

UNITED TRIBES

On-Campus News

VOL. 9, NO. 12

November 8, 1999

To
United Tribes Staff, Students;
Relatives and Friends
The family of Charles Joseph Silk
wishes to acknowledge with gratitude
your many kind expressions of sympathy.

If tears could build a stairway
and memories were a lane
we would walk right up to heaven
and bring you back again

No farewell words were spoken
no time to say goodbye
you were gone before we knew it
and only god knows why

Our hearts still ache in sadness
and secret tears still flow
what it meant to lose you
no one can ever know

But now we know you want us
to mourn for you no more
To remember all the happy times
life still has much in store

Since you'll never be forgotten
we pledge to you today
a hallowed place within our hearts
is where you'll always stay

National American Indian Heritage Month, 1999

by the President of the United States of America

A PROCLAMATION

Ours is a nation inextricably linked to the histories of the many peoples who first inhabited this great land. Everywhere around us are reminders of the legacy of America's first inhabitants. Their history speaks to us through the name of our cities, lakes, and rivers; the food on our tables; the magnificent ruins of ancient communities; and, most important, the lives of the people who retain the cultural, spiritual, linguistic, and kinship bonds that have existed for millennia.

As we reflect on the heritage of American Indians, Alaska Natives, and Native Hawaiians, we also reaffirm our commitment to fostering a prosperous future for native youth and children. At the foundation of these efforts is our work to provide a quality education to all Native American children. In particular, we have sought significantly increased funding to support Bureau of Indian Affairs school construction and 1,000 new teachers for American Indian youth. My 1998 Executive order on American Indian and Alaska Native Education sets goals to improve high school completion rates and improve performance in reading and mathematics. And we are working to get computers into every classroom and to expand the use of educational technology.

We are also seeking ways to empower Native American communities and help them prosper. My Administration is expanding consultation and collaborative decision-making with tribal governments to promote self-determination. We also support tribal government economic development initiatives, particularly those that increase or

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Weekly Menu

DINNER

November 8 - 12

- Mon.- Honey Roasted Turkey Sandwich, Soup, Salad Bar, 2% or Skim Milk
- Tue.- Tortolla Hot Dish, Spanish Rice, Salad Bar, 2% or Skim Milk
- Wed.- Oven Baked Chicken, Rice, Vegetable, Salad Bar, Assorted Fresh Fruit, 2% or Skim Milk
- Thu.- Hamburger on a Bun, Baked Fries, Salad Bar, Assorted Fresh Fruit, 2% or Skim Milk
- Fri.- Chicken Strips, Macaroni & Cheese, Salad Bar, Assorted Fresh Fruit

November 15

- Mon.- Croissant Sandwich with Turkey or Ham, Potato Salad, Salad Bar, 2% or Skim Milk

SUPPER

November 8 - 12

- Mon.- Baked Ham, Baked Potato Wedges, Vegetable, Salad Bar, 2% or Skim Milk
- Tue.- New England Dinner, Boiled Potatoes, Boiled Vegetable, Salad Bar, Dessert, 2% or Skim Milk
- Wed.- Meat Loaf, Rice Pilaf, Salad Bar, Dessert, 2% or Skim Milk
- Thu.- Shish-Ka-Bob Casserole, Wild Rice, Salad Bar, Dessert, 2% or Skim Milk
- Fri.- Fish Platter, Oven Baked Potato Wedges, Salad Bar, Dessert, 2% or Skim Milk

November 8

- Mon.- Braised Beef over Noodles, Vegetable, Salad, Fresh Fruit, 2% or Skim Milk

Continued from front page . . .

enhance the infrastructure necessary for long-term economic growth. My New Markets Initiative seeks to leverage public and private investment to boost economic development in areas that have not shared in our recent national prosperity. In July, I visited the Pine Ridge Reservation of the Oglala Sioux, as part of my New Markets Tour, to explore opportunities for economic development in Indian Country.

Among the most serious barriers to economic growth facing tribal communities is a lack of housing, physical infrastructure, and essential services. My Administration is working with tribal leaders to build and renovate affordable housing on tribal lands, bring quality drinking water to economically distressed Indian communities, and improve public safety. We are moving to assist tribal governments in developing the physical infrastructure needed for economic development, including roads, fiber-optic cabling, and electric power lines.

In working together to shape a brighter future for Indian Country, we must not lose sight of the rich history of Native Americans. Just weeks ago, the Smithsonian Institution broke ground on the National Mall for the National Museum of the American Indian. This wonderful facility will preserve and celebrate the art, history, and culture of America's indigenous peoples. It is also fitting that the first U.S. dollar coin of the new millennium will bear the likeness of Sacajawea and her infant son -- an image that captures the importance of our shared history.

NOW, THEREFORE, I, WILLIAM J. CLINTON, President of the United States of America, by virtue of the authority vested in me by the Constitution and laws of the United States, do hereby proclaim November 1999 as National American Indian Heritage Month. I urge all Americans, as well as their elected representatives at the Federal, State, local, and tribal levels, to observe this month with appropriate programs, ceremonies, and activities.

IN WITNESS WHEREOF, I have hereunto set my hand this first day of November, in the year of our Lord nineteen hundred and ninety-nine, and of the Independence of the United States of America the two hundred and twenty-fourth.

