

UNITED TRIBES

On-Campus News

VOL. 10, NO. 14

April 10, 2000

Skills USA - VICA contestants do well

by Terry Anderson, Instructor, Construction Technology

Seven UTTC students did a really great job of representing our school at the twenty-seventh annual statewide Skills USA - VICA contest held in Wahpeton. What these young men accomplished is something that we can all be proud of as they brought back five awards. Each year the competition seems to reach a higher plateau of proficiency and this year's contestants faced the toughest competition that I have seen during the six years I have been attending or judging the contests. Thanks to all of them for doing such a wonderful job-not only in the contests but in representing our school. A list of the students and their vocation are as follows:

Calvin D. Birdinground Jr. who representing the welding department. Calvin although only a first semester student placed third in the state welding written contests.

Virgil Chase who also represented the welding department says he learned a lot and will be ready for them next time.

John Christy brought home the silver or second place in the Criminal Justice division and can be proud of his work.

William DeMarce representing the Construction Technology Department placed second in the cabinetmaking division and in addition to getting a silver medal also received a new Dewalt sander for his work. William brought his cabinet home with him and it now graces his dorm room.

Tony LaVille can feel very good about his work, although Tony did not place in Auto Technology, he did well and learned a lot and now knows what he must learn before next year. It should be noted that Tony is only a first semester student and willingly filled in for a student that was not able to make the contest, he can feel proud of the work he did and while in Wahpeton.

Christopher Long Soldier Jr. came away with very close third place medal while up against some very tough competition in the carpentry division. We all thought that Chris deserved the second place award, but we were not doing the judging. In addition to the medal Chris also came back with a new Dewalt 3/8" drill.

Francis Stricker leads the group with a first place win in the Criminal Justice division. Congratulations Francis on bringing home the gold. Francis is now eligible to attend the national Skills USA - VISA contest in Kansas City.

The general feeling of the group was that the meeting was very educational and a lot was learned. Not all was work as we also got to see a good show at one of the general meetings. We are all looking forward to seeing more students involved in this program next year and to seeing some additional areas of vocational training being represented. Next years contest will be held right here in Bismarck and we should have a good representation.

A special thanks to Marcel Gierszewski who stepped in to offer his help after several other instructors were unable to attend the function. Thanks Marcel we couldn't have done it without you.

ON THE INSIDE...

Job Opportunity for Students

Women's Health Day

Tales from the Trails

Helping a loved one with Diabetes



Weekly Menu

*(Each meal served includes
2% or Skim Milk, Coffee or Tea)*

DINNER

April 10 - 14

- Mon.- Croissant Sandwich with Turkey or Ham, Potato Salad, Salad Bar
- Tue.- Taco Salad, Baked Chips, Assorted Fresh Fruit
- Wed.- Spaghetti with Meat Sauce, Vegetable, Salad Bar, Dessert
- Thu.- French Dip with Au-Jus, Salad Bar, Assorted Fresh Fruit
- Fri.- Knoephle Soup, Chicken Burgers, Salad Bar

April 17

- Mon.- Chuckwagon Stew, Baking Powder Biscuit, Salad Bar, Fresh Fruit, Relish Tray

SUPPER

April 10 - 14

- Mon.- Braised Beef over Noodles, Vegetable, Salad, Fresh Fruit
- Tue.- Bar-B-Que Chicken, Baked Potato, Vegetable, Dinner Roll, Salad Bar, Dessert
- Wed.- Hamburger Hotdish, Salad Bar, Dessert
- Thu.- Swiss Steak, Baked Potato, Vegetable, Salad Bar, Dessert
- Fri.- Hamburger Gravy on Noodles, Vegetable, Salad, Dessert

April 17

- Mon.- Bar-B-Que Ribs, Baked Potato, Vegetable, Salad, Dessert

ALL SPRING 2000 GRADUATES:

Exit TABE testing will take place at Skills Center Rm. 111 at the following times

April 17, 2000: 4:00 - 5:00, 5:30 - 9:00

April 18, 2000: 4:00 - 5:00, 5:30 - 9:00

You must attend one of the test dates in order to graduate. This is a timed test so it is important that you be on time. If you have any questions, call Karen Siegfried, Student Support Services at Ext. 234.

