

VOL. 12, NO. 2

# Student Senate meetings scheduled

We would like to invite all students and staff to the Student Senate Meetings that are held the second and last Monday's of the month. It is very important that all Vocational Representatives are present. There will be a meeting January 29, 2001.

Congratulations!!!! Kelly DeCoteau and Michelle Crazy Thunder, they re officially the NEW Student Senate Secretary and Treasurer.

# Housing Inspections upcoming

## by Donel Takes The Gun, Housing Supervisor

It is time again for housing inspections for the month of February. They are scheduled for February 2, 2001 from 9:00 am to 11:00 am.

I have been informed that there was a question as to whether or not student's can be in their home during inspections. We would rather the student be home at this time, in case there are repairs that might be missed. However, we do realize that many have classes during this time. Whether you are there or not, is totally up to your discretion.

We will have three Student Representatives helping with inspections. To ensure your privacy they too will sign a confidentiality form. If you should choose not to have a Student Representative come to your home, please contact me at my office. Thank you for your cooperation.

If we could sell our experiences for what they cost us, we would all be millionaires. Abigail Van Buren Flu shots to be offered

Flu shots (very limited supply) will be offered to students who are at increased risk from influenza or have a higher prevalence of chronic medical conditions that place them at risk for influenza-related complications.

- Persons > 50 years of age.
- Residents of nursing homes and other chronic care facilities that house persons of any age who have chronic medical conditions.
- Adults who have chronic disorders of the pulmonary or cardiovascular systems, including asthma.
- Adults who have required regular medical follow-up of hospitalization during the preceding year because of chronic metabolic disease (including diabetes) renal dysfunction, hemoglobinopathies or immunosuppression (HIV).

See Student Health Center if you fall within this high-risk population and a flu shot will be administered. Office hours are Monday-Friday between 8 a.m. to 4:00 p.m. *More on Next Page ...* 

January 22, 2001

# Student Health Center NOTES

Vision and dental screenings will be done for newly enrolled students at TJES (K-8) on Wednesday, January 24th. Letters will be sent to parents if their child(ren) needs follow-up appointments made.

Custer Family Planning Outreach will be on campus to provide services on Friday, February 13th from 10:-00 a.m. to 6:00 p.m. Services offered include pregnancy testing, STD testing, contraceptives (pills and Depo), HIV testing and pap smears. See Student Health Center nursing staff to schedule an appointment.

Weekly transportation to Ft. Yates Public Health Service is provided by the Student Health Center. Emergency dental, prenatal appointments, physical examinations, eyeglass appointments, etc. can be arranged for students. Contact Student Health Center for more information.

Student Health Center hours are 8 a.m. to 4 p.m. Monday through Friday. If after-hour medical care is needed, contact Security or contact e nurse on call 226-7908.



The men's basketball league will resume on Tuesday, January 23,2000. New Students wanting to join a team should contact John or Tom at the gym or call ext. 261 or 377.

The Recreation Department still needs co-ed volleyball teams to the league on Thursday, January 26, 2000. If you are interested in putting a team in the league, write up a roster and bring it over to the Recreation Department before Thursday, January 26,2000.

Ibought for the Day

Rap is to music what Etch-A-Sketch is to art.



# DENNIS LUCIER'S ~ UTTC DINER ~ WEEKLY MENU

(Each meal served includes 2% or Skim Milk, Coffee or Tea and Salad Bar or Assorted Fresh Fruits/Vegetables)

# DINNER

# January 22-26

- M Spaghetti w/Meat Sauce, Garlic Toast
- T Steak Sandwich, Oven Browned Potatoes, Garlic Toast
- W Oven Baked Chicken, Mashed Potatoes with Gravy
- T Hamburger On A Bun with Fixings, French Fries
- F Grilled Cheese Sandwich with Tomato Soup, Potato Chips

# January 29

M Hulipsa Hotdish, Dinner Bun

# SUPPER

# January 22-26

- M Baked Ham, Au-Gratin Potatoes
- T New England Dinner, Boiled Potatoes
- W Salisbury Steak, Hash Browned Potatoes
- T Shish-ka-bob Casserole, Wild Rice
- F Fish Platter, Oven Baked Potato Wedges

# January 29

M Braised Beef over Noodles

# UTTC Invited to join in New American Day Celebration



I am Mr. David D. Ideele, a student of Criminal Justice of the United Tribes Technical College. I wish to invite all students and instructors of this college to join us in celebrating this ceremony, the **New American Day**.

