

UNITED TRIBES

On-Campus News

Volume 13 No.12

April 9, 2001



Dennis Renville honored at national lifesavers conference

by Jennifer Weber

Dennis Renville, Director of the Injury Prevention Program, was one of sixteen individuals and organizations recognized at the 2001 National Lifesavers Conference. The National Highway Traffic Safety Administration (NHTSA) honored Dennis for his exemplary high standards of achievement in the field of traffic safety. In particular, he was recognized for the development of the UTTC Injury Prevention Program, the first Program of its kind in the country. The conference was held March 26 - 28, in Denver, Colorado.

A message from L. Robert Shelton, Executive Director, NHTSA

Thanks to the hard work and commitment of you, our partners in Highway safety, we continue to make progress in reducing the enormous toll traffic crashes exact from every segment of our society.

Your activities and accomplishments have made a difference in educating the public, passing and enforcing important traffic laws and involving your communities in the important task of keeping the traveling public safe.

Despite our progress in reducing traffic deaths and injuries, many challenges remain. We look to you to provide the continued leadership and creative spirit that is necessary if we are to meet the ongoing challenges posed by this threat to national health and well-being.

Please accept my personal thanks for your important contributions to traffic safety and my best wishes as you continue to meet the challenges ahead.

**PARENT
EMPOWERMENT**
Counseling Department
Noon to 1:00 pm
Education Building



APRIL

- 3rd Nutrition/Easy Meals/Snacks
- Wanda Agnew
- 10th Cycle of Violence - Rosie Jacobson
- 17th Things to Do for Free/Family Activities - Helen Lindgren
- 24th Kids/Moving Stress - Marie Brown, Doris Red Bird

**Congratulations to the following for an excellent
Housing Inspection for the Month of March, 2001**

Vernon & Marina Torralba
Crystal Thunder Hawk
Ann Two Bulls
The Housing Committee

**RE: CAMPUS NEWSLETTER
PLEASE NOTE!**

EVERY WEEK ARROW GRAPHICS TRIES TO PUT THE NEWSLETTER OUT ON MONDAY MORNING. YOU HAVE PROBABLY NOTICED THAT IT HAS NOT COME OUT SOME WEEKS UNTIL WEDNESDAY. WE APOLOGIZE FOR THIS, BUT AT TIMES IT IS LATE DUE TO REASONS BEYOND OUR CONTROL. IT WOULD BE GREATLY APPRECIATED IF ALL ARTICLES WERE SUBMITTED ON TIME, WHICH IS BY **5:00 PM EVERY WEDNESDAY**. IF YOU ALL DO YOUR JOB ON TIME, IT ALLOWS US TO BE ABLE TO DO OUR JOB ON TIME. SO, PLEASE, TRY TO ABIDE BY THIS DEADLINE AS WE HAVE MANY OTHER PROJECTS WE ARE WORKING ON BESIDES THE NEWSLETTER.

ALSO - PLEASE EDIT YOUR COPY BEFORE SENDING IT OVER FOR PRINT. TRY TO LIMIT YOUR TYPED COPY TO NO MORE THAN ONE PAGE, UNLESS IT IS A NEWS STORY. IF YOU ARE ADVERTISING AN EVENT, WORKSHOP, ETC., PLEASE ALSO LIMIT THIS TO A HALF OR QUARTER PAGE.

**Dennis Lucier's
~UTTC DINER
WEEKLY MENU**

(Each meal served includes 2% or Skim Milk, Coffee or Tea and Salad Bar or Assorted Fresh Fruits/Vegetables)

DINNER

April 9 - 12

- M Spaghetti w/Meat Sauce, Garlic Toast
- T Steak Sandwich, Oven Browned Potatoes
- W Oven Baked Chicken, Mashed Potatoes
- T Hamburger On A Bun, Fixings, French Fries
- F Grilled Cheese Sandwich, Old Fashioned Tomato Soup

April 16

- M Hulipsa Hotdish, Dinner Bun

SUPPER

April 9 -12

- M Baked Ham, Au-Gratin Potatoes
- T New England Dinner, Boiled Potatoes
- W Salisbury Steak, Hash Browned Potatoes
- T Shish-ka-bob-Casserole, Wild Rice
- F Fish Platter, Oven Baked Potatoes Wedges

April 16

- M Braised Beef Over Noodles, Vegetables

ATTENTION UTTC STUDENTS

by Lori G. Pemberton

Assistant Dean of Student & Campus Services

STUDENT ATTENDANCE INITIATIVE

Beginning the week of March 26, 2001, a new attendance initiative was implemented to encourage an increase in attendance rates at UTTC. The program works like this:

- * Students will strive for on-going perfect attendance in their vocations. Vocations are encouraged to work as a team to meet this goal and to try new initiatives that are creative and innovative.
- * The vocation that has the least amount of absences during a two-week period will be rewarded. This reward can be a pizza party, or the student can purchase something to use within their vocation (a \$50.00 dollar limit will be set for such a purchase.)
- * A traveling trophy will be awarded to the vocation that will bear the vocation name and date of attendance period.
- * The winner is determined from the time and attendance reports submitted by the vocational instructors. Students should encourage their instructors to submit their attendance reports in a timely manner so the numbers can be included in our calculations.

This is just one effort to increase students' attendance. As you already know, your attendance at class is also rewarded with good grades and a quality education. In case you may not be aware, monetary awards are given to students with perfect attendance throughout the school year.

So, UTTC STUDENTS, buck up and get to class - it will be well worth it for you in more ways than one.

