

# UNITED TRIBES

## On-Campus News

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### Health Information Technology has accreditation site visit

by D.M.Gipp

Evaluators who came to review the United Tribes Health Information Technology program termed it "impressive," and in line with national standards and practices.

This was the comprehensive site visit, conducted on campus on March 8-9, 2001, for continuing accreditation, according to Karla Baxter, director and head instructor for the UTTC HIT Program.

While the decision to continue full recognition is not made by the team, itself, Ms. Baxter considered the visit a success and anticipates the continued accreditation by or before October, 2001.

Hyla Winters, team leader and with the Community College of Southern Nevada, Las Vegas, Nevada, and Sue Biedermann, team member and director of a four year degree HI Administration program at Southwest Technology College, San Antonio, Texas, were the team members who reviewed the HIT Program.

Both indicated that the program had made excellent progress in meeting its goals, addressing concerns, and meeting the needs of its students.

The team visited the HIT faculty, other faculty and staff, and Dr. John Derby, President David M. Gipp, Deans Shirley Bordeaux and Russell M. Swagger. A luncheon meeting was held with HIT faculty Rondeena Hamilton, Karla Baxter, faculty members Elizabeth Miller, Brian Palecek, and staff which included Royce Irwin, Director of The Academic Services Center, and Charlene Weis, Librarian and chair of the Information Technology Committee. The team also visited with students who were on campus, including Georgiana Cross-Saucedo, Clarice Fox, Tom Keller, Tabitha Silk, Melanie Wilson, Yvette Maloney, and Rose White Buffalo. Graduates who were interviewed were Leah Hendricks, Stefanie Goulette, and Roxanne Conger-Stricker, Marlys Rush-Grotberg, Jeanne James, and Honalee Lincoln.

Ms. Winters and Ms. Biedermann met in the evening with the UTTC HIT Advisory Council which included Jy Krush, Rinissa Fitapatrik, Teresa Snyder, and Shawna Zastpoupil.

The team will file its report with the American Health Information Management Association (AHIMA), of which a three member panel of the Council on Accreditation will review the site visit report and self-study by

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**PARENT  
EMPOWERMENT  
Counseling Department  
Noon to 1:00 pm  
Education Building**



**MARCH**

- 20th LD, ED, AD - *Carol Johnson*  
27th Discipline - *Darcy Blue Earth*

**APRIL**

- 3rd Nutrition/Easy Meals/Snacks - *Wanda Agnew*  
10th Cycle of Violence - *Rosie Jacobson*  
17th Things to Do for Free/Family Activities - *Helen Lindgren*  
24th Kids/Moving Stress - *Marie Brown, Doris Red Bird*

**“Thought for the Day”  
He who loses money loses a  
friend, he who loses a friend  
loses the most. But he who  
loses a friend’s money, better  
run**

***Quote For The Day***

**“I recommend that you take care of the  
minutes, for the hours will take care of  
themselves.”**

*– Lord Chesterfield*

**“Life is a great bundle of little things.”**

*– Oliver Wendell Holmes*

**Dennis Lucier’s  
~UTTC DINER~  
WEEKLY MENU**

*(Each meal served includes 2% or Skim  
Milk, Coffee or Tea and Salad Bar or  
Assorted Fresh Fruits/Vegetables)*

**DINNER**

**March 19-March 23**

- M Pork Cutlets, Mashed Potatoes  
T Oriental Chicken Stir Fry, Rice  
W Bar-B-Que Ribs, Baked Potatoes  
T Sloppy Joe On A Bun, French Fries  
F Chicken Nuggets, Macaroni and cheese

**March 26**

- M Steak Sandwich, French Fries

**SUPPER**

**March 19-March 23**

- M Meat Loaf, Oven Baked Potatoes, Cream Gravy  
T Buffalo Beef Sausage, Baked Beans, Fried Potatoes  
W Salisbury Steak, American Fries  
T Swiss Steak, Mashed Potatoes  
F Fish Platter w/ Lemon Wedge and Tartar Sauce. Wild Rice

**March 26**

- M Roast Pork, Mashed Potatoesw/Gravy

## Health Information Accreditation cont:

June 15, 2001. The UTTC HIT program will have an opportunity to respond to findings. Following this, the reports will be sent to the national Commission on Accreditation on Allied Health Education Programs. This commission is expected to take action on continuing accreditation by October, 2001.