New Americans are refugees and immigrants that come from Africa, Europe, Asia and China. They are people from all over the world. It would be very significant that my colleagues be in attendance while I address members of the State execuves on Thursday, January 25, 2000 at 12:00 at the State Capitol.



# Small Business Management vocation a plus

The small business management program began fall semester, 1995. The program utilizes informative classroom instruction which covers all areas of business start-up, management, and record keeping procedures of small businesses, with an emphasis on financial analysis. With an Associate of Applied Science degree. The graduate can, 1) continue at a four year college to attain a bachelor's degree, 2) start a new business, or 3) work at another business or government entity.

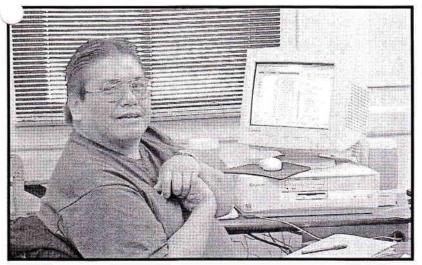
Since the beginning of the program, fifteen students have graduated with an Associate of Applied Science degree. Currently seventeen students are enrolled in the Small Business Management program. Any prospective entrepreneur is welcomed into the program.

# NCA steering committee reminder

## Sister Kathryn Zimmer

The time for the North Central visit is approaching ever more closely. Our steering committee wants to keep you informed about preparations that remain to be accomplished. Each of the succeeding weekly newsletters will give updates on what remains to be done. Watch for these notes.

# Office technology provides needed skills



The Office Technology (OT) vocation offers a certificate in Administrative Office Support (AOS) and a two-year Administrative Assistant AAS (Associate of Applied Science) degree with an emphasis in either Accounting or computers. State-of-the-art equipment and a professional office curriculum provide the skills, attitudes, and knowledge essential for effective office support, management, and administration.

There are 17 on campus courses offered and 2 on-line courses through the Office Technology Vocation. These courses are used by current UTTC staff to update their office skills and prepare Offices Technology students for entry level

and advanced level positions in offices and business related to accounting, computer technology, management, data entry, and information processing. These are career-orientated programs, but most offer the option of transferring credits earned toward meeting baccalaureate degree requirements at four- year colleges or universities.

The office Technology Vocation has four full time instructors on staff. Kathy Aller has a Bachelor of Science Degree in Education and has been teaching at UTTC for 28 years. Sheri Baker has a Bachelor of Science Degree in Education and a Masters of Education Degree and has been teaching at UTTC for 8 years. Dorvin <sup>r</sup>oseth has a Bachelor of Science Degree in Education as well as a Master of Elementary Education and a lasters of Secondary Education. He has been at UTTC for 24 years with the last 4 years at the college level. Lynn Ketterling has a Bachelor of Science Degree in Education and has been teaching at UTTC for 10 years. All four staff members are Vocationally Certified in Vocational and Technical Education by the State Vocational Board.

The OT Vocation has an enrollment of 35-40 students per semester with a diverse cultural background. The Vocation also has an Office Technology Club for students to participate in. Many OT students have been successful in the AIHEC Business Bowl held every spring, in receiving special scholarships, recognition in the Who's Who Among College Students program and participating in the Student Senate and athletic program on campus.

# **Quotes of the Day**

"There's no labor a man can do that's undiginified, if he does it right."

