

UNITED TRIBES

On-Campus News

VOL. 10, NO. 6

February 14, 2000

Notice from the Placement Office:

The UTTC Placement Office has recently acquired through the mail the 2000 Summer Intern Program catalog from United States Department of Agriculture (USDA). Interested parties are welcome to view the book, which lists many internships offered by the department.

Please make an appointment with Vince Schanandore at 280, or Shirley Iron Road at 226.

News Bits from the Nursing Department

Congratulations to Michael Haas for being named a Student of the Month winner.

Antoine Knife, an earlier winner, said he and his sons appreciated the treats that came as result of his being named a Student of the Month.

Nursing students are being assisted in the use of Internet. This will make it possible for them to carry on research in the several areas of nursing. They will at the same time remain current with the rapidly developing changes in the health care system.

Submitted by Sister Kathryn Zimmer
Director, AASPN Program

Department of Army - Natural Resource Management Branch

We are seeking to recruit a student to enter into Cooperative Education Program (SCEP) with the U.S. Army Corps of Engineers. Prospective students must have completed one (1) academic year of schooling (before initial start date) in an accredited

undergraduate program, and in a field of study related to natural resources such as biology, botany, wildlife/park/fisheries/forestry/recreation management, agriculture, range management, etc. Duty assignments will begin after completion of the Spring semester/quarter, preferably prior to 01 June, 2000. The starting and ending work dates each year are flexible, as arranged between the student and immediate supervisor. Initial appointments will be as a GS-03, Park Ranger Student Trainee (8.71 per hour), and depending upon time, qualifications, and work performance, may be promoted up to the GS-05 level (10.93 per hour). Duty location for this job will be at Riverdale, North Dakota.

The selected student will be working in the Natural Resource Management and Recreational Resource Management programs. The position will involve considerable public relations duties, visitor assistance and lakeshore use management work, agricultural and grazing lease management, service contract management, and will require weekend and night patrol duties. The Natural Resource work will be the primary focus on the student's duties, and the student will be exposed to many other park ranger, natural resource, real estate, construction, maintenance and archeological aspects of park

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ON THE INSIDE...

Want UTTC Students for AIHEC
Knowledge Bowl Competition

Saturday Breakfast Club Meeting

WINS - Washington Internships for Native Students



Weekly Menu

*(Each meal served includes
2% or Skim Milk, Coffee or Tea)*

DINNER

February 14 - 18

- Mon.- Croissant Sandwich with Turkey or Ham, Potato Salad, Salad Bar
- Tue.- Taco Salad, Baked Chips, Assorted Fresh Fruit
- Wed.- Spaghetti with Meat Sauce, Vegetable, Salad Bar, Dessert
- Thu.- French Dip with Au-Jus, Salad Bar, Assorted Fresh Fruit
- Fri.- Knoephle Soup, Chicken Burgers, Salad Bar

February 21 - HOLIDAY

SUPPER

February 14 - 18

- Mon.- Braised Beef over Noodles, Vegetable, Salad, Fresh Fruit
- Tue.- Bar-B-Que Chicken, Baked Potato, Vegetable, Dinner Roll, Salad Bar, Dessert
- Wed.- Hamburger Hotdish, Salad Bar, Dessert
- Thu.- Swiss Steak, Baked Potato, Vegetable, Salad Bar, Dessert
- Fri.- Hamburger Gravy on Noodles, Vegetable, Salad, Dessert

February 21 - HOLIDAY

Continued from front page...

ranger duties. This will give the student a well rounded work experience. The student will also be sent to required training classes such as Boat Operator, Visitor Assistance, Ranger Protection, First Aid & CPR, Prevention of Sexual Harassment (POSH), Ranger Orientation, etc.

Because of the requirements of the SCEP program, college seniors who will graduate before they start work or who will graduate before they have worked a total of 640 hours while in the SCEP program, are not eligible to apply. Sophomore graduating from a two year institution and transferring to an accredited four year institution are eligible to apply if they can provide a pre-registration class schedule and acceptance letter from the four year institution before they start work.

Application packets must be in this office No Later Than February 15, 2000. Interested and qualified students will need to submit an application packet consisting of the following: Typed OF-612, SF-171 or Resume; Copy of College Transcripts and Current Class Schedule; Typed Answers to the Attached Questionnaire.

