

UNITED TRIBES

On-Campus News

VOL. 9, NO. 14

November 22, 1999



NutriNews

by Kim Hinnenkamp, Licensed Registered Dietitian
UTTC Food and Nutrition Program

Two students and two faculty members just got back from Atlanta, Georgia after attending a workshop for a grant that the college has received from the USDA and the Centers of Disease Control (CDC). The workshop was called "Nutrition and Physical Activity: Community and College Based Assessment." The students met with five other schools that included two historically Black colleges and universities, two Hispanic-serving institutions, and two tribal colleges. They put together a plan of nutrition and physical activity events that will be held on campus next semester. There will than be final meeting in

Sante Fe, New Mexico in May where we will all get together again to discuss what activities we did and if they were successful. The students and faculty that went were Kris Bjelde, Hospitality Management Instructor; Kim Hinnenkamp, Food and Nutrition Program; Shari Little Wind, Hospitality Management and Audra Wilkinson, Hospitality Management. The students enjoyed their short time in Atlanta and also met many interesting students from other colleges around the country. Stay tuned for more ways that you can participate in these activities.



Shari Little Wind and Audra Wilkinson giving their presentation about UTTC at the USDA/CDC workshop in Atlanta, GA. (November 15, 1999)



Left to Right: Kim Hinnenkamp (Food and Nutrition), Kris Bjelde (Hospitality Management), Ellen Harris (USDA Community Nutrition Research Leader), Audra Wilkinson (Hospitality Management Student), and Shari Little Wind (Hospitality Management Student) at the USDA/CDC workshop in Atlanta, GA (November 16, 1999)



Weekly Menu

DINNER

November 22 - 23

Mon.- Chuckwagon Stew, Baking Powder Biscuits, Salad Bar, Fresh Fruit, Relish Tray, 2% or Skim Milk

Tue.- Ham Sandwich, Soup, Salad Bar, Dessert, 2% or Skim Milk

Wed-

Thanksgiving Dinner

Roast Turkey w/ Dressing

Baked Ham

Sweet Potatoes

Mashed Potatoes

Vegetables

Cranberries

Dinner Rolls

Apple, Pumpkin, Pecan, Cherry, Blueberry Pies

Assorted Nuts

Fresh Fruit

November 29

Mon.- Goulash, Vegetable, Dinner Bun, Salad Bar, 2% or Skim Milk

SUPPER

November 22-23

Mon.- Bar-B-Que Ribs, Baked Potato, Vegetable, Salad, Dessert, 2% or Skim Milk

Tue.- New England Dinner, Boiled Potatoes, Boiled Vegetables, Salad Bar, Dessert, 2% or Skim Milk

November 29

Mon.- Hamburger on a Bun, French Fries or Potato Chips, Soup, Salad Bar, Brownies, 2% or Skim Milk

Financial Aid Info.

- The Financial Aid Office will be closed on December 1 & 2, 1999. (Decentralized Training)

- The Financial Aid Office has a number of scholarships and Internships for students planning to continue their education at a four year school. If you are interested, stop by the office and see if any of them are in your field of study.

- American Indian College Fund has a series of 4 booklets out that have information and stories about the different tribal colleges they serve. They can be picked up at the Bookstore or Library.

- This is the only year that current enrolled college students can apply for the Gates Millennium Scholarship, for more info visit www.collegefund.org.

- The following list of students need to stop by the Financial Aid Office before the end of the semester and complete their Financial Aid file. Failure to do so will jeopardize Federal Student Assistance if you were considered eligible. Payroll checks will not be disbursed until completed.

Shelly Alden

Melissa Archambault

Blair Baker

Chasity Baker

Yvette Belgarde

Kenneth Buckley

Sean Casey

Johnna Cloud

Jasanna Cuch

Lee Ann Fox

Melichi Four Bear

Chev Hachett

Holly Hosie

Ree Hosie

Sandra Karlson

Thomas Keller

Maurice Lester

Donna Luger

Percy Lussier

Alexis Mendez

Peggy Morgan

Tonya Morris

Laura Pleets

Kristi Reed

Thomas Red Bird

Alan Schleath

Debra Selland

Niche Wellman

Rose White Buffalo

Lacey Witt

**Information for the Next
Newsletter must be submitted to Arrow Graphics
no later than November 24
Attn: Wanda Swagger**

Nursing Department to host community agencies

Over the years the nursing department has held sharing meetings with the acute care settings -- hospitals -- of the area. Such meetings provide the opportunity to talk about developments at UTTC as well as at the agencies. This assists faculty in getting the best kind of clinical experiences for students.