– Bill Cosby

"No matter how far you have gone on a wrong road, turn back."

– Turkish Proverb

"Always forgive your enemies; nothing annoys them so much." - Oscar Wilde

"[Experience is] how life catches up with us and teaches us to love and forgive each other."

– Judy Collins

"A wise man will make more opportunities than he finds." *– Francis Bacon* 

"Success can also cause misery. The trick is not to be surprised when you discover it doesn't bring you all the happiness and answers you thought it would." - Prince

4

#### 2001 TJES Ski Trip 1/18/00

This is our TJES 5th Annual Ski Trip. This took place at Huff Hills, south of Mandan. We took grades 4-8. Our students had a lot of fun. Some of them were beginners and had a lot of falls, and some were experts, who went very fast. The 6th grade class interviewed a few skiers, and this is what they said. Most of the students can't wait until next year.



\*\*\*\*\* \*\*\*\*

Written By Cassie McDonald 6th grade



MY SKI!!!

Gina White a 4th grade student of TJES lost her ski when she got on a ski lift. This was the first time skiing she had fun going skiing. she haves some advice for kids who will ski next year ... turn to lean one side to another, make a pizza shape with your ski's to stop. She fell about 50 times but she still got up.

In the picture when she got on the ski lift her ski came off, but then the guy behind her got her ski.

By Amber Beston



#### "HAVE FUN Monica"

Hi. This is Monica Thunder Hawk. She is in the 7th Grade. She is also thirteen years old. This is the first time she ever went skiing. "I had a wonderful time." said, Monica. She fell lot's of times. Monica Has been on the ski lift before.

Written By: ELizabeth Lunderman





Collette GunHammer was being rescued by the ski partol when she fell and hurt her wrist. Several minutes later she was back up and skiing again. This took place at Huff Hills, South of Mandan. She is in the 4th grade at the age of 10. This was her first time skiing and she had lots of fun! She fell a lot of times, but she got the hang of it. Her advice to all the people out there is, "Be careful when you ski for the first time."

Written by Cassie McDonald 6th grade.

#### Watch Out Sundae!

This is Sundae Red Bird. She is 10 yrs. old. She is a student

at TJES. This is not her first time skiing, this is her 3rd time skiing. She had tons of fun. She said that the thing that she didn't like was the ski-lift. Yes, she did fall. But when she was putting on her boots, it was hard for her to tighten her boots. When she fell, she said that it was hard for her to get up. When she was skiing she said that her feet didn't hurt. Yes! It was cold when she was skiing. Her advice for next year skiers (and I quote) "To be careful next year".

## By Chantel Eagle 6th grade

# Watch Out! Mrs. Graf

This is Vicki Graf, she is the 5th grade teacher. This is not her first time skiing, but her 3rd time. She quotes, "It



sne quotes, it was a great time. It was fun to ski with the kids. I was stopped and slid sideways on an icy patch and hit a hole. Some kids saw me fall which was good for them to see. They thought it was pretty funny." By Johnothan Fox

Lift

This is KJ buckley (14 yrs.old). He is an 8th grade student at TJES. This is not his first time



skiing. KJ has gone skiing 3 times before. He fell many times and was still able to get up and finish out the day.

by: Tiffany Howard

## Pro Skier

Elizabeth Lunderman, in 6th grade, has been



skiing for 2 years. She says that she had a lot of fun every year. She fell 3 times when she went skiing the first time.

"Stay away from the green ski lift" she tells beginners. By Jeni Star

## UTTC Student Support Services

# Home Group Assignments for New Students!

Group 1 (Carol Johnson): Kelly Hurley, Sarah LaPointe, Tom Weist, Candida Thomas, Darla Stricker, Cricket Peyron, LuAnn Poitra, Genevie LittleWind, Wilmer Honeyman, David Black Cloud, Mason White, Ruby NightWalker, Wayne Stewart.