If you have any questions, concerns or comments please contact Park Ranger Garth Zimelman, Engineering Technician Beth Utecht at 701-654-7411 or write to Corps of Engineers, Box 527, Riverdale, ND 58565.

Student Health Center Notes:

Thank you to staff and students who participated in the health screening that was held on February 2 & 3. Fifty-seven staff and students were screened. Most of those screened were within the normal glucose, hemoglobin, blood pressure and cholesterol range. Two males had elevated blood pressures.

Congratulations to the health screening door prize winners: Sherry Toman - Cassette & Radio Boom Box; Joey McLeod - Can of Popcorn; Joe Many Bear - Blanket

Monthly head lice screenings will be held at the CDC area and elementary school on February 16 & 17.

As of 2-10-00, Sick Child Daycare will be available for those students with ill children. Daycare will be available only while parents are attending class. Monday-Friday 8:00 am to 4:00 pm. First come, first serve. Any questions, call 247 or 286.

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Cold Sores: They're Hard To Warm Up To

Cold sores (or fever blisters, as some call them) are viral infections which occur on the lips or the area surrounding the lips. And the number of lips involved is enormous: 35% to 50% of Americans regularly get them. Cold sores are caused by a virus: this one called Herpes Simplex Type I. The condition is highly contagious and easily passed from one person to another by direct contact with skin and saliva.

Unfortunately, once a person is infected, the virus stays with him or her for a lifetime. Most of the time it is dormant. However, factors can cause a flare-up: exposure to the sun or wind, fever, colds, flu, stress, trauma and food allergies are among them. The frequency or recurrence varies from person to person. Some are "visited" every few weeks. Others may have only one outbreak in a year or longer.

About two days before a cold sore appears, most people experience a burning, itching, or tingling sensation at the site where it will appear. The sores themselves first show as a small, red blister. Within 24 hours, these lesions are likely to break open, spilling their highly contagious fluid. The crusty sores which develop should be kept moist to prevent drying or cracking. Topical anesthetics aid in relieving the pain and itching. Pain is usually the greatest the first day. The ulcers themselves tend to dry up within two weeks. If pus is seen under the lesions, see your doctor as it may be a bacterial infection.

Final Home Group Meeting for all New Students!

February 22, 2000

Meet at the small gym at 3:00 pm.

Bring your scavenger hunt items and
make sure to bring your egg basket!

Snacks and prizes will be available

(Be sure to turn in your cameras by 11:00 am on February 17, 2000 for developing. If cameras are not received, your group will be disqualified and you will have to pay for the camera if it is not returned at all!)

Thought For The Day . . .

- Mon:** • Therapy is expensive. Popping bubble wrap is cheap. You choose.
- Tue:** • How can they raise the price of cemetery plots due to the cost of living?
- Wed:** • If you jog backwards will you gain weight?
- Thu:** • Opportunity only knocks once - if you hear a second knock, it's probably a Jehovah's Witness.
- Fri:** • Stress is when you wake up screaming and then realize that you haven't fallen asleep yet.
- Sat:** • If blind people wear dark glasses, then why don't deaf people wear ear muffs?
- Sun:** • Why is that the only time the world beats a path to your door is when you're in the bathroom?

REMINDER • REMINDER • REMINDER

THE UTTC FINANCE OFFICE IS CLOSED FRIDAY
AFTERNOONS AND THE LAST BUSINESS DAY OF
EACH MONTH.

Information for the Next Newsletter must
be submitted to Arrow Graphics
no later than 12:00 NOON!

Friday, February 18.

Attn: Sandy Erickson

PLEASE FOLLOW DEADLINE !

Chemical Health Center

The Chemical Health Center would like to thank all the people for coming over to visit our program. Congratulations to the four (4) Grand Prize winners who are as pictured below. Joe Many Bears staff member, Amos Hinshaw student, Will Demarce student, and Tai Yellow Earrings student Watcher Middle School.