A meeting with agencies that provide community type services -- group homes, long term care settings, school settings -- is now scheduled to occur on Thursday, December 9 at the Russell Hawkins House. Hopefully this first gathering will also be mutually informative as well as enjoyable. Carol Manifold is coordinating the event.

Submitted by Sister Kathryn Zimmer,
Director AASPN Program

WANTED:

Peer mentors to co-facilitate Spring 2000 home groups with staff. Students must have good leadership qualities, communication skills, knowledge of college and campus procedures. Must be familiar with the Bismarck area and have a good grade point average. Incentives will be provided. If interested or have questions please contact Karen Siegfried, Student Support Counselor by December 3, 1999 at Ext. 234. Act quickly as only 7-8 mentors will be needed.

ATTENTION!

Fall Semester Graduates! Graduation is on May 5, 2000. If you plan on attending graduation, you have to order a cap and gown. I have set aside the week of December 6-10 for measuring and ordering caps and gowns for Fall Semester Graduates ONLY! There will be other dates for Spring Semester Graduates. The hours are: Monday-Friday 8:00-12:00 & 1:00-5:00. Come to the Bookstore. If you have any questions, you can call me at Ext. 357.

Cathy Mastrud, Bookstore Manager

TJES Christmas Program

Thursday, December 9

2:00 pm

UTTC Gym

Do you want to get in the mood for Christmas? All UTTC students, faculty, and staff are invited to the TJES Christmas program. There will be songs and poems by the Kindergarten and 1st grade students and a puppet show by Grades 2, 3, 4. A group of 5-8 graders will serve as puppeteers, as we present the show "A Teddy Bear Christmas". Even if you don't have a child enrolled at TJES, please come and get in the mood for Christmas. The children work hard to learn their parts and it means so much to them to have the support of family and friends. Please plan to attend now.

Student Senate Meetings for December, 1999

Dec. 3 at Noon, Bldg. 61, Student Senate/Reps
Dec. 13 at Noon, Bldg. 61, Student Senate/Reps
Full Student Body Meetings
THANK YOU!!!

Thought for the day . . .

- MON: • Brain cells come and go - but fat cells live forever.
- TUE: • If we aren't supposed to eat animals, why are they made of meat?
- WED: • You're only as old as you feel the next morning.
- THU: • If Noah has been wise he would have swatted them two flies.
- FRI: • The attention span on a computer is as long as its extension cord.
- SAT: • Doing a job right the first time gives you a job well done. Doing the same job fourteen times over gives you job security.
- SUN: • People who keep big mean dogs are cowards who don't have enough guts to bite people themselves.

From the English Department:

Spot the Blooper: From the Wichita Falls, Texas, newspaper: "Do not sweep an area where there have been rodents with a broom." No doubt the rodents did a good job!

Career Tip: Using the semicolon skillfully is one mark of an educated writer; most punctuation mechanics agree with this.

The Night Before Christmas . . .

Twas the night before Christmas, he lived all alone, in a one bedroom house made of plaster and stone.

I had come down the chimney with presents to give, and to see just who in this home did live.

I looked all about, a strange sight I did see, no tinsel, no presents, not even a tree.

No stocking by mantle, just boots filled with sand, on the wall hung pictures of far distant lands.

With medals and badges, award of all kinds, a sober thought came through my mind.

For this house was different, it was dark and dreary, I found the home of a soldier, once I could see clearly.

The soldier lay sleeping, silent, alone, curled up on the floor in this one bedroom home.

The face was so gentle, the room in such disorder, not how I pictured a United States soldier.

Was this the hero of whom I'd just read? Curled up on a poncho, the floor for a bed?

I realized the families that I saw this night, owed their lives to these soldiers who were willing to fight.

Soon round the world, the children would play, and grownups would celebrate a bright Christmas Day.

They all enjoyed freedom each month of the year, because of the soldiers, like the one lying here.

I couldn't help wonder how many lay alone, on a cold Christmas Eve in a land far from home.

The very thought brought a tear to my eye, I dropped to my knees and started to cry.

The soldier awakened and I heard a rough voice, "Santa don't cry this life is my choice;

I fight for freedom, I don't ask for more, my life is my God, my country, my corps."