Group 2 (Helen Lindgren): Beth Haug, Clinton La Pointe, Phillamine Smith, Clinton Young Bear, Marlys Wagner, Alex Spotted Elk, Derrick Molash, Bill Bell, Gilbert Kills Pretty Enemy, Shawn Little Bear, Patrick Moore, Melinda Spotted Horse.

Group 3 (Rosie Jacobson): Walter BlackHoop, Roger Young, Clifford White Eyes, Michael Green, Kathy Silk, Ramon Clown, Joe Mountain, Miranda Marshall, Carey Stands Alone, Joe Track, Travis Parshall, Justin Baker, Tina Fox.

Group 4 (Julie Cain): Danielle Plain Feather, Dina McClosik, Francis Bosch, June Renville, Loni Many Bears, Kyle Mandan, Stephanie Yellow Hammer, Melissa Chapman-Skinner, Rolland No Heart, Billie Ann Rogers, Shaun St. John, Martin Gipp, Tasha Shields.

Group 5 (Karen Siegfried): Naomi Horse, Laurali Patneaud, Janet Young Bear, Lawrance Dorian, Celeste Red Cloud, Billie Rae Many Bears, Pete Ducheneaux, Ben Black Cloud, James Spotted Horse, Thomas Fox, Edmund St. John, Jesse Clairmont

If you have been attending the wrong home group, please continue to go to the one you've been going to! Attendance is being taken! If you have any questions, please contact your group leader!

#### UTTC Student Support Services

3315 University Dr. Bismarck, ND 58504

701-255-3285 Ext. 234 ndksiegfried@hotmail.com



United Tribes Extension and Diabetes Education Center



Volume 2, Issue 5

January 2001

Written by: Kim Hinnenkamp, LRD Source: <u>Seven excuses for not</u> <u>eating better</u>, Jocie Iszler, November 1999, REC/RTC Magazine.

# **Seven Excuses for Not Eating Better**

January is the time of year for new beginnings. It is the beginning of a new year filled with new experiences and changes. People look back at the past year and think about what they need to change or improve upon in the upcoming year. Most make New Year's resolutions such as to exercise more, work less, study more, spend more time with the family, etc. One that most people try is to improve their diet by making it healthier, but fail to meet their goal at some point during the year. After being unsuccessful, people like to come up with excuses on why they couldn't continue with **the**ir resolution. Here are some common excuses that people have as to why they cannot eat better and some positive, doable solutions to make it possible to eat healthfully.

#### 1. Eating healthy costs too much.

Studies show that people who go on cholesterol-lowering diets often decrease their food bill by \$1.10 per person in their household. It makes sense. Cereal and milk costs a lot less than a muffin or breakfast sandwich at the drive -through. Or did you ever catch yourself thinking that \$2.99 per pound for strawberries in the wintertime was too expensive, but didn't think twice about spending \$3 on a twelve pack of pop? Think about it.

#### 2. I can't eat five servings of fruits and vegetables a day.

Relax. This does not mean that you have to substitute fruit for everyone one of your Snicker's bars. Slip some veggies in your sandwich. Toss some finely shredded carrots in your spaghetti sauce. Add fruit to your cereal. Throw some frozen fruit in a blender with a cup of milk, a little sugar, and vanilla. While each of these may not count as a full serving, the point is that every little bit is a positive step toward getting to that five-a-day goal.

#### 3. I don't have the time to eat right.

Sorry, you don't have the time to be sick, either; now or later. Think of the things you do make time for-not all of them positive. This statistic may not apply to you, but studies show that the average adult watches 22 hours of TV a week. Take advantage of the wonderful convenience foods such as shredded carrots, cleaned vegetables, bagged salads, or bottled sauces. Taking a little time to make a meal rather than simply munching on whatever's around will probably net you a more nutritious dinner.