William J. Clinton

BOOKSTORE

Come into the Bookstore and see the new arrivals.

- Jackets - longer style - w/drawstrings & hood - 6 colors, large to 3 x-large.
- Textured sweatshirts - Navy & Yellow, large to 2 x-large.
- Hooded sweatshirts - Royal, Gray & White, large to 2 x-large.
- Travel Mugs w/UTTC logo - Red, Blue & Gray.
- Blank Greeting Cards w/Native American Designs.

Phone Cards are in! \$5.00, \$10.00 and \$20.00 denomination are available.

Coming Soon!

- T-shirts w/UTTC Thunderbirds Basketball Design - Gray & White, large to 2 x-large.
- Blank Greeting Cards by Paul Goble, an artist from South Dakota.

Bookstore Hours: 8:00 - 12:00 & 1:00 - 5:00
Monday thru Friday.

Student Charging: Can charge until December 3, 1999.

SEE YOU SOON !!!

**Information for the Next
Newsletter must be submitted to Arrow Graphics
no later than November 11
Attn: Wanda Swagger**

Winners of Masquerade Powwow

Adult Category:

1st Place	Adam Ireland	\$200.00
2nd Place	Robert Webster	\$150.00
3rd Place	Miranda Sanderson	\$100.00

Elementary 8 & Over:

1st Place	Alice Cadotte	\$50.00
2nd Place	Francis Bullhead	\$30.00
3rd Place	Whitney Cadotte	\$20.00

Tiny Tots:

Most Funniest	Tinana Howard	\$5.00
Most Original	Shaly St. John	\$5.00
Most Scariest	Jaydon Morris	\$5.00



Indian Club

The Indian Club would like to thank the following departments for their contribution towards the Masquerade Powwow.

Financial Aid
Early Childhood
Counseling Department
Chemical Health
Injury Prevention
Academic Services
Student Health
Business Development
JTPA
Security/Housing
Cafeteria
Office Technology
Recreation Department
Vince Schanandore

Your donation of items toward baskets, toys and others is greatly appreciated. The Powwow was a great success. Thank you to all students and staff for your time and support.

Chemical Health Center

Ten Promises for Beginners of Sobriety

1. You will know freedom from maalox, aspirins, and listerine.
2. You will no longer have to approach toilet bowls on you hands and knees.
3. You won't fall asleep with your contact lens in.
4. You won't have to make excuses for all those empty bottles like "I'm saving them to store water in case of a hurricane".
5. Your car won't stink like a brewery any more.
6. You will remember where you left your car.
7. Your pets won't hide under the bed anymore when you come home. Neither will your spouse and kids.
8. The fear of mirrors will leave you.
9. You will lower your risk of catching a social disease.
10. You will suddenly realize how much better your life is sober.

STUDENT SENATE MEETINGS

The Student Senate will meet on

**THURSDAY - NOVEMBER 11TH at NOON
in the SKILL CENTER and**

**FRIDAY, NOVEMBER 19TH at NOON
Location to be announced.**

ALL STUDENT REPS PLEASE ATTEND!

Thought for the day . . .

- MON:** • Seen it all, done it all. Still owe for most of it.
- TUE:** • Before you give someone a piece of your mind, make sure you have enough of it left.
- WED:** • A marriage is made in heaven, but so is thunder and lightning.
- THU:** • The opposite of talking is not listening, its waiting.
- FRI:** • Treat each day as if it is your last – and one day you will be right.
- SAT:** • Experience is what enables us to recognize a mistake - until we do it again.
- SUN:** • Some of us never grow up - we just learn how to act in public.

Welcome to NutriNews!

by **Kim Hinnenkamp,**
Licensed Registered Dietitian
UTTC Food and Nutrition Program

Welcome students, faculty, and staff to a new section of the newsletter called NutriNews. Twice a month new articles will appear in this section related to food, nutrition, wellness, and disease prevention. I hope to get your minds thinking about nutrition and give you the tools to help you eat healthy.

On campus I work with the new Food and Nutrition Associate Degree Program (formerly known as Dietetic Technician Program) and will be the instructor for that program in this next semester. This is a very exciting time to start a program that addresses the importance of nutrition in our lifestyles. If any one is interested in more information about this program, please contact me. My office is in the Skills Center Room 119D and my extension is 397.

Four students and two faculty members will be going to Atlanta, Georgia November 15 and 16 to attend a workshop for a grant that the college has received from the USDA and CDC. The workshop is entitled "Nutrition and Physical Activity: Community and College Based Assessment." The students will use this workshop to plan ways to incorporate more nutrition and physical activity events on our campus during this school year. Five other schools were chosen, including Sisseton Wahpeton Community College. The students and faculty going from UTTC are Kris Bjelde, Hospitality Management Instructor, Ivan Brown Otter, Injury Prevention; Cheron Davis, Nursing; Kim Hinnenkamp, Food and Nutrition Program; Sheri Little Wind, Hospitality Management; and Audra Wilkinson, Hospitality Management. Stay tuned for more ways that you can participate in these activities.



Saturday Breakfast Club

When: Saturday, November 13, 1999

Where: TJES Library/Elementary school

Who: Parents and children must accompany each other.

What: ---Craft project. ---Make family book bags.

---Good food. ---TJES Library will be open for check-out and leisure reading. ---Door prizes!!!