The soldier rolled over and drifted to sleep, I couldn't control it, I continued to weep.

I kept watch for hours, so silent and still and we both shivered from the cold night's chill.

I didn't want to leave on that cold, dark, night, this guardian of honor so willing to fight.

Then the soldier rolled over, with a voice soft and pure, whispered, "Carry on Santa, it's Christmas Day, all is secure."

One look at my watch, and I knew he was right. "Merry Christmas my friend, and to all a good night."

This poem was written by a Marine stationed in Okinawa Japan. The following is his request. I think it is reasonable... PLEASE. Would you do the kind favor of sending this to as many people as you can? Christmas will be coming soon and some credit is due to our U.S. service men and women for our being able to celebrate these festivities.

Let's try in this small way to pay a tiny bit of what we owe. Make people stop and think of our heroes, living and dead, who sacrificed themselves for us. Please, do your small part to plant this small seed.

Courtesy: Frank Detkowski

from the Art Gallery

Thank You



The Office Management class would like to thank **UTTC-Cafeteria** and **Dennis Lucier**.

The class viewed "**Sacred Buffalo People**" in celebration of Native American month. The video reminded us about an important value, "RESPECT" that is passed on to us from our grandparents, parents, relatives, and others.

A value is defined as: "the sum of our moral and social perceptions of those things that are intrinsically desirable or valuable." As a result of our experiences and education and the customs and traditions of our culture, we develop values that will satisfy our own personal needs.

Mr. Dennis Lucier shared another value with the class which is "Generosity". He made sure that we had a healthy start for the day and provided the class with breakfast. We would like to thank you for emphasizing how important it is to make sure and feed "All My Relatives".

Sheri Baker, Elena Beatus, Troy Blount, Harriet Broken Nose, Claudia Four Star, Malinda Geigle, Genevive Hollow, Victoria Howard, Amber Iron Shield, Michael Lawrence, Renee Little Wolf, Janet McHugh, Tonya Morris, Mary Otter Robe, Chad Pechtcl, Darla Red Hail, Kathy Reiter, Melanie Riveria, Reva Sun Rhodes, Isabelle Taylor, and Alan Spoon Hunter. Thanks Again!

CHRISTMAS ART MARKET

**PRAIRIE KNIGHTS
CASINO & LODGE
BANQUET ROOM**

**NOVEMBER 27-28, 1999
12 NOON - 8:00 p.m. (cst)**

*Paintings,
Sculpture,
Jewelry,
Beadwork,
Quilts,
Apparel
Home Furnishings.*

*All Art Work Must Be Completed
By The Artist and Be For Sale.
Artist Fee: \$25.00 per Table,
Deadline for Payment 11/19/99
For Further Information Contact:*

*Dean Bear Ribs 605-823-4157
Elaine McLaughlin 701-854-2267*

LOOKING FOR GIFTS
COME TO THE UTTC MUSEUM/GALLERY
ext. 378 or 331
LISTED ITEMS FOR SALE

1. Sweet Grass, picked in Alberta Canada - short braids @ \$2.00 @ \$5.00
2. Bitter Root, picked in Alberta Canada - 1 bag @ \$2.00
3. Muskeg Tea, picked in Alberta Canada - 1 bag @ \$2.00
4. Peppermint Tea, picked in Alberta Canada - 1 bag @ \$2.00
5. Beaded Earrings - various prices
6. Beaded key chains and pen sets - \$ 20.00
7. Beaded Medicine wheels - \$20.00
8. Beaded Barrettes - \$ 10.00
9. 1 pair of mens coyote mittens - \$ 125.00
10. 1 pair of womens coyote mittens - \$100.00
11. Leather billfolds - \$ 20.00
12. Leather check book covers - \$ 20.00
13. Beaded bracelets - \$ 10.00
14. Miniature hanging drums (hand painted designs) - \$ 20.00

Theodore Jamerson Elementary School

October 27, 1999

Dear Parents,

Attached for your review and information is a copy of the Theodore Jamerson Elementary Annual Report. We submit this report very year to the Bureau of Indian Affairs, Office of Indian Education. They in turn submit a comprehensive report to the Department of Education. The student academic progress must indicate a certain amount of progress for the entire TJES students. We must demonstrate student academic growth in Reading (Language Arts) and Math. This is rather difficult for our school for the simple reason that we only have your children for two or three years.

The report gives an over view of the school activities, programs and student status. The after school clubs and activities gives you a three year look at the progress or set backs we have experienced.