#### 4. My sweet tooth rules, so I can't eat well.

Eating well does not mean denying your sweet tooth. It just means taming it. Instead of guiltily and hurriedly eating ice cream right out of the container, calmly put a scoop in a bowl (a small one), sit down and enjoy every single bite.

#### 5. I enjoy (or depend on) fast food too much to eat right.

Like sweets, fast foods do not have to be an all-or-nothing thing. Look for lower-fat sandwiches and salads. Combine fast food with not-so-fast food. Buy a chicken sandwich at the drive-through (mayo on the side), skip the fries and cole slaw dripping with dressing, nuke a potato in the microwave when you get home, and toss together a salad with bagged salad ingredients and a few other pre-cut veggies. You'll save money and calories.

#### 6. It doesn't matter that I have a poor diet, because I take a vitamin pill.

Vitamins can't wipe out the damage done by too many calories or too much fat and sodium. There are no vitamin pills that contain all of the substances found in foods, especially phytochemicals found in plant foods.

#### 7. I eat too much to ever be able to eat right.

Who doesn't eat too much sometimes? Just get back to moderation at the next meal and you'll balance things out. We have been brainwashed to think that bigger is better when it comes to food and portion sizes.

# We all have a story to tell...



# North Dakota facts for 1999...

...There were 1,868 motor vehicle crashes where seat belts were not used. Of those, 642 (34%) persons were injured and 14 (0.7%) were killed...

...There were 213 crashes where only lap belts were used. Of these, fifty (23%) persons were injured and one (0.5%) killed...

...There were 6024 crashes where lap and shoulder belts were used. Of these, 1037 (17%) were injured and nine (0.1%) killed...



## Pain

#### By Jodi Johnson

Those of you who have lost loved ones will be able to understand the loss that my family feels.

About eight years ago, one of my cousins had been drinking for a couple of days. He went home and passed out. The trailer house he lived in caught on fire. He was the only one in the home at the time and he tragically lost his life. In 1999, his brother was involved in a car crash where alcohol was also involved. He was very seriously injured and in a coma with massive head injuries, and his body all broken up. He lived for three days and then he passed on.

About three months later, another brother from the same family ended up in the hospital. The doctors told the family that there was no hope for him because cirrhosis had taken over. He passed away the same day he was admitted to the hospital.

These three brothers came from a family of six – five boys and one girl. These boys were very protective of the sister, and now she was doing all the funeral arrangements for her brothers who protected her so well.

When I see my auntie, all I see is the pain and hurt from losing her sons so tragically. I often wonder how she has kept her sanity. I think that if she were not Native American she would have lost it a long time ago. Native Americans are very strongminded.

Those of you, who think that this kind of thing could never happen to you, please remember my story. Those of you who think you are still invincible and continue to drink and drive – why would you want to cause such pain to your family?

# WELCOME

7

# TO THE

# CHEMICAL HEALTH CENTER

# OPEN

# MONDAY - FRIDAY 8:00 AM 5:00 PM

## CLOSED AT NOON

In case of an after-hour emergency, contact Security, Ext. 200 for the on call counselor.

Services provided include: Prevention education, Evaluations, Referrals, Individual treatment planning, one-to-one counseling, Intervention, Crisis counseling, Aftercare services, Video library, Transportation for evaluations, and Touchstone Lodge for men.

# WEEKLY MEETINGS

AA Meetings: Tuesdays at 7:00 PM AL-ANON Meetings: Thursdays at 3:00 PM AIATEEN Meetings: Thursdays at 4:00 PM TOUCHSTONE LODGE AA Meetings: Wednesdays at 9:00 PM TOUCHSTONE LODGE DORM Meetings: Wednesdays at 10:00 PM

9



# *Who's your favorite Teacher?*

# What is the Crystal Apple Award?

The Bismarck-Mandan Area Chamber of Commerce sponsors the Crystal Apple Award to recognize educators in the Bismarck and Mandan area for their accomplishments in the teaching field. The winners will be presented with a crystal apple during Teacher Appreciation Week in May.