REMINDER • REMINDER • REMINDER

THE UTTC FINANCE OFFICE IS CLOSED FRIDAY AFTERNOONS AND THE LAST BUSINESS DAY OF EACH MONTH.

Placement Office Reminder

Students and May 2000 Graduates please put Job Fair 2000 on your calendars for things to do on April 12, 2000 at the Radisson Inn, Bismarck. Student sessions will start at 9:00 am and end at 1:00 pm. Job Fair 2000 will be open to the public from 1:00 to 4:00 pm; students will be able to attend the "open to public" session too.

This Job Fair is a combined effort (with our students in mind) by Bismarck State College, University of Mary, United Tribes Technical College, Medcenter One School of Nursing, and Job Service. Job Fair 2000 is in its third year and is a very successful community event.

This job fair is specifically put-on for our Students by participating higher education institutions, although students from around the state may take part if they wish.

United Tribes students will be required to sign-in at the United Tribes Sign-In Booth upon entering the job fair. This is done so I can monitor how many of our students attended the job fair and what vocations were represented.

We need student volunteers to man the United Tribes registration booth at the entrance of the job fair. Student volunteers are also need to help exhibitor's carry in and setup booths from 8:00 am to 9:00 am and to disassemble and carry out booths from 4:00 pm to 5:00 pm. Please contact Vince Schanandore at ext. 280 or Shirley Iron Road at ext. 226.

Graduates

Graduation Announcements are ready in Arrow Graphics.

If you have not turned in your form to your instructor for ordering these invites, please do so, ASAP. To date, the only vocations turned in are Art/Art Marketing & Hospitality Management.

Do not bring them over separate from the other graduates in your vocation. Turn them in to your instructor. The instructors are to turn them in to Arrow Graphics.

Once we receive your name from your instructor, you can stop by anytime to pick them up. It only takes a matter of a few minutes to make them up.

Cost: 50¢ invite (includes envelope)

Arrow Graphics is located in Bldg. 51.



Continued from page 2 . . .

Faculty please encourage your second year and May 2000 Graduates to participate in this community event by allowing the time for them to attend. Hundreds of college and university students are expected to be present.

There will be a shuttle van transporting students between the Radisson Inn and United Tribes the day of the job fair. This shuttle will be departing from in front of the cafeteria at 9:00 am, 11:00 am, 1:00 pm and 2:00 pm. If you get stranded at the job fair after the last bus run there will be another stopping at Kirkwood Mall at 4:00 pm. The Van will be able to take only groups of 5 to 8 people at a time.

College Work Study Jobs ... \$8.00 per hour

Tutoring Math and Science to Native American students at two local Elementary Schools for \$8.00 per hour. Will run until June 30, 2000. Stop by Financial Aid Office.

The following list of students need to stop by Financial Aid Office to complete paperwork, files that are not completed:

| | |
|--------------------------|----------------------|
| Lee A Brown | Alexis Mendez |
| Dolly Charging Whirlwind | Natasha No Heart |
| Deborah Chaske | Tamara Patneaud |
| Chad Conica | Dani Jo Perkins |
| Frank Cottier Jr. | Rodney Reeds |
| Michelle Cottier | Carl Reichenberg |
| Francine Delorme | Vina Snider |
| Clarice Fox | Crystal Stands Alone |
| Shelly Harvy | Shelby Webster |
| Aimee Kurle | Stacey Were |
| Wade Little Owl | Mason White |
| Georgene Williams | |

The Financial Aid Office will be closed April 11, 12, 2000. Office staff attending training.

Information for the Next Newsletter must be submitted to Arrow Graphics no later than **12:00 NOON!**

Friday, April 14.

Attn: Wanda Swagger

PLEASE FOLLOW DEADLINE!

ATTENTION ALL UTTC STUDENTS

The US Census 2000 will be coming to the UTTC Campus.

WHEN: April 14, 2000

WHERE: Education Building

TIME: 1:00 pm

Please stop and fill out your census and encourage others to also. It will not take much time to fill out.

Sister Kathryn participates in State Nurses Association Convention

The North Dakota Nurses Association Convention was held at the Radisson Inn on April 2, 3, 4.

Sister Kathryn, a member of the Board of Director, especially appreciated the comments of Senator Judy De Mers who was the luncheon speaker on Monday, April 3. A big part of the Convention included adopting the revised structure for the Association. Other topics receiving attention were the experiences of a needle stuck nurse, research update on Alzheimer's, delegation and the nurse practices act, testifying at the legislature.