Special thanks from the HIT faculty are extended to the students, graduates, faculty, staff, administration and Anne Kuyper, coordinator for the Russell Hawkins Conference Center.



## NCA assessment coordinator surveys new self study

by John Beheler

Brian Palecek, UTTC Assessment Coordinator, has reason to smile as he flips through the pages of the completed 2001 UTTC Self Study report. The report means that faculty students and administration can visit with Brian about things other than criterion-based outcomes supported by factual data provided through an internal assessment process that feeds into a strategic planning event or committee, supported by a budget that fits within a framework of references that meets the needs of students or the external environment. We're only joking you can't talk to Brian about other things until after the comprehensive visit conducted by the Commission on Institutions of Higher Education of the North Central Association (NCA) of Colleges and Schools in April.

*Brian Palecek is a General Education instructor who serves as the chair person of the NCA Steering Committee*

No really, UTTC celebrates the completion of the self-study and is proud of the efforts conducted by Brian and the entire campus. The report provides an accurate picture of the college and serves as a focal point of reference for the NCA visit and ongoing assessment and development activities. Again, thank you for the hard work and your dedication to student achievement.

## Treaty tribes meeting at skill center

by John Beheler

Have you ever considered the origin of your Tribe? Have you ever wondered about the difference or similarity between your tribe and other tribes? This week presents an opportunity to learn more about the importance of having a common denominator "Treaty-Tribe" designation. Tribes are meeting at the Skill Center this week to collaborate on common issues and challenges facing tribes that acquired federal recognition through treaties signed with the U.S. Government long ago.

According to Ambrose McBride, a Crow Creek Sioux Tribal Member attending the meeting, "It's important that the younger generation become more involved in preserving Tribal sovereignty by learning more about treaties."

Tim Mentz, Tribal Historian Preservation office for Standing Rock Sioux Tribe suggests that "Colleges and High Schools need to embrace the content of treaties in curricula about Native Americans." Tribal representatives from some 20 tribal nations are gathering to discuss the formation of a national organization that will strengthen the voice of the treaty tribe.

## NCA self study countdown:

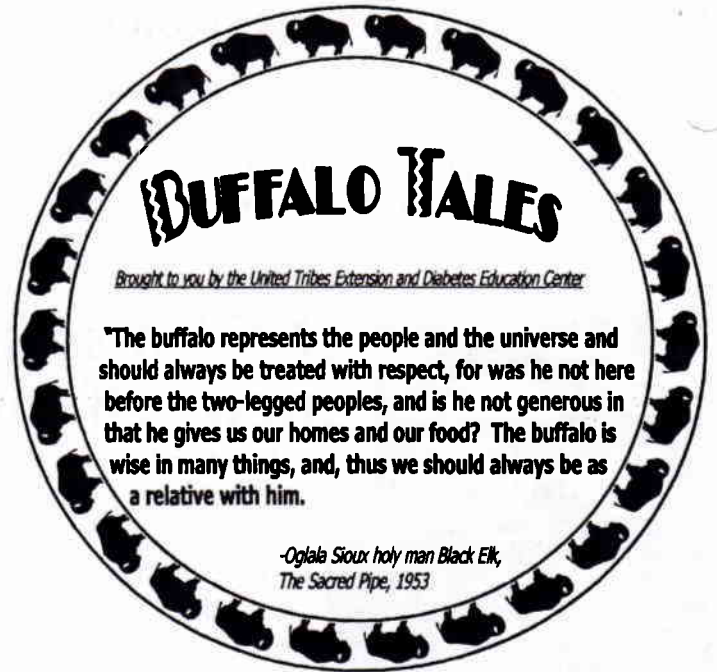
By Sister Kathryn Zimmer

Congratulations to all who have helped with the self study in preparation for the NCA site visit, April 23 -25, 2001.

The study has been sent off and should be in the hands of the visitors by now.

We hope you have had the opportunity to see the the informational power point presentation prepared by Jeremy Laducer.

Soon the steering committee will be calling for exhibit materials to be made available to the visitors during their time on UTTC campus



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## Attention Graduates!!!