# What should be considered in submitting nominations?

1. Nominees will have a demonstrated sense of dedication to their students and the profession.

2. Nominees will have demonstrated a spirit of classroom innovativeness.

3. Nominees should have the respect of their students, fellow teachers and the staff with whom they work.

4. Nominees must be contact teachers 51% of their working time.

# What happens after I submit my nomination?

All nominees will be asked to provide further information such as short paragraphs on why they wanted to become a teacher, special achievements and accomplishments, community involvement, professional involvements and a brief biography. This information, along with the nomination form will be considered by the selection committee.

# Crystal Apple Award Nomination Form

# Who will select the Crystal Apple Award Winners?

A seven-member judging committee consisting of seven public and non-public educators will review all applications. The judging committee will submit top nominations to the Business Education Partnership Committee of the Chamber for final selection of the award winners.

# What is the deadline for nominations?

Nomination forms must be received at The Chamber offices by March 22, 2001. They may be mailed to P.O. Box 1675, Bismarck, ND 58502, or delivered to 2000 Schafer Street (Dakota Collectibles building).

# Who may submit nominations for the Crystal Apple Award?

Anyone can complete and submit nomination forms parents, students, businesspeople, other educators, etc.



P.O. Box 1675 . Bismarck, North Dakota 58502-1675

On the space provided below, please nominate the teacher you feel is most deserving of this award.

NAME of NOMINEE: GRADE LEVEL TEACHING: SCHOOL NAME:

<u>PLEASE PRINT OR TYPE</u> (You may attach a separate sheet) a short paragraph on why this nominee should be awarded the Crystal Apple.

Signature:

Return by March 22, 2001 to:

June Perrizo Bismarck-Mandan Chamber of Commerce 2000 Schafer Street, P.O. Box 1675 Bismarck, ND 58502-1675 Fax # 255-6125

May reproduce and e-mail to: junep@bismarckmandan.com

P.O. Box 1675 Bismarck, North Dakota 58502 Phone: (701) 223-5660 Fax: (701)255-6125 E-Mail Address: office@chmbr.org Casey Family Programs

#### PRESENTS:

#### FREE ADMISSION

FACES OF AMERICA

For Immediate Rele Fax: 224-0110	ease Contact: Kay Kamik; Gayle Grenz Phone: 222-8193 Email: <u>kkamik@casey.org</u> ; <u>ggrenz@casey.org</u>
EVENT:	FACES OF AMERICA, performed by Bernadette Balagtas, written and directed by Colin Cox.
PLACE:	BELLE MEHUS AUDITORIUM
CONTACT:	Kay Kamik; Gayle Grenz Casey Family Programs 222-8193
SPONSORS:	Casey Family Programs
DATE:	February 2, 2001
TIME:	<u>7:00 PM</u>
Bernadette Balagtas	rams is proud to announce "Faces of America", a one-person show starting s, written and directed by Colin Cox and <u>DEDICATED TO SHATTERING</u> DFRACE AND GENDER.

"Faces of America" addresses the questions of multiculturalism in today's society through the eyes of Generation X. The play presents eight characters all based on true stories researched through workshops and interviews with high school and college age populations. The eight characters depicted each represent a different cultural aspect of American Society: African, Asian, Mexican-American, Native American Indian, East Indian, European, Happa(mixed blood) and an "All in One Generation X-er.

First produced at the Los Angeles Theater Center in California in March of 1995, "Faces" has since embarked on a national tour of colleges and universities including the University of Southern California, Pepperdine University, Comell University, Coligate University, Pane State University, as well as community colleges and private schools across the country. Featured as a Los Angeles Times "Best Bet", "Faces of America" enjoyed playing to a full house, standing ovation for the United Nations at a special performance for the 51<sup>st</sup> Annual United Nations Day.