If you have any questions, please feel free to contact me anytime 701-255-3285 ext. 305.

Sincerely,



Mr. Azure
Principal, TJES

cc: file

**GOALS 2000 REPORT - 1999
THEODORE JAMERSON SCHOOL
BISMARCK, ND, - STANDING ROCK AGENCY**

Enrollment: 123
Tribes Served: Intertribal

Type of School: Grant Day K-8
Accreditation: State

School Reform Strategies Implemented:

Technology training and implementation of these skills, Story problem club (1-8), Extended Day Programs (Reading Club, Homework Center, Computer Club, Science Club), Inclusion for all students, collaboration of training. Continued progress in writing standards and curriculum. Implementation of tardy program (TJ Bucks) and parent liaison hired. Implementation of social skills curriculum, continued parent and staff training. Release time for planning at 3:15 every day, annual review of CSRP and annual report with staff, school board and parents. Hands on science, FOSS and SAGE training, CGI in Math, Continued progress with portfolio assessment (K-8) and integration of technology with curriculum.

Participation in Special School Improvement Programs:

Technology Literacy Challenge Grant - year 3, National Science Foundation Rural Systemic Initiative, Goals 2000 implementation grant, SAGE (Science), Share Grant for Boys Town Social Skills Model with Standing Rock, Talent Search, NASA grant.

Goals (Performance Indicators) Data:

Average Daily Attendance Rate: 89%

Yearly Enrollment Retention Rate: 96%

Math Achievement: 34% Partially Proficient 58% Proficient 8% Advanced

Language Arts Achievement: 30% Partially Proficient 56% Proficient 14% Advanced

Parental Involvement: 95% attendance at parent conferences

Substance Abuse: 2 incidents

Violence: 36 incidents of fighting, threats, & intimidation

Staff Development:

TJES hosted a technology workshop in July 1999. Five TJES teachers presented at the workshop and the rest of the staff attended along with teachers from other schools. Continuous on-site technology training occurred utilizing the technology coordinator. Some staff attended database and specific topic technology workshops. The entire staff was trained in the Boys Town Model and Character Counts. SPED trained all TJES staff on confidentiality and training sessions for all staff were held on child abuse.

Assessment: 32% staff partially - 42% staff proficient - 26% staff advanced
Technology: 37% staff partially - 26% staff proficient - 37% staff advanced

Indicators of Improvement Achieved:

More students have reached the advanced level. More staff members have moved from the partially proficient level in assessment & technology. The parent involvement rate increased as did the retention rate. Increased use of technology in all academic areas - staff is very literate. TJ Bucks decreased tardiness. Boys Town Model increased time on task and decreased discipline problems. Two G & T students attended youth leadership workshop in Washington, DC. Complete data on numbers, programs, and attendance are on file at TJES.

	A	B	C
1	Event	97/98	98/99
2	Story Problems	12454	14541
3	Checkout Corner	65	77
4	Parent Breakfast	151	168
5	Computer Club	329	701
6	Parent Surveys	18 families	28 families
7	Homework Center	467	468

**GOALS 2000 REPORT - 1999 - SPECIAL EDUCATION
THEODORE JAMERSON SCHOOL
BISMARCK, ND, - STANDING ROCK AGENCY**

Enrollment: 123
Tribes Served: Intertribal

Type of School: Grant Day K-8
Accreditation: State

Goals (Performance Indicators) Data:

Average Daily Attendance Rate: 89%

Yearly Enrollment Retention Rate: 85%

Math Achievement: 69% Partially Proficient 31% Proficient 0% Advanced

Language Arts Achievement: 69% Partially Proficient 31% Proficient 0% Advanced

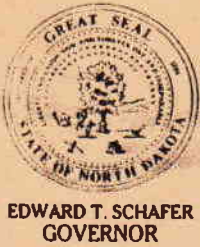
Parental Involvement: 100% attendance at parent conferences/IEP Meetings