**Robert Knutson Photography will be taking  
graduation pictures**



**March 22nd, 2001  
From 3 PM - 5PM**

**Located at 405 E. Sweet Ave.,  
Bismarck, ND**

**(between KFC and the Civic Center)**

**Cost is \$25  
For 1-8 x10  
& 7 wallet-size**

# USA TODAY "Corporate athletes hit the mat"

By Charlene Weis



Corporate athlete rules to live by :

1. Launch each day by revisiting your personal and professional mission in life, reconnecting to your deepest values and beliefs.
2. Establish concrete physical, emotional, mental and spiritual objectives.
3. Develop mental preparation and visualization rituals to sustain high-level performance under stress. Example: Like an athlete before a competition, carefully rehearse desired actions before an important meeting.
4. Institute precise personal recovery rituals to decompress and renew energy every 90 to 120 minutes. Example: Have something to eat or do deep breathing exercises.
5. Perform a highly specific exercise routine at least three to four times a week that expands physical capacity and stimulates mental and emotional recovery.
6. Stabilize blood sugar and energy levels by consuming five to six nutritious small meals and 48 to 64 ounces of water daily.
7. Be consistent on sleep patterns, focusing especially on going to bed and waking up early.
8. Implement clearly defined rituals for positively connecting with co-workers to facilitate more effective communication and leadership, Example: Take opportunities to compliment a co-worker each day.
9. Build effectively rituals for truly separating work life from personal life. Example: Take a walk or work out to decompress before leaving work for home.
10. Conclude each day by holding yourself accountable for the progress made in achieving your desired mission and behaving consistently with your deepest values.

**The entire article is available in the Library, if any students and staff are interested .**

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## UTTC students attend AIHEC 2001 at Duluth, MN

Seventeen UTTC Students have made their way to the annual AIHEC 2001 student conference, hosted by the Woodlands Tribal College, Duluth, MN in a new UTTC bus. The Bus driver is Bill St. Clair.

Trailing the bus in a van are students and staff to support the UTTC team who will enter the various AIHEC college competitions, beginning March 20-25, 2001.

Competitions include: Business & knowledge bowls, science, speech, talent bowling and traditional hand games.

The college has sent its student delegates to compete at the annual competition where over 1,000 tribal college student gather. Listed is the UTTC delegates.

### **STAFF**

Dr. John Derby  
Caleb Bird Bear  
Suzanne Cadotte  
Wayne Pruse  
Rondeena Hamilton  
Bill St. Claire

### **STUDENTS**

Deborah La Vallie  
Lucy Peters  
Carey Stands Alone  
Kathryn Beheler  
William Demarce  
Dusti Good Bird  
Anna Gopher  
Diana Hinsley

Frank Iron Heart  
Gerald Packineau  
Brenda Sam  
Winston Sam  
Shaun St. John  
Rhonda Yankton  
James Jetty  
Mechelle Crazy Thunder  
*Quniton Stands Alone*

# “Chemical Health Center News”

by Russell Gillette

## Drinking and Driving: Some Questions and Answers Are Our Highways Safe?

Americans between the ages of 5 and 45 are more likely to be killed in a traffic accident than any other single cause.

The leading cause of death for teenagers is motor vehicle accidents: 45% of deaths.

## How much does drinking contribute to this highway safety problem?

Alcohol is involved in at least half of the above cited fatal crashes: 25,000 people per year. In addition, 6,500,000 are injured in alcohol-related crashes yearly.

In the most serious crashes, over half of drivers have a BAC of over .10% and over three-quarters have a BAC over .15%. In fact, as a general rule, the more serious the accident, the higher the BAC.

About 65% of all Americans will be involved in an alcohol-related accident in their lifetime: one person is killed in these accidents every 20 minutes.

## What are the most dangerous times to be on the road?

Weekends nights between P.M. and 3 a.m. are the most dangerous: 1 or more drivers in 10 may be legally drunk (as opposed to 1 in 50 in the daytime).

During the period between midnight and 4 a.m. on any night of the week, between 75% and 90% of all fatally injured drivers had been drinking prior to the crash.