# **Student Senate Office**

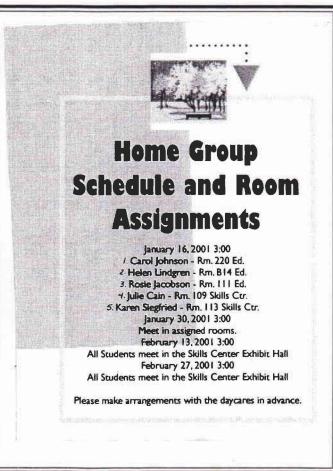
#### Attention:

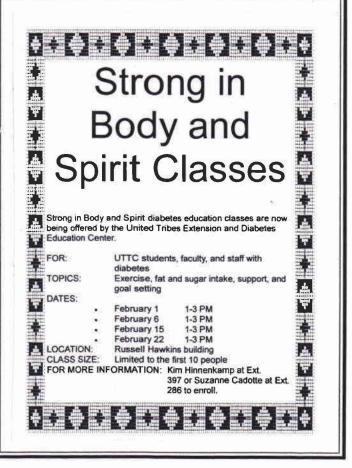
Student Senate now has an office available for students! The office hours are Monday – Friday 8 a.m. – 5 p.m.

Bring in your fund-raiser request, concerns you may have, or just come and meet the student senate officers and representatives.

> Located in Education Building Rm. 121 Ph. 701-255-3285 ext.283

Feel free to stop by anytime!!!





# **Summer Job Opportunities**



# **Yellowstone Park Service Stations**

We are looking for enthusiastic, hardworking, pleasant people who enjoy working outdoors and serving the public. In addition, prospective employees must be 18 years of age and have at least one year of college or other experience beyond the high school level. Opportunities are best for those who can begin working in late May or early June and remain at least through early September.

First year service station employees can earn \$6.50 per hour for a 40 hour work week. This figure includes a bonus of 40 cents per hour paid upon completion of the employment agreement. They also have the opportunity to participate in a commission program to earn extra money and prizes. Room and board is available.

We also have openings for accounting clerks, warehouse workers and qualified automobile technicians.

For an application and further information, write or call:

## **YELLOWSTONE PARK SERVICE STATIONS**

Section R • P.O. Box 11 GARDINER, MONTANA 59030-0011 Telephone (406) 848-7333

E-mail: YPSS@ycsi.net On the World Wide Web at: http://www.coolworks.com/ypss/ VDSS

SERVICE STATIONS

We are an equal opportunity comployer

December 27, 2000

#### Dear Readers:

The United States Department of Agriculture (USDA) invites currently enrolled college students who are pursuing further education to apply for our Summer Intern Program (SIP). Enclosed is a list of interesting and challenging positions which may be available during Summer 2001. Application instructions and information concerning the disciplines are included. Additionally, since USDA consists of different mission areas, the mission areas are identified in the Table of Contents. Information on the mission statements of the agencies participating in the 2001 SIP, and their internships is included in the booklet.

The SIP provides an opportunity for students to work as assistants to scientific, professional, and technical employees. These positions provide students a paid, summer intern experience and information about career opportunities and future employment prospects at USDA. They also provide students an opportunity to demonstrate their creativity. For instance, an intern from the Office of Communications designed the cover for a recent summer's booklet.

We have increased our efforts in the SIP to attract as many students as possible. By doing so we hope to interest students in applying for full-time employment which would enhance the diversity of our work force. In connection with our increased efforts to attract as many students as possible to the SIP, we are including SIP support for the Work Force Recruitment Program for College Students with Disabilities. Information about this program is also enclosed.

USDA is an Equal Opportunity Employer and welcomes all students, including students with disabilities, to apply for a summer intern position with one of our agencies. You are encouraged to apply for most positions listed in this booklet by Thursday,

March 1, 2001, because agencies like to make their selections early. Applications for the Foreign Agricultural Service, or for the Milk Market Administrator, are due by February 15, and March 16, 2001, respectively. Additional summer positions may be announced throughout the summer. For information about these positions, please contact USDA's Student Educational Employment Program Managers who are listed on the Internet at: http://www.usda.gov/da/employ/intern.htm.