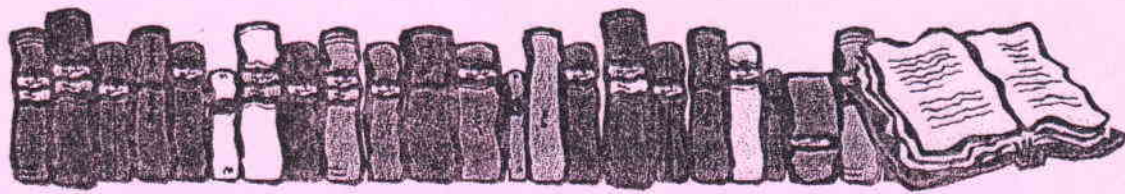


Thanks to the Cafeteria staff for all the goodies we had for Open House. Thanks also to the Hospitality Management students who made and decorated the cakes.



Little Nations Dance Group

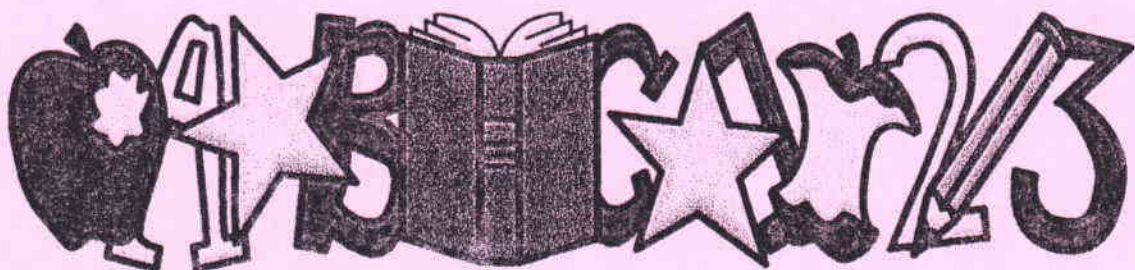
We would like to Thank All the people who supported our Dance Group with the 50/50 drawing on February 10, 00 at the Science Fair. It is your support that keeps us going. Tyler Cadotte, was a winner of the 50/50 drawing. Tyler donated back to the club. Thank You Tyler.



WANTED:

**UTTC STUDENTS FOR
AIHEC KNOWLEDGE
BOWL COMPETITION.**

**IF INTERESTED, CONTACT
SUZANNE AT STUDENT
HEALTH CENTER
EXT. 286 OR 247**





Saturday Breakfast Club

When: Sat. Feb. 26, 2000

Where: TJES School / Library

Who: Parents and children
must accompany each other.

What: -Family time

-Eat good food

-Make a book bag

-Relax in TJES library and
check-out books.

Time: 10:30am - 12:30pm

-DOOR PRIZES!!



***TUESDAY 2-15-00 IS
FACULTY/STAFF
APPRECIATION
NIGHT AT THE LAST
HOME GAME VS MSU-
BOTTINEAU.***

**OUR BASKETBALL TEAMS
WOULD LIKE TO SAY
"THANK YOU" TO ALL WHO
MAKE OUR COLLEGE A
SUCCESS!! PLEASE SIGN IN
AT THE DOOR AS YOU
ARRIVE, WE WILL
RECOGNIZE YOU AT 1/2
TIME OF THE MEN'S GAME.**

"I learned a great deal from my fellow classmates and my internship. This program does a lot for Indian students. It was a great experience."

Michelle Bates, Yurok



HOW TO APPLY

All application materials should be submitted by April 1 prior to the summer that you plan to attend. You must include all of the following to be considered:

- a completed WINS application form
- essay (minimum 500 words) on why you would like to attend the WINS program
- a letter of recommendation from your nation or tribal council or from your nation or tribal education department
- a recommendation letter from a professor or administrator at your college or university
- a résumé detailing your work experience
- an official copy of your most recent college transcripts

For more information and an application, contact:

Georgia Gibson (Comanche Nation)
Washington Internships for Native Students
American University
4400 Massachusetts Avenue, NW
Washington, DC 20016-8083

Phone: 1-800-424-2600 (toll free)