Sister Kathryn was re-elected to a second term as a Director of the Association.

Submitted by Sister Kathryn Zimmer,
Director, AASPN Program

ATTENTION!

For the past several months, Arrow Graphics has received an abundance of articles for the On-Campus Newsletter. This is great! However please edit your submissions before turning them in. There is alot of articles submitted that contain alot of unnecessary copy in them.

A general rule of thumb is, if you want someone to read something important, the fewer the words, the more apt someone is to read it.

Also, for those of you who normally submit your copy pre-typed to print as is; please limit it to (1) one page.

Our Newsletter is becoming so large that it takes almost an entire day to type & run it, which makes it late getting to you.

So, lets make the content of our Newsletter interesting. Remember its quality that counts, not quantity.

Thank You - Newsletter Staff

Generations are counting on you . . .

"Generations are counting on you . . . so don't leave it blank!" This is your theme, encouraging everyone to complete their Census 2000 questionnaire. Resident students will have this opportunity during your annual fun day on Friday, April 14, 2000. Census 2000 enumerators will be on campus between 11:00 am and 5:00 pm. You will find our booth on the porch of the Education Building. You should stop by and complete your questionnaire. Census workers are sworn under oath to confidentiality and the information obtained is not shared with other government agencies, not welfare, immigration, IRS, courts, police or the military. Information you provide is used only for statistical purposes.

There will be free balloons and fridge magnets for everyone!

Some students and staff have already received their questionnaires. All of you who have not completed and returned their's are being asked to bring them to the booth for assistance and/or encouragement.

Resident students who are not counted during this special day will be contacted individually soon after.

United Tribes Diabetes Education Center

The United Tribes Diabetes Education Center and the American Diabetes Association offered the Awakening the Spirit training which was held April 4, 5 and 6, 2000 at the Seven Seas in Mandan. Georgia Perez, from New Mexico State University, was the trainer for the workshop and did a great job working with the training participants.

The Awakening the Spirit training is a diabetes education program developed specifically for Native American people. The goal of the program is to encourage healthy lifestyle changes for people with diabetes, their families and the community.

The Spirit Lake Tribe, Turtle Mountain Band of Chippewa, Standing Rock Sioux Tribe, Sisseton-Wahpeton Tribe, Three Affiliated Tribes and United Tribes staff all participated in the training. These six teams will be offering the diabetes education classes in their communities. The UTTC team will start the diabetes classes in the fall of 2000.

The following information is from the Awakening the Spirit training:

HELPING A LOVED ONE WITH DIABETES!
What can I do to help? You can help a loved one with diabetes by doing just that: by loving them!

Do you sometimes nag or tell your loved one what to do? If so, you may have become the "diabetes police." While it is easy to fall into the trap of being the "diabetes police," what your loved ones really needs is a "diabetes partner".

To be a "diabetes partner.," try this: let the person know you love them; let them know you are willing to help them in any way they ask; and then let go of taking responsibility for their diabetes!

Isn't there anything else I can do? Sure. Here are five easy things you can do:

1. Invite them to go walking with you. We all need exercise. Exercise for yourself and your loved one. And exercise can postpone or prevent diabetes. If you have a family member with diabetes, you are at risk of getting it yourself and invite your loved one too!

2. Switch to diet pop instead of regular pop. We all need less sugar. Regular pop has 9 to 12 teaspoons of sugar per serving! So you are getting lots of extra sugar that you don't really need. Eating and drinking less sugar is good for all of us, including our children!

"Preschool Graduation"
 will be on the
 13th of April at 4:00 pm,
 Supper at 5:00,
 Powwow at 6:00 - 8:00 pm
 Honoring the children
 from both daycares.
 Everyone is welcome to attend.

L.E.A.P. Logo Contest

The LAKOTA ENGLISH ACQUISITION PROJECT (L.E.A.P.) is asking for your help in creating a logo for our program. Please submit your design(s) by noon, April 11th, 2000. Winner will be awarded a gift certificate in the amount of \$100.00, to be used at the U.T.T.C. Bookstore.

For more information contact: Marie Brown, ext. 26 or Doris Red Bird, ext. 405.