Substance Abuse: 1 incident

Violence: 7 incidents of fighting, threats, & intimidation

1998-1999 - TJES - After School, Club, Parent Data

	A	B	C	D	E
1	Science Centers	Reading Club	Computer Club	Homework Center	Checkout Corner
2	90 students-98/99	42 readers-98/99	701 students-98/99	468 students-98/99	77 visitors-98/99
3	139 students-97/98	64 readers-97/98	329 students-97/98	467 students-97/98	65 visitors-97/98
4	No Club-96/97	No Club-96/97	110 students-96/97	623 students-96/97	64 visitors-96/97
5					
6	Survival Kit	Parent Breakfasts	Parent Meeting	Parent Surveys	Story Problems
7	No kits-98/99	168 parents-98/99	83 parents-98/99	28 families-98/99	14,541 problems-98/99
8	24 families-97/98	151 parents-97/98	22 parents-97/98	18 families-97/98	12,454 problems-97/98
9	10 families-96/97	111 parents-96/97	41 families-96/97	11 families-96/97	9,078 problems-96/97
10					
11	Math Lunches	Health Fair	Family Club	Parenting Classes	Sobriety Walk
12	86 students-98/99	No event-98/99	215 families-98/99	12 parents-98/99	200 people-98/99
13	79 students-97/98	No data-97/98	131 families-97/98	6 parents-97/98	350 people-97/98
14	No data-96/97	200 people-96/97	231 families-96/97	10 parents-96/97	No data-96/97
15					
16	Book Fair	Parent Conferences	Parent Committee	Reading Coupons	Computer Checkout
17	14 parents-98/99	95% fall & 95% spr-98/99	21 families-98/99	No club-98/99	34 families-98/99
18	52 customers-97/98	82% fall & 67% spr-97/99	10 parents-97/98	991 coupons -97/98	21 families-97/98
19	46 customers-96/97	90-95%-96/97	12 parents-96/97	857 coupons-96/97	29 families-96/97
20					
21	Red Ribbon Carnival	Parent Computer Training		Open House	Science Fair Attendance
22	25 families-98/99	No training-98/99		36 parents-98/99	15 parents-98/99
23	20 families -97/98	44 family members-97/98		33 parents-97/98	
24	No event-96/97	No Training-96/97			
25					
26	Parent Lunch	Home Visits	Extra Science Fair Work		
27	27 parents-98/99	165 visits-98/99	40 participants-98/99		
28		95 visits-97/98			
29					
30					
31					



State of North Dakota

OFFICE OF THE GOVERNOR
600 E. BOULEVARD - GROUND FLOOR
BISMARCK, NORTH DAKOTA 58505-0001
(701) 328-2200
FAX (701) 328-2205 TDD (701) 328-2887
E-mail: governor@pioneer.state.nd.us

PROCLAMATION

The global spread of HIV infection and AIDS necessitates a worldwide effort to increase communication, education and action to stop the spread of HIV/AIDS.

The American Red Cross with the North Dakota HIV/AIDS Network observes December 1 of each year as World AIDS Day, a day to expand and strengthen the worldwide effort to stop the spread of HIV/AIDS.

The Joint United Nations Programme on HIV/AIDS estimates that 33.4 million people are currently living with HIV/AIDS, with children under the age of 25 years accounting for more than half of all new infections.

The American Association for World Health is encouraging a better understanding of the challenge of HIV/AIDS nationally as it recognizes that the number of people diagnosed with HIV and AIDS in the United States continues to increase, with 688,200 AIDS cases reported as of December 31, 1998.


The North Dakota Health Department reports 237 HIV infections in the state as of September 30, 1999.

World AIDS Day provides an opportunity to focus on HIV infection and AIDS, caring for people with HIV infection and AIDS, and learning about HIV/AIDS.

The 1999 World AIDS Day theme "AIDS-End the Silence. Listen, Learn, Live," encourages us to (a) listen to young people, hear their views and concerns, and engage them in conversation about issues concerning sex, sexuality, and HIV/AIDS; (b) learn from one another about respect, participation, support, and ways to prevent HIV infection; and (c) live in a world where fewer people are infected with HIV, where the rights of young people are protected, and where those living with HIV/AIDS are cared for and are free from discrimination.

For these reasons, I proclaim December 1, 1999, as

"WORLD AIDS DAY"


EDWARD T. SCHAFER
Governor

ATTEST:


Secretary of State

By _____
Deputy

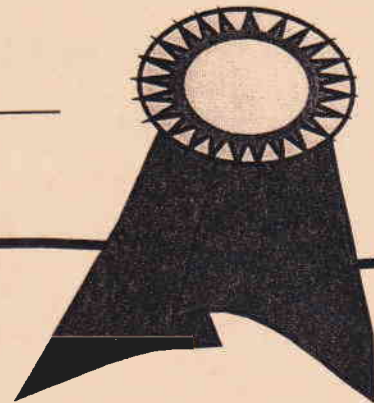
CHEMICAL HEALTH CENTER
OPEN HOUSE
NATIONAL AMERICAN INDIAN
HERITAGE MONTH NOVEMBER

I, _____

PLEDGE TO LEARN, AND TEACH OUR AMERICAN
INDIAN HERITAGE TO OUR YOUNG, AND TO
APPRICATE MY HERITAGE WITH A
HEALTHY, DRUG FREE LIFESTYLE.