202-895-4900

Fax: 202-895-4960

E-mail: washsem@american.edu

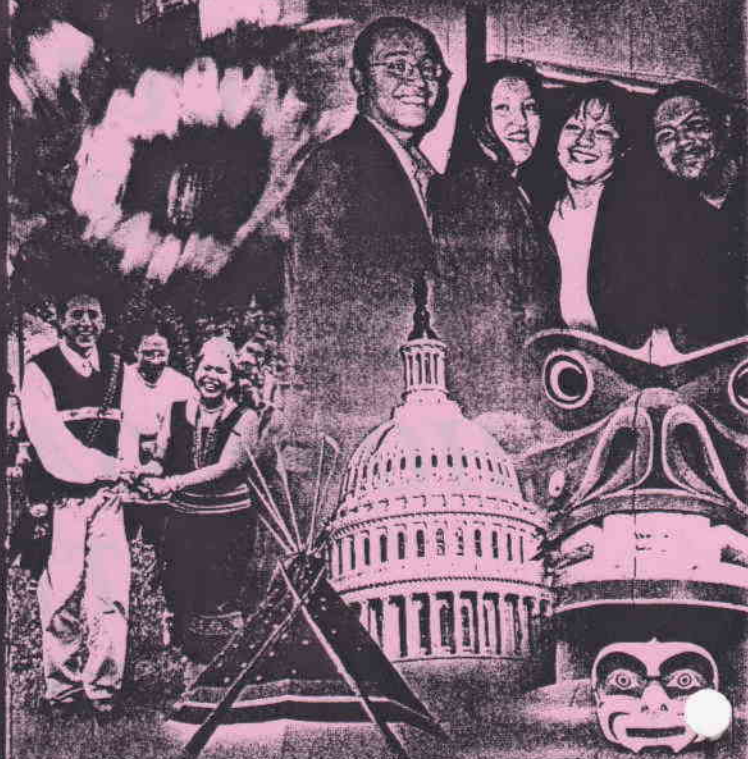
Web: www.american.edu/wins



AMERICAN UNIVERSITY
WASHINGTON, D.C.

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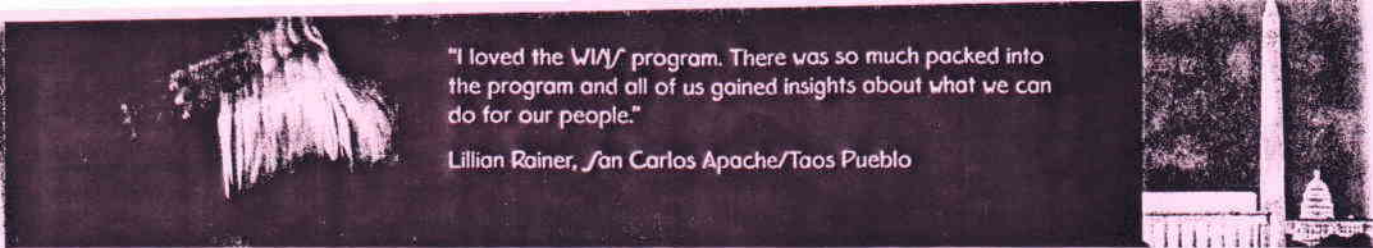


WINS

WASHINGTON
INTERNSHIPS FOR
NATIVE STUDENTS



WINS Brochures & Applications in the Placement Office.



"I loved the WINS program. There was so much packed into the program and all of us gained insights about what we can do for our people."

Lillian Rainer, San Carlos Apache/Toos Pueblo

The Washington Internships for Native Students (WINS) program is your opportunity to live, study, and intern for a summer in Washington, D.C. As its name suggests, WINS is a visionary effort founded on the notion that the people of the sovereign Native American nations are winners. Participants attend an intense academic program for nine weeks gaining skills and knowledge to take back to their communities. WINS gives you the opportunity to add impressive work experience to your résumé, learn how a government agency works first-hand, and attend social events and classes with other Native students. The program is supervised and coordinated by an advisory council made up of Native Americans who represent many tribes throughout the United States.

The WINS program is administered by American University. You live in modern residence halls on campus with a group of approximately 40 other Native students from around the country. Your summer in D.C. is made up of four components: academic course work, research, an internship within a government agency, and cultural and social activities. These components are interwoven to insure that traditional Native practices and values are emphasized. Students who successfully complete the program receive 6 academic credits to transfer back to their home school.