Thought For The Day . . .

- Mon: • If white wine goes with fish, do white grapes go with sushi?
- Tue: • Why are builders afraid to have a 13th floor but book publishers aren't afraid to have a Chapter 11?
- Wed: • Where do forest rangers go to "get away from it all"?
- Thu: • The sign makers go on strike, is anything written on their picket signs?
- Fri: • Isn't it a bit unnerving that doctors call what they do "practice"?
- Sat: • Instead of talking to your plants, if you yelled at them would they still grow, but only to be troubled and insecure?
- Sun: • If someone has a mid-life crisis while playing hide & seek, does he automatically lose because he can't find himself?

Student Senate Activity Day Schedule of Events

April 14, 2000 at 1:00 pm

Welcome

Drum Group

Tipi Raising

Water Balloon/Egg Toss

Three Legged Race

Tug of War

Faculty/Staff vs Students in Softball

Social at Cafeteria - 5:00 pm

APPLICATION DEADLINE IS APRIL 15

At North Dakota State University in Fargo, the 2000-2001 Cultural Diversity Tuition Waiver applications are due on April 15th.

Please let your students know about the program and the deadline for submitting their applications.

If you need additional copies of the waiver, or have any questions, call us at (701) 231-1029 or call UTTC Financial Aid Office.

(Remember: The students must be in the process of being admitted to this institution in order to be considered for the waiver. Also, waivers will be awarded in May 2000.)

The waiver allows a student to attend NDSU tuition-free for five consecutive years.

Continued from page 4 . . .

3. Serve low-fat meals for the whole family. We all need to eat less fat. Eating less fat can help prevent or postpone diabetes, too! Serve more foods that are baked, broiled, steamed, or grilled. Cut the fat off the meat and take the skin off the chicken and throw it away! Serve more chicken and turkey, without the skin!

4. Serve low-sugar foods for the whole family. We all need to eat less sugar. Serves such foods as sugar-free pudding, sugar-free Jello, and sugar-free drinks (sugar-free Kool-Aid or sugar-free lemonade). Keep a sugar substitute on the table. Try not to keep sweets in the house (it's too tempting for everyone, including the kids).

5. Make exercise and eating low-fat and low-sugar foods a way of life for everyone in the family. In the past, we thought that people with diabetes needed to exercise and eat differently. Now we know these ways are good for everyone, and can help prevent or postpone diabetes! By making these changes together, we can let our loved ones know they are not alone.

6. Offer words of encouragement! Use praise for all positive changes. Try these: Way to go! Super! I knew you could do it! I'm proud of you! You're on you way!

Be a "diabetes partner!"

Let people do things in their own time and in their own way. Have faith in them! In the meantime, you can be a role model for healthy living. Do it for yourself! You will be giving love and support to someone with diabetes at the same time!

Tales from the trails

Americans are well known for their love affairs with their automobiles. In North Dakota we spend a lot of time on the open road.

This is a story from the highways; some based on real incidents, some totally fictional. It reveals the consequences of drinking and driving, and not wearing a safety belt.

Todd

"That's what I did, Dad," Todd said. They were sitting at the kitchen table at his parents' farm. But even the smell of fresh coffee and his mom's just baked cookies did little to lift the cloud of despair that Todd felt.

The words had seemed to leap at him from the calendar hanging on the wall. It was the fertilizer company's slogan. "If you fail to plan, you are planning to fail."

Todd hadn't planned to kill that girl. He hadn't even planned to get drunk. He was just going to spend the evening with friends at the bar, shoot pool, and have a few beers.

But the slogan was right. He hadn't planned a way to get home, either. He just climbed into his car and drove, even though the "few beers" had turned into quite a few.

Todd remembered the exhilarating feeling as he revved the engine and speed down the street. The power at his control was almost as intoxicating as the beer he had been drinking!

Todd was still a block away when a car started into the intersection. But he was going terribly fast, and covered the distance in just seconds.

He had seen the car. By the time Todd realized what was going to happen, the driver of that car was dead.

She was just 22 years old. She was on her way home from a late study session at the library. In another month she would have graduated with honors from the same college Todd attended.

Tomorrow the court would decide whether Todd was guilty for murder, homicide, manslaughter ... it really didn't make much difference, Todd thought. He would spend time in jail. Someday, he might be released. But he knew his mind would never release the memory of that night when he failed to plan.