Have a good year!

Sincerely,

Marilyn Jenkins

Departmental Student Program Manager

# Job Opportunity in Yellowstone/Grand Teton National Park Area

Have you ever thought about working in one of the country's beautiful National Parks for the summer? Work at Flagg Ranch Resort, located in Wyoming, two miles south of *Yellowstone Park* and five miles north of *Grand Teton National Park* on the banks of the Snake River. We are a family oriented resort with

a campground, restaurant, gift shop, convenience store with newly built log cabins and lodge. Area activities include river rafting, horseback riding, fishing and tours of *Yellowstone* and *Grand Teton National Parks*. We are looking for **100** energetic, friendly, hardworking people who would like the opportunity to live and work in this outdoor environment. Jobs start in mid-May and end mid-October. We are able to work around college breaks.

We have positions available in the following areas:

- \* Front Desk/Reservations
- \* Waitstaff
- \* Cooks
- \*Host/Hostess
- \* Kitchen Help

- \* Gift Shop Sales
- \* Campground
- \* Maintenance
- \* Housekeeping
- \* Bartenders

For more information or an application, please call:

# 1-800-224-1384

or write, Flagg Ranch Resort 3207 S. Hardy Drive Tempe, AZ 85282

Flagg Ranch is an equal opportunity employer

VELLOWSTONE VELLOW

# Wind Cave

National Park RR 1 Box 190 - WCNP Hot Springs, SD 57747-9430 (605) 745-4600

# Student Internships

Wind Cave National Park has two student internships for the summer of 2001 for park rangerinterpretation positions. The internship lasts for thirteen weeks beginning May 21 and ending August 18, 2001. Application deadline is March 1, 2001.

The duties include a full range of interpretive programs and activities. Interns will be responsible for researching, developing, and presenting four different thematic cave tours; staffing the visitor center information desk; developing and presenting interpretive programs and prairie hikes; offering information and orientation services in informal settings such as parking lots and outdoor terraces; and assisting with special projects.

Applicants should possess two years of college in natural or physical sciences, communications, natural science interpretation, resource management, or park/recreation management. Interns must be interested in and able to meet and communicate with groups of people. Experience in interpretation, public speaking, environmental education, or caves would be helpful, but is not required. Personal transportation is desirable, but not essential.

In return for their services to the National Park Service, interns will receive rent-free housing, a uniform allowance to help offset the uniform expense, participation in interpretive training, up to \$150 for round-trip travel to the park, and a stipend of \$75.00 per week for the thirteen-week assignment. College credit may be available by making arrangements with your college advisor following selection for the program. Upon completion of the program, interns will receive the equivalent of three months experience working with the National Park Service, which could be of benefit when applying for a paid position in the future.

Wind Cave National Park is located in southwest South Dakota in Custer County. It is sixty miles south of Rapid City and six miles north of the town of Hot Springs. The Black Hills location is characterized by warm summer days with cool nights. Spring weather varies from cool and wet to warm and sunny days. Wind Cave National Park preserves and protects a complex, three-dimensional maze cave system containing rare formations in its over 86 miles of surveyed cave, and 28,295 acres of mixed grass prairie and ponderosa pine forest containing representative animal and plant species.

Housing is available and consists of a shared, furnished apartment or trailer with kitchens and baths. Interns will need to bring bedding and an assortment of kitchen and bath items.

Application will be by sending a resume and a college transcript to Phyllis Cremonini, Assistant Chief of Interpretation, Wind Cave National Park, RR 1 Box 190, Hot Springs, South Dakota, 57747. For additional information about the park visit our web site at <u>www.nps.gov/wica</u>. For additional information about the internships contact Phyllis Cremonini at (605) 745-1131 or phyllis cremonini@nps.gov.