Social activities on the American University campus

THE PROGRAM OF STUDY

Academic Class

You attend a class once a week as part of your program. The course is designed specifically for Native students. You study issues important to Native communities through lectures, class discussions, relevant reading, research, and guest speakers. You hear from Native leaders about matters of concern to their people and visit sites where such leaders work on behalf of the community. Topics your class investigates include:



Students meet new people and make new friends on the WINS program

- tribal sovereignty
- trust responsibilities
- education
- tribal language retention
- health and social welfare in Indian communities
- gaming issues
- economic development

Research Project

With guidance from the WINS professional staff, you gather information on a topic related to your community that interests you. Sources for your paper may include personal interviews, your internship, congressional proceedings, and the Library of Congress. You become an expert in the topic you choose as you compile a comprehensive project.

United States
**Census
2000**

This Week

February 7, 2000

**Census 2000
Road Tour
Coming To A Town
Near You!**

WWW.CENSUS.GOV



INFO/GRAM

An Information Service of the Denver Regional Census Center

hand at each event to answer questions and direct residents on how they can receive an in-language questionnaire. For more information on the Census 2000 Road Tour please log on to www.census.gov

The goal is to bring the country together in a renewal of civic commitment. It is asking for participation from everyone in this country – making every voice heard and counting each person.

The five big reasons for answering the census are:

Help Your Community Thrive —
Data gathered helps communities generate public improvement strategies and devise necessary community and social programs.

Get Help in Time of Need —
Many 911 emergency systems are based on Census findings about location of housing units and streets, location of at-risk and elderly populations, etc.

Make Government Work for You —
Data gathered helps determine the need for hospitals, highways, health clinics, recreational facilities, schools, senior centers and more.

Reduce Risk for American Business —
Data gathered helps determine where products and services are needed, where qualified workers live, etc.

Help Yourself and Your Family —
Data gathered provides proof of age, residence or relationship — information people need to qualify for a pension, establish citizenship or obtain an inheritance.

Over its two-month journey, the Road Tour Vehicle will stop in communities throughout the Denver Region. Census staff will be on



The U.S. Census Bureau is taking to the nation's highways on a road tour to educate everyone living in the United States about the benefits of Census 2000 and to motivate them to participate in the Census.

A Road Tour Vehicle is traveling through the Denver Region from February 15 through April 15, 2000. It contains exhibits, two videos -- *How America Knows What America Needs*, which illustrates census history, and *You Count*, which is for elementary-school children -- census-related printed materials and promotional items.

The Census 2000 Road Tour is a grassroots outreach program aimed at large cities, towns, tribal and rural areas throughout the country.

Census 2000 Road Tour Schedule

February

**Colorado - Wyoming -
South Dakota - Montana**

March

**Montana - North Dakota -
South Dakota - Nebraska
- Wyoming - Colorado -
Utah - Nevada**

April

**Nevada - Arizona - Ne
Mexico - Colorado**

Media Specialists

**Doug Wayland
Anjali Olgeirson
George Martelon
Adriana Zorrilla Velasquez
Enrique Medina Ochoa**

303-231-5025



Choctaw Nation of Oklahoma

Drawer 1210 • Durant, Oklahoma 74702-1210 • (580) 924-8280

Gregory E. Pyle
Chief

Mike Bailey
Assistant Chief

January 31, 2000

DEAR CHOCTAWS:

The past accomplishments, along with the immediate goals for your tribe in the new millennium, are truly incredible. We proudly point to the fact that when doubters tell us "*that's impossible*", our usual response is "*we just did it*". Thanks to the positive attitude of tribal administrators, tribal council and staff, we will continue turning the impossible into reality. Turning "*might do, should do, could do, would do*" into "*can do*" has become your tribe's formula for success. The future has never looked brighter for the Choctaw Nation.

★★★ I am extremely pleased to announce that the Choctaw language will be taught on the Internet beginning February 22, 2000. To enroll, please call Lillie Roberts at 1-800-522-6170 Ext. 2340. **Deadline for enrollment is February 16th.** This is a fantastic program, and will be broadcast directly from tribal headquarters here in Durant. I urge you all to take advantage of the opportunity this new technology offers.