Student Health Center:

Student Health Center coverage during the summer will be provided to students who are enrolled in Summer School. If you **are not** attending Summer School and plan to reside in the Bismarck/Mandan area, your medical needs **will not** be covered by the Student Health Center. **Coverage for students not attending Summer School ends May 5th.** Start making arrangements for medical coverage now through your home agency or Social Services as soon as possible.

We encourage student returning in the fall to get their children's immunizations up dated, get dent^{al}, vision, physicals, medical needs completed during the summer months so you are prepared to focus on your education.

LPN students who will be starting clinical next fall should have up-to-date physicals done during the summer break. Bring a copy of your physical with you when you return for input into your medical file. Nursing students should also have 2 MMR's, hepatitis series, tetanus and TB shots updated. Copy of Immunization Records should be submitted to the Student Health Center when you return.

Women's Health Day

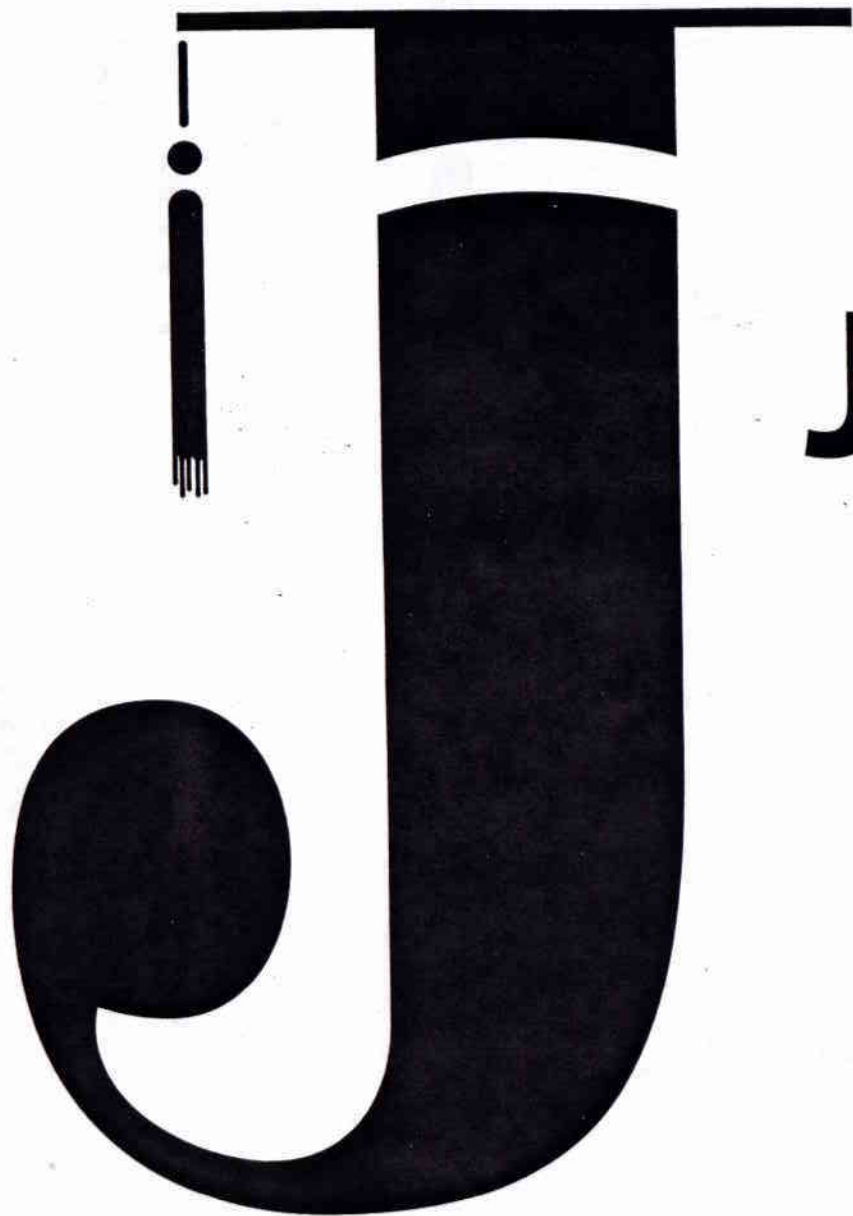
When: Tuesday, April 11, 1:00 pm to 7:00 pm

Where: Student Health Center

Students are free! Staff cost is based on income. Services provided include: Pap tests, Breast Exams, Blood Pressures, Weight, Hemoglobin, Pregnancy Testing, HIV testing, STD Screening.

