littlewind - Welding Tech.

Charles Russell - Welding Tech.

Wendell White Eyes - Welding Tech. Instructor

Virgil Chase Jr. - Welding Tech.

Dorvin Froseth - Math Instructor

Chemical Awareness Class

To all students who are taking the Chemical Awareness Class from Harriet Schneider.

The second (8) weeks course will start on October 26, 1999.

If you have any questions please call me at Ext. 268 or see me at the Chemical Health Center Building #68

FROM THE ENGLISH DEPARTMENT

Career Tip: Skillful writers avoid starting sentences with the word-wasting expletive **there**. Usually sentences can be rewritten without it.

Did you know? English is the first language in history in which the majority of speakers are non-native. Of the 750 million people who use English regularly, only 300 million are native speakers. It is the universal language of scholarship, science, and trade.

HOSPITALITY MANAGEMENT



Hospitality Management students toured Prairie Knights Casino in September, where they met with the John Frigo, Food and Beverage Manager and Tony Rella, Executive Chief, and received a tour of the different dining facilities and kitchen. The students were very impressed with the fine dining room, the expansive kitchen facilities, the large food service staff (24 hour a day operation), and the advanced training offered at the Culinary Institute in New York for their chefs. UTTC Hospitality Management students were encouraged to apply for position in food service upon graduation in our training program!

Students from left to right: Ethel Hall, Gary Standing Owl, David Strange Owl, Winston Sam, Audra Wilkinson, and Shari Littlewind.

submitted by Kris Bjelde, Hospitality Management Instructor

STUDENTS

Will the following students please pay for the charges made at the Taco Sale held last Thursday, on the following days: Friday, October 29 and November 1 between 2:00 & 3:45 pm at the Chapel, Thanks.

Waylend Luke	Victoria Howard
Travis Jensen	Kendall Fox
Jonathan High Elk	Eli Feather Earring
Alden Fast Horse	Russel Cavanah
Robert Webster	Kristi Begay
Maurice Lester	Gary Standing Crow
Niche Wellman	Leslie Ortley
Erica Old Lodge	Michael Lawrence
LaDeanna Roberts	Jonathan Young
Peggy Morgan	Marva Frisbee
Robert Finley	Rhonda Yankton
Delshay Webster	Sterling Taveapont
Donna Belgarde	Wesley Little Wind
Amanda Gunn	Charles Russel
Fred Gunn	Morgan Two Shields
Amelia Starr	Tammy Moore
Audra Wilkinson	Antoniette Kampeska
William Demarce	Janelle Canyon

Amos Hinshaw
Winston Sam
Darrell Black Bird
Jamine LeRoy
John Kristen
Caroline Tobacco
Deeken Means
Roxanne Stricker
Violet Plenty Chief

Jennifer Grey Bull
Nikki Silk
Jodi Johnson
Tony Knife
Sugar Foot
Marcus Broeancial
Joseph Eagleman
John Nelson
Gerald Packineau

**Information for the Next
Newsletter must be submitted to Arrow Graphics
no later then October 29
Attn: Wanda Swagger**

STUDENT HEALTH CENTER

- Flu vaccinations for UTTC staff are pending due to a vaccine shortage. Hopefully, we will be able to obtain more vaccine from Fort Yates IHS when it arrives. Stay tuned!

- UTTC students who would like to become HIV/AIDS Peer Instructors should contact Sharlene at Ext. 247 or 286. We would like to have 6-10 students enrolled in the 3 day course. Upon completion of the course, students would be able to instruct HIV/AIDS education classes at their home reservation.

- Students who have been approved for Medical Assistance should submit their numbers to the Student Health Center. If you have been denied Medical Assistance, you must submit the denial letter to the Student Health Center also. Students who may be eligible for an alternate resource such as Medical Assistance, Medicare, Veterans Administration, Voc. Rehab., Private Insurance, etc. must complete the application process. (Indian Health Service, Contract Health Services CFR 42-36.23.)

- Head checks will be done at the CDC and TJES areas on October 26, 27 & 28.

- **When to see a Doctor for a Headache:**

- It is the worst headache of your life.
- The pain is severe.
- It is accompanied by a fever, stiff neck and/or rash.
- It begins after a head injury.
- It worsens after exertion, coughing or sudden movement.
- It is accompanied by numbness or weakness of a limb.
- It causes your personality or behavior to change.
- It affects your senses or walking ability.
- It is accompanied by a high fever or breathing problem.
- It causes disorientation, delirium, uncontrollable nausea or vomiting.

ATTENTION:

Fort Yates Indian Health Service Clinic Outside Prescription Policy . . .