★★★ My first goal of the year 2000 is to ask for YOUR help to ensure that each and every Choctaw is counted during the 2000 U.S. Census. This is vitally important. Much of the federal funding for our service programs is determined by a count of our members. It is estimated that **\$250.00 per year is lost** for each uncounted Choctaw. You are extremely important to your city, county, state and tribe. Census Forms will be mailed the third week in March, and there are several important points I want to stress:

- ★ First and foremost, I want to emphasize that all information collected by the Census Bureau is **STRICTLY CONFIDENTIAL**. The law protects everyone's answers.
- ★ It is important that the Census Form be filled out by the Choctaw in the household, and that "Native American" be checked by the question "What is Persons race?" Where it says "Print name of enrolled or principal tribe", please write **OK CHOCTAW** or **OK MISS CHOCTAW**. It doesn't matter what your degree of Indian blood is. If your CDIB was issued by an Oklahoma Bureau of Indian Affairs, you are either **OK** or **OK MISS CHOCTAW** regardless of where you presently live.
- ★ If you have difficulty completing the form, please feel free to call Brenda Hampton or Beverly Akin here at tribal headquarters, 1-800-522-6170 Ext. 2205 or 2227. They are the Choctaw liaison persons with the U.S. Census, and they will gladly answer any questions you may have. Refer to the sample on the next page.

- ★ Assistance is also available to those living within the Choctaw Nation boundaries at your local Community Center, from your CHR's, or from one of the many tribal census workers who will be visiting your area.
- ★ Please tell your friends and family how important it is to be counted in the 2000 census. Urge them to call us here at the tribe if they have any questions concerning filling out the census form.

Show that you are proud to be Choctaw - stand up and be counted in 2000. This is one of the easiest ways you can help your tribe.

Sincerely,

CHOCTAW NATION OF OKLAHOMA

Gregory E. Pyle
Gregory E. Pyle
Chief

GEP/ba

SAMPLE

United States Census 2000

U.S. Department of Commerce • Bureau of the Census

This is the official form for all the people at this address. It is quick and easy, and your answers are protected by law. Complete the Census and help your community get what it needs — today and in the future!

Start Here

Please use a black or blue pen.

1. How many people were living or staying in this house, apartment, or mobile home on April 1, 2000?

13 Number of people

INCLUDE in this number:

- foster children, roomers, or housemates
- people staying here on April 1, 2000 who have no other permanent place to stay
- people living here most of the time while working, even if they have another place to live

DO NOT INCLUDE in this number:

- college students living away while attending college
- people in a correctional facility, nursing home, or mental hospital on April 1, 2000
- Armed Forces personnel living somewhere else
- people who live or stay at another place most of the time

2. Is this house, apartment, or mobile home — Mark ONE box.

- Owned by you or someone in this household with a mortgage or loan?
- Owned by you or someone in this household free and clear (without a mortgage or loan)?
- Rented for cash rent?
- Occupied without payment of cash rent?

3. Please answer the following questions for each person living in this house, apartment, or mobile home. Start with the name of one of the people living here who owns, is buying, or rents this house, apartment, or mobile home. If there is no such person, start with any adult living or staying here. We will refer to this person as Person 1.

What is this person's name? Print name below.

Last Name

First Name

MI

A

4. What is Person 1's telephone number? We may call this person if we don't understand an answer.

Area Code + Number

11213 - 41575 - 6171819

5. What is Person 1's sex? Mark ONE box.

Male Female

6. What is Person 1's age and what is Person 1's date of birth?

Age on April 1, 2000

1312

Print numbers in boxes.

Month Day Year of birth

01 2 119618

NOTE: Please answer BOTH Questions 7 and 8.

7. Is Person 1 Spanish/Hispanic/Latino? Mark the "No" box if not Spanish/Hispanic/Latino.

- No, not Spanish/Hispanic/Latino
- Yes, Puerto Rican
- Yes, Mexican, Mexican Am., Chicano
- Yes, Cuban
- Yes, other Spanish/Hispanic/Latino — Print group.

8. What is Person 1's race? Mark one or more races to indicate what this person considers himself/herself to be.

- White
- Black, African Am., or Negro
- American Indian or Alaska Native — Print name of enrolled or principal tribe.

01K1C4H0C1TAN

- Asian Indian
- Chinese
- Filipino
- Other Asian — Print race.
- Japanese
- Korean
- Vietnamese
- Other Pacific Islander — Print race.
- Native Hawaiian
- Guamanian or Chamorro
- Samoan

Some other race — Print race.

→ If more people live here, continue with Person 2.