Call now for an appointment. Ext. 286. Walk-ins will not be turned away. Door Prizes and snacks will be served.

Monthly head checks at Nursery, Preschool and TJES will be held April 11 & 12.



Accounting to Welding, if you
are looking for a job, come to

Job Fair 2000

Wednesday, April 12 ~ Radisson Inn

800 South Third Street, Bismarck, ND

9 A.M. to 12 Noon College Students

12 Noon to 4 P.M. General Public Welcome

ADMISSION IS FREE

Full-time, part-time, and summer jobs

Bring your resume and be prepared for an interview!

**For more information contact: University of Mary Career Services, 255-7500, ext. 414;
Bismarck State College, 328-9841; United Tribes Technical College, 255-3285, ext. 208;
or Job Service at 328-5026**

YOUR PRESENCE IS MOST APPRECIATED

2nd

A N N U A L

UNITED TRIBES ART & CRAFTS FAIR

Sat. April 15, 2000 • 10 am - 10 pm

Sunday April 16, 2000 • 1 pm - 5 pm

To Be Held In The Small Gym On The United Tribes Campus

Featuring Traditional & Contemporary Works By Students Of The
Art/Art Marketing & Cultural Arts Programs

For More Information Contact:
Wayne Pruse, Art/Art Marketing Department, Extension 360

Minority and Economically Disadvantaged Students Interested in Pursuing Graduate Education in Community Building

GRADUATE SCHOOL FELLOWSHIPS

Virginia Polytechnic Institute and State University
Blacksburg, Virginia

Beginning Fall Semester 2000

The College of Architecture and Urban Studies (<http://www.arch.vt.edu>) at Virginia Tech has applied for funding to establish a Community Building Fellowship program. We anticipate having fellowships to provide each student selected to the program with full tuition, a stipend of approximately \$10,400 per school year, and paid summer internship opportunities. Eligible masters degree programs include the Master of Urban and Regional Planning, the Master of Public and International Affairs, and the Master of Public Administration. Students will participate in fieldwork assignments related to their community building interests. If you are a minority or economically disadvantaged student who is interested in pursuing graduate education in community building, please contact as soon as possible. Applications to the participating degree programs will be reviewed as received, with June 30, 2000 the last possible date to apply.

FOR APPLICATION INFORMATION,
CONTACT: DR. TED KOEBEL (540) 231-3993 or
email tkoebel@vt.edu

UNITED TRIBES TECHNICAL COLLEGE
3315 UNIVERSITY DRIVE
BISMARCK, NORTH DAKOTA 58504 • PHONE 701-255-3285 • FAX 701-530-0605

United Tribes Technical College

INJURY PREVENTION "AWARENESS DAY"

APRIL 25, 2000
8:30 AM - Noon

UTTC Gym

Sponsored by:
UTTC

Injury Prevention Program

(The World's only undergraduate degree program in Injury Prevention)

Over 20 Injury Prevention Topic's
(UTTC Injury Prevention Students)
(Local Agencies)
North Dakota Safety Council-Tammy Wagner
ND State Dept. of Health-Carol Holzer
ND Dept. of Transportation-Dawn Olson

PLUS

A Six Slide Projector Presentation
"Friday Night Live"

By:
Doug Schultz
North Dakota Highway Patrol
(10:30-11:30AM)

*AWARDS:

1st Place-\$25.00
2nd Place-\$15.00
3rd Place-\$10.00

**(Cash awards are only for the UTTC Injury Prevention students).*

Everyone's Invited!

Week of the Young Child Book Fair

The Scholastic Book Fair begins in just a few days. Highlights will be some of the newest and best books available to your children, including award-winning titles. Come see for yourself what the Book Fair has to offer!

Time: 9 AM - 4:30 PM
Where: Downstairs in the Education Building
- Watch for Signs!
Date: Monday, April 10th through
Thursday, April 13th.

Hope to see you at our Scholastic Book Fair!