- **Purpose:** Medication costs continue to rise each year. The Standing Rock Service Unit attempts to provide new treatments for our patients, but the cost will rise 6% each year for the next several years. Our regular patients are our first priority and this policy will ensure quality care for them. Due to budgetary constraints, the Standing Rock Service Unit will not fill prescriptions for patients who do not see medical providers at our facility.

- **Policy:** All legal prescriptions presented to the pharmacist may be filled if the drugs are included in the Service Unit Formulary and if the patient is eligible for care at this institution. Effective October 1, 1999, no outside prescriptions will be filled at the Standing Rock Service Unit with exceptions of:

1. College or post-secondary student with proof of enrollment.
2. Patients originally seen at the Standing Rock Service Unit and referred to another institution for further care. To enhance compliance with this policy, none of these prescriptions will be filled after 5:00 pm Monday thru Friday, or at all on weekends or holidays. The Pharmacy Department will not accept phone prescriptions unless the prescribing provider saw the patient as a referral as described above.

- **Procedure:** If a prescription is received from a private provider and the patient was not referred by our facility to that provider or is not a student as described above, the pharmacist has 2 choices.

1. Request examination of the patient by an Indian Health Service provider.
2. Urge the patient to obtain the drug from a private pharmacy at his/her own expense.

Hurricane too close for comfort

While in Puerto Rico as a site-visitor at the Ryder School of Nursing, Sister Kathryn had some experience with Hurricane Jose'. She and her companion visitor had to vacate the hotel in which they were staying and were advised to stay at the Ryder Hospital. In the course of the day the hurricane however was downgraded to a tropical storm, so they could return to their hotel on the seacoast at the end of the day.

Preparations for safety included boarding up windows, closing schools and are public offices, advising some employees to remain at the hospital. Liquor stores were closed.

The site visit otherwise went well although we needed an interpreter -- from Spanish to English -- when talking with the Director of the school.

submitted by Sister Kathryn Zimmer,
Director, AASPN Program

Thought for the day . . .

- A conscience is what hurts when all your other parts feel so good.
- A conclusion is the place where you got tired of thinking.



CALL TO STUDENT WRITERS

Be a part of the next Tribal College Student magazine!

TRIBAL COLLEGE STUDENT is now accepting entries from tribal college students in the following categories:

- poetry
- short story
- research
- essay
- speech

SPECIFICATIONS: Submissions should be no longer than 1,000 words (about four double-spaced typed pages). If a piece of writing cannot be used, it is usually because we received too many submissions or because it was too long. Most writing requires some editing by us for space or style. We will send you a copy of the edited submission before publication for approval. Include two paragraphs of biographical material about yourself to be published with your submission

DISTRIBUTION: The magazine will be published as a part of the *Tribal College Journal* in June 2000 and distributed to over 10,000 readers, including tribal colleges; other universities and colleges across the country; and patrons of American Indian education, writing, and art.

COMMENTS ON PREVIOUS STUDENT EDITIONS...

- *"Judging from the diversity of subject matter and the quality of the writing in this anthology, American Indian writing is alive and well and coming from our tribal colleges."* Blackfeet author James Welch
- *This collection demonstrates a "sense of biting satire and irony... a humor forged by the fact of being Indian in a world that would like to preserve Indians in a mythic state."*— poet Janice Gould (*Koyangk'auwl Maidu*)
- *"The breath and blood of tribal college students flow through the pages. Between the lines, they convey how tribal colleges have transformed their lives."*— Marjane Ambler

DEADLINE: Postmarked by Dec. 1, 1999. (No faxes, please.) Mail submissions to:

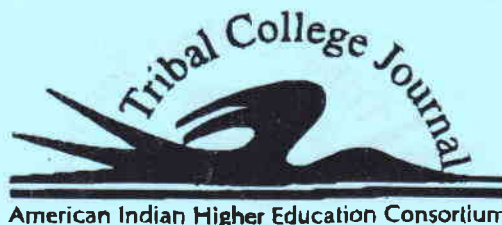
Tribal College Student

P.O. Box 720

Mancos CO 81328

phone 970 533-9170 or e-mail: editor@tribalcollegejournal.org

October 16, 1999



TO: Creative writing and speech instructors
FROM: Marjane Ambler, Tribal College Journal editor
phone 970 533-9170 or fax 970 533-9145
email: editor@tribalcollegejournal.org

We need your help encouraging your best students to submit their work to the Tribal College Student edition. Could you please copy the enclosed flyers and post them at various locations where students and faculty can see them?

This year's student edition will be included as part of the *Tribal College Journal* and sent to all our subscribers.

Those of you who are familiar with the Student Edition know that it provides the students with incentives, exposure, and material for their resume. Student support services administrators use it for recruitment and for encouraging students. It conveys that other tribal college students have shared some of their experiences, despite the glossy student magazines full of fashion and romance that they see elsewhere.