## Are teenagers at increased risk for alcohol-related accidents?

Drivers between 16 and 24 have twice as many fatal crashes per mile as older drivers. When alcohol is involved, the fatal crash rate of young drivers is three times greater than that of older drivers.

Although teenagers comprise only 8% of the licensed driver population, they account for 15% of all drunk-driver collisions and up to 42% of all fatal alcohol-related crashes.

Many young drinking drivers have accidents at lower BACs than older drivers.

## What happens to the drinking driver?

According to one study, the average DWI violator will drive 80 times per year for nearly 4 years without being arrested.

About 1 in 2,000 impaired weekend drivers will be arrested.

Drunk drivers who are caught are often dealt with effectively, resulting in repeat offenders.

**If you want more information come to the**



**Chemical Health Center**  
**No appointment necessary!**

# Gipp goes on ESPN Outside The Line on UND Fighting Sioux controversy

by David M. Gipp

David M. Gipp, an alumnus of the University of North Dakota and president, United Tribes Technical College appeared live on an ESPN special broadcast on the University of North Dakota (UND) Fighting Sioux controversy, at 9:30 a.m.(CDT), March 11, 2001.

The controversy has escalated since the North Dakota State Board of Higher Education voted, unanimously (8-0), December 21, 2001, to keep the name "Fighting Sioux" and new Indian Head moniker on December 21, 2000. No members of the public who favored a name change were involved in the discussion prior to the vote.

The ESPN program, "Outside the Line," featured a number of interviews - some for and some against the change - from UND students, staff and other officials.

Live commentary came from Dr. David M. Gipp who favors changing the UND Fighting Sioux motto and logo, and Mr. Roger Thomas, UND Athletic Director, who advocates the use of the redesigned moniker and motto. He will oversee the hockey and other athletic programs which will be administered out of the Engelstad Arena, which is being built by Ralph Engelstad at an estimated cost of some \$85 million to \$100 million.

Engelstad is a reputed Hitler fan, and has an extensive collection of Nazi paraphernalia.

Engelstad, who threatened to abandon \$35 million of the project already built if the name and logo was not kept, sent a copy of his letter to the board of higher education one day before their decision. The original, sent to UND President Charles Kupchella, criticized him and the delays in making a decision about the name and logo. Kupchella had appointed a special commission to review the facts and send him recommendations by early January 2001.

Meanwhile, a number of incidents have taken place throughout the past and current year against American Indian students who attend UND, including alleged remarks to students, threats and vandalism.

UND students and faculty have protested against the decision by the board of higher education, and relations continue to be tense. According to Dr. Leigh Jeannotte, director of Special Services, there is concern about safety and the "potential of violence" for American Indians students who favor change.

Gipp has raised a number of questions about the lack of ethics by the state board of higher education and the relations between one donor (Ralph Engelstad) and the use of the name and logo at a public institution.

Tribal leaders from tribes in North Dakota, South Dakota, and Nebraska voted unanimously in early December, 2000, to recommend that the "Fighting Sioux" term and logo be dropped when Kupchella met with them.

A Chronicle of Higher Education article, "A Battle Over a Name in the Land of the Sioux," February 23, 2001, covered the UND controversy, as well, bringing it to national attention among higher education across the nation, and is read by policy makers.

Gipp, a member of the Standing Rock Lakota/Dakota Nation, has made the point, along with others, that the name is not originated from any of the Lakota, Dakota or Nakota languages. The term "Sioux," however, was taken up by the government based upon its origins from French and possible Ojibwe usage which meant snake, cut throat, or enemies. It is a stark contrast to the names used by the Lakota and "N" and "D" dialects which connotes "friend" or "ally."

Meanwhile, the Standing Rock Lakota/Dakota business council has gone on record to see that members who attend UND finish their education, but that future tribal higher education financing will not be made to members who plan to attend UND - unless there is a name change.

Gipp, who also chairs the UND INMED board of advisors, a program established in 1973 to help develop more American Indian medical doctors and health professionals, told UND President Kupchella that the INMED board wants assurances from him that junior and high school Indian students who attend the summer program on campus will be safe and protected from harassment or danger. Students come from 24 tribes from throughout a five state region, including both Dakotas, Montana, Nebraska, and Wyoming.