SIGNED _____

DATE _____



Sign the pledge, and bring to the Chemical Health
Center during Open House November 23, 1999 at
9:00 p.m. to 4:00 p.m., and you will be eligible to
win one of the Grand Door Prizes!!

**FROM THE CHEMICAL HEALTH CENTER
STAFF
HAPPY THANKSGIVING!!!**

Native American Tourism of Wisconsin
proudly hosts the

**2000 AMERICAN INDIAN
TOURISM CONFERENCE**

**“PRESERVING OUR PAST,
SHARING OUR FUTURE.”**

Mark your calendars !

DATES: September 28, 29, & 30, 2000

LOCATION: Oneida Nation & Green Bay, Wisconsin

To be placed on the mailing list complete the following and send to:

2000 American Indian Tourism Conference
Great Lakes Inter-Tribal Council
P.O. Box 9
Lac du Flambeau, WI 54538

Name: _____

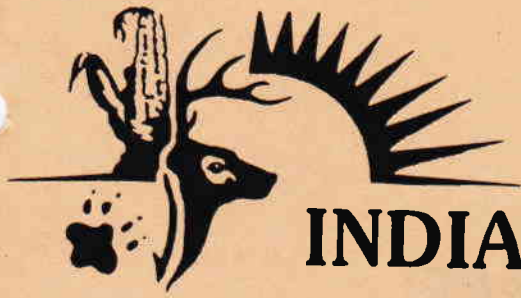
Organization: _____

Address: _____

City, State, Zip: _____

Interested in:

Registration Sponsorship Trade Show Booth Arts & Crafts Booth



INDIAN SUMMER FESTIVALS I N C O R P O R A T E D

2000 ART CONTEST

THEME: The Spirit Lives On – A Culture for All Time

CALLING ALL *AMERICAN INDIAN ARTISTS*
ENTER INDIAN SUMMER FESTIVALS ANNUAL ART CONTEST

HELD AT: WINTER POW WOW
WINNER WILL RECEIVE \$1,000

WHERE: WINTER POW WOW
WISCONSIN STATE FAIR PARK
WEST ALLIS, WISCONSIN

WHEN: MARCH 4th & 5th, 2000

ENTRY RULES: **SIGNED WAIVER FORM**

MATTED OR FRAMED

SIZE: 16 X 19

AGE RANGE: 18yrs. and older

Interested American Indian Artists are asked to submit their art work to the Indian Summer Festivals office located at 7441 W. Greenfield Avenue, Suite 109, West Allis, Wisconsin 53214. Mailed entries should be received in the office by Monday, February 28, 2000. Hand delivered entries will be accepted up to the opening of the Winter Pow Wow on March 4, 2000.

The winner will be announced on March 5th, 2000

SEE REVERSE SIDE FOR ENTRY FORM AND WAIVER

Fax: 414-774-6810

www.indiansummer.org

7441 W. Greenfield Avenue

Suite 109

Milwaukee, Wisconsin 53214

414-774-7119

INDIAN SUMMER FESTIVALS, INC.

2000 ART CONTEST ENTRY FORM AND WAIVER

NAME _____
(Last) (First)

ADDRESS _____

(City) (State) (Zip)

TELEPHONE NUMBER _____

TRIBAL AFFILIATION _____

TITLE OF ART _____

SIZE _____ MEDIA _____

THEME COMMENTS _____

I understand that this work is being entered into the competition for the Indian Summer Festivals' Contest. I understand that Indian Summer Festivals is not responsible for any damages to the artwork. In the event that this piece is selected as the winning entry, I waive all rights to the artwork and Indian Summer Festivals will retain same and all rights to it. Prize money of \$1,000 will be awarded to the winner of the contest. In the event that this work does not win the contest, I understand that the artist is responsible for claiming all artwork submitted.

Artist

Indian Summer Festivals, Inc. President

Date

Date

**** This signed waiver must be included with your submission**