Sponsored by the Early Childhood Dept.



Find More of What You Want
at the Scholastic Book Fair!

NutriNews



Fitting in Five a Day

**By: Kim Hinnenkamp
UTTC Food and Nutrition Program**

With spring arriving and summer right behind it, we are reminded about the fresh fruits and vegetables that we will be able to purchase or grow soon like sweet corn, strawberries, grapes, peas, and watermelon. Most people enjoy the sweet taste, reasonable price, and great quality of fruits and vegetables in the summer. But eating fruits and vegetables on a regular basis is an important part of a healthy meal plan all seasons of the year.

Are you eating the recommended five servings of fruits and vegetables a day? Most people aren't reaching that goal. According to North Dakota Health Department data, only 18% of North Dakota adults eat the recommended five servings of fruits and vegetables per day.

The benefits of fruit and vegetable consumption are never-ending. They are low in fat, sodium, and calories. They are cholesterol free, and high in vitamins, especially A and C, minerals, and fiber. They also contain antioxidant vitamins and phytochemicals, which help in heart disease and cancer prevention. Plus they taste great and are the original fast food. Eating fruits and vegetables can also reduce the risk of many chronic diseases such as cancer, heart disease, high blood pressure, and diabetes.

Five servings many seem like a tremendous amount of fruits and vegetables to eat in one day. But it is easier than you think. A fruit serving can either be three-fourths cup of fruit juice, one-half cup of canned fruit (without the juice), one medium piece of fresh fruit, or one-fourth cup of dried fruit. A vegetable serving can either be one cup of salad greens, three-fourths cup of vegetable juice, or one-half cup of either frozen, raw, or canned vegetables.

Fruits and vegetables are the perfect foods for a healthy lifestyle. Start personalizing your meal plan to include a variety of fruit and vegetable servings each day. It's never too late to start enjoying the benefits of eating fruits and vegetables.

Source: NDSU Extension Service, Eating More Fruits and Vegetables and Doing Less Sitting Around Equals Better Health brochure, 1999.

ATTENTION PARTICIPANTS OF THE FOOD AND FITNESS EXERCISE PROGRAM

Congratulations! You've made it to the end of the program. The program officially ends on Wednesday, April 12. Remember to be eligible for the prizes you need to turn your cards into Kim Hinnenkamp. You can stop by her office (119 D in the Skills Center), mail it in the campus mail, or drop it off at the final nutrition education table Wednesday, April 19 from 12-1 PM in the cafeteria. Thanks for participating. We hope that you have enjoyed exercising and will continue with your program.



CHEMICAL HEALTH CENTER PROCLAMATION

WHEREAS, Child neglect is a problem in our society.

WHEREAS, Every child is a gift from God, and needs to be nurtured with love.

WHEREAS, Child abuse prevention is a family and community problem, and the solution is with educating the families and the communities.

WHEREAS, The Chemical Health Center believes that child abuse and neglect is preventable.

WHEREAS, The Chemical Health Center encourages the support of the United Tribes Technical College community in the prevention of child abuse and neglect.



United States Census 2000

FOR IMMEDIATE RELEASE

CB00-mailback.4.1

April 4, 2000

**CONTACT: Media Specialist
(303) 231-5025**

URGENT REMINDER TO RETURN FORMS BY APRIL 7th *If questionnaires are not mailed back by then, census takers will visit homes*

Census questionnaires have been delivered to 118 million households throughout the nation, and now the Census Bureau is urging all people living in the United States to complete their forms and mail them in no later than April 7th. A postage paid envelope is provided with each questionnaire.

"By April 27th the Census Bureau will send a Census taker to each household that does not mail back its questionnaire," said Susan A. Lavin, Director of the Census Bureau's Denver Region. "This is a very labor intensive and time-consuming process, which costs taxpayers more in the long run. We'd like to get as many people to mail back their forms as possible."

The Census Bureau is striving to increase the mail response rate of Census 2000 from the 65 percent return rate in 1990. For each one percent the response rate is increased, the Bureau estimates that taxpayers are saved \$25 million in Census costs.

For the past several months, Census Bureau Director Kenneth Prewitt has challenged governors, mayors, tribal leaders and other highest elected officials to increase their local community's initial mail response rates by a least five percentage points over their 1990 response rates.