DEADLINE: Dec. 1, 1999

WANTED

**Parents/Guardians to use RMC
Parental Corner
Tuesday 3:30 - 5:00**

- after school checkout of games, puzzles, and books
- 4:20 - 5:00 pm use of the computer lab featuring the iMac computers (internet access available when approved by powers that be).
- Parental Corner is located in the RMC (Reading Math Center) Building on the west side of Theodore Jamerson Elementary
- For more information call 258-3285 extension 306



TJES'
Red Ribbon Week



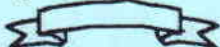
National Substance Abuse Awareness Week - Oct. 24-31

TJES Invites the UUTC Community to join us in these activities!

Monday: Wear Drug Free T-shirts & RED RIBBONS

See Drug Free Posters in Big Gym(Make one & put it up.)

Tuesday:

- ◇ **Favorite Sports Team Day** (Suggestion: Wear Green and Gold for Packers!)
- ◇ **Open House @ Chemical Health Center**
- ◇ **Parent / Teacher Conferences** 4 - 8 PM
- ◇ **Gangs & Inhalants** Parent Training@ Small Gym, 4:00 5:00 6:00 7:00 PM
"How to Tell if a Kid is in a Gang & what to do about it ." (What to watch for)
- ◇ **Red Ribbon Carnival** 

@Nat'l Guard Armory, 4200 E. Divide. 4 - 8 PM, for all Bismarck Children
Admission: Wear a Red Ribbon (U can get one at the door).
No Charge for games, Refreshments for sale

Wednesday:

- ◇ **Wear Red Day & Classroom Speaker**



Thursday:

- ◇ **Walk /Run at TJES' front lawn (Gather @ 2:20)**
Speaker, Prayer, Drum, Balloon release, Walk/Run/Refreshments in the Gym
- ◇ **Homecoming Parade @ 4:00** (We heard)
- ◇ **Masquerade Pow Wow@ 6:00**

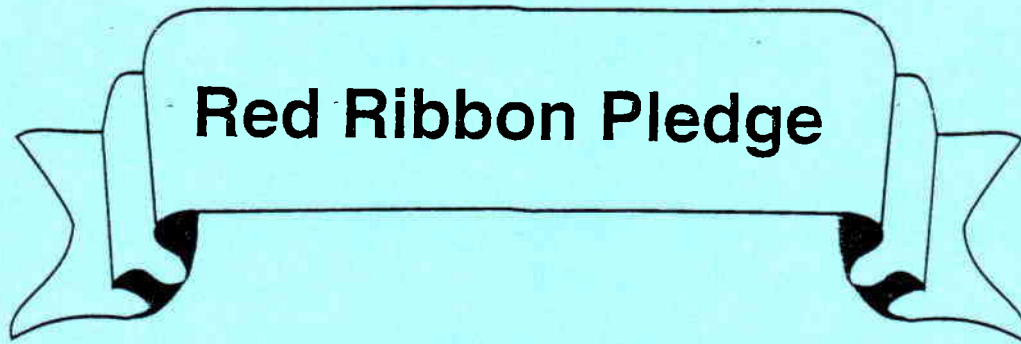


Friday:

- ◇ **SCARE AWAY DRUGS - COSTUMES & TRICK OR TREATING**
- ◇ **Pops** for People wearing Red Ribbons



CHEMICAL HEALTH CENTER



I, _____

PLEDGE TO LEAD A HEALTHY,
DRUG FREE LIFESTYLE.

(No use of illegal drugs.
No illegal use of legal drugs.)

SIGNED _____

DATE _____

Sign, and bring to the Chemical Health Center during
Open House October 26, 1999 at 9:00 p.m. to 4:00
p.m., and you can put your name in for the Grand
Door Prize Drawing, being given away at 4:00 p.m.

**PICKUP YOUR RED RIBBONS!
COME JOIN THE FUN!**



Oct. 20, 1999

Dear Parents,

I am happy to let you know about these Parenting Sessions.

**"Parenting (10 to 15 yr. old's) Teens"
Tuesdays, Nov. 2, 9, 16, 23
@ TJES Library**

Register ASAP (by Oct. 25 if possible) Later is ok too.
Turn Registration in to College Counseling Office or TJES Office
Bring a friend!

at Counseling offices (ext. 236,304 College ext. 277, 291,264) & TJES Office

Presented by Verona Loechler, Regional Family Services, Mandan

+++++

Registration

Name _____ Date _____

Campus Box # _____ Telephone # _____

Address: _____

Names and Ages of Children: _____

I plan to attend the Parenting 10 to 15 yr. old's, Teen Series

Signature

(Be creative and make your own registration form.)