Communities can check the daily progress of their Census 2000 response rates from March 27th through April 18th on the Census website at www.census.gov.

Census forms are being processed as they are being received. The Bureau's system is able to determine which addresses have returned their forms and which ones have not. Beginning April 27, households who have not returned their forms will receive follow-up visits from Census takers. This process will continue through early July, and requires thousands of temporary Census workers to complete.

The information generated by the census is used to determine how many seats in the U.S. House of Representatives go to each state and helps decide how more than \$185 billion in federal funds annually are shared fairly among the nation's communities.

The Census Bureau guarantees that the answers given on census forms are kept strictly confidential. All census employees have taken an oath of confidentiality and are subject to a \$5,000 fine and five-year prison term for any breach of that confidentiality.



NORTH DAKOTA INDIAN SCHOLARSHIP PROGRAM
701.328.2166

Rhonda Schauer, Coordinator
American Indian Higher Education

The North Dakota Century Code Chapter 15-63, amended in the 1973, 1977, and 1979 Legislative Assemblies, provides: A State Board for Indian Scholarships.

Purpose

The intent of the Indian Scholarship Program is to assist Native American students in obtaining a basic college education. To that end, priority in making awards will be given to undergraduate full-time students. In order to provide a reward as well as an incentive to students with high academic achievements, those applicants with a cumulative grade point average of 3.50 or above, shall be given priority in funding. Grants may range from \$600 to \$2,000 depending on scholastic ability, funds available, total number of applicants, and financial need.

Eligibility

1. Applicants must either be a resident of North Dakota with one quarter degree Indian blood or an enrolled member of a tribe now resident in North Dakota. Residency for each student shall be determined by the institution that student is attending.
2. All applicants must have been accepted for admission at an institution of higher learning or state vocational education program within North Dakota.
3. Scholarship recipients must be enrolled full-time and may not have a grade point average below 2.00.
4. Students participating in internships, student teaching, teaching assistance, or cooperative education programs may be eligible for a scholarship award only if participation in that program is required for the degree and only if tuition must be paid for the credits earned.

DEADLINE FOR SUBMITTING A COMPLETED APPLICATION IS JULY 15 OF THE CURRENT YEAR.

AWARDS ARE FOR ONE ACADEMIC YEAR; STUDENTS MUST REAPPLY FOR FURTHER FINANCIAL ASSISTANCE.

APPLICATION PROCEDURE

All new applications submitted must include:

1. Completed application form
2. A certificate of Indian blood or verification of tribal enrollment
3. Most recent transcript (college, high school, GED)
4. A budget completed by a financial aid officer at the institution being attended

Stop by UTTC Financial Aid Office

All renewals must submit:

1. **New application form**
2. **Spring transcript**
3. **A budget completed by a financial aid officer at the institution being attended**

All of the above must be received in our office prior to July 15 of the current year in order to be eligible for consideration.

Send completed forms to:

North Dakota Indian Scholarship Program
North Dakota University System
600 E. Boulevard Avenue
Bismarck, ND 58505-0230

SATISFACTORY PROGRESS POLICY

To continue in good standing a student must maintain at least a 2.00 GPA, be a full-time student, and show continued financial need. If a student consistently maintains a 3.50 GPA or higher they would be automatically transferred to the merit program (see merit policy below).

MERIT POLICY

A student must meet the established eligibility requirements for the Program; however, need is not necessarily a factor. The priority of candidates is as follows:

1. High school valedictorians
2. Students with a GPA of 3.50 or above

APPEALS PROCESS

A student who has lost funding may appeal if they feel they have good cause. The procedure for appeal follows:

1. A student must notify the Scholarship Board that they are appealing.
2. Reasons/documentation follow. A separate letter from a doctor is acceptable for medical reasons. (The student must have maintained a 2.00 GPA and full time status the previous term.)
3. Letter and documentation are forwarded to the Scholarship Board.
4. The Scholarship Board will convene to review the appeal.
5. The student will be notified by letter as to the disposition of the appeal.

SCHOLARSHIP PAYMENTS

Upon notification of full-time enrollment from the school, a state warrant check shall be sent to that school and used to cover the costs of registration, health, activities, room & board, and other necessary items. After all expenses due that institution have been covered, the remaining balance may be disbursed to the student for personal expenses.