News from the Library

Charlene Weis

United Tribes Technical College was a training site for AIHEC's Virtual Library Project, March 27 - 29th. Liz Staples from Bay Mills Community College trained 21 Tribal College Librarians and Computer Webmasters during the three-day workshop. The Virtual Library Project was made possible through a Kellogg grant to AIHEC. This grant assisted each Tribal College to have a Library Webpage developed.

The Virtual Library will provide easy access to useful resources for members of the AIHEC College communities. These include extensive database of reference information and published articles, collections of cultural resources, and other published information that may be of interest to the community. Access to commercially published databases will be added as soon as agreements can be negotiated with them. Locally generated materials can also be linked into the system.

UTTC Virtual Library Webpage will soon be added to our own website www.united-tribes.tec.nd.us. Dave Yorlor, UTTC Webmaster and Khara Laducer, UTTC Assistant Webmaster have been making big changes to this site and ask that you take a look at it.

I would like to thank all of the students and staff that gave up the computer concepts lab, Manning and his staff for helping get the lab ready, Dennis and the cafeteria staff for the excellent food and to Ann Kraft who helped with building arrangements. The workshop attendees complemented UTTC on our wonderful campus.



**3rd Annual
United Tribes Technical College**

ART SHOW

featuring
**ART/ART MARKETING
STUDENTS**



APRIL 27 & 28, 2001

at

**Barnes & Noble Booksellers
565 S. 7th Street
Bismarck**



**10:00 am to 5:00 pm
each day**



Health Service for Summer of 2001

The Indian Health Service (IHS), an agency of the U.S. Public Health service, is responsible for providing a comprehensive health services delivery system for American Indians and Alaska Natives. An important component of this health care system is the IHS Injury Prevention program. The IHS Injury Prevention program is looking for MPH students primarily to offer them a unique opportunity to apply public health principles to specific injury problems in Indian country. Working closely with an IHS Injury Prevention Specialist, Interns may be involved in injury surveillance, conducting research on an injury topic, developing and/or implementing a community-based injury intervention, or program evaluation. Activities will vary according to local need and the applicant's interests. Through a competitive application process, up to ten applicants will be selected for an Injury Prevention Internship position during the summer of 2001. The ideal candidate will be enrolled in a graduate level public health program, and have demonstrated an interest in some topical area within the field of injury prevention. Other candidates will be considered. Last year, interns worked with IHS staff in Alaska, Arizona, New Mexico, California, the Dakotas, and the mid-West. Most internships will be located on or near Indian reservations. All Interns will be full-time IHS employees through the Junior Commissioned Officer Student Training and Extern Program (JRCOSTEP) of the Public Health Service. JRCOSTEP students earn approximately \$2,300 per month, plus travel costs to and from the internship site. Internships will be approximately 3 months around summer 2001, but other 3-month periods would be considered.

Applicants are required to complete a JRCOSTEP application for the U. S. Public Health Service, Division of Commissioned Personnel. JRCOSTEP information and all of the required forms are online at: <http://dcp.psc.gov/>; click on the commissioned corps website, then Students, or call (800) 279-1605 or (301) 594-3452. Time is short, so interested students should act on this ASAP. Students also need to send a resume and letter of interest to IHS: Contact Alan Dellapenna, MPH, IHS Headquarters in Rockville, MD, for further information about locations, questions, and additional requirements: adellape@hqe.ihs.gov; 301-443-0097.

Students should contact me. Please let me know if you have questions.

Alan Dellapenna, Jr., Deputy Director
Division of Environmental Health Services
Indian Health Service
12300 Twinbrook Parkway, Suite 600
Rockville, Maryland 20852
301-443-0097
fax 301-443-7538
e-mail: adellape@hqe.ihs.gov

Women's opportunity scholarship fund

Application kit for the 2001-2002 Women's Opportunity Scholarship Fund. We are beginning the application process again, we encourage you to share the application with any woman who is eligible. Please note that we cannot accept incomplete applications; eligibility depends greatly on the essay and the financial page. In addition, it's important that applicants find three individuals who would be willing to complete the commendation forms and then send them to our office. The completed application must be returned to us by June 15, 2001.

Pick applications up at UTTC Financial Aid Office



JOB ANNOUNCEMENTS Local and National

Contact America, a national customer service provider, is currently looking for qualified personnel to fill the following technical positions in our Bismarck, ND location. Contact American offers competitive salary, relaxed working environment, and the opportunity expand your technical horizons. All positions pay is DOE.

PROGRAMMER

Requires knowledge of Visual Basic and FoxPro. Qualified applicant should also have strong Microsoft SQL Server and Windows NT skills. Any experience with HTML, Crystal reports and Microsoft Transaction Server is a plus.

TECH SUPPORT - PART TIME

Requires general trouble shooting and problem solving skills. Experience with Excel, Access, Windows 98 and Windows NT. The ideal candidate will be highly organized and have a high technical competency.

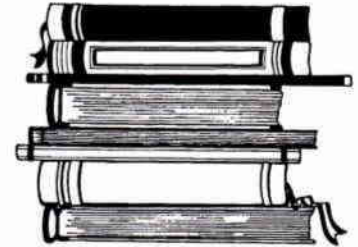
Send resumes and salary history to:
Email - tglenn@contact-america.com
Fax: 701-221-2929
Mail: Contact America
Attn: IS Manager
2404 E. Broadway Ave.
Suite 200
Bismarck, ND 58501

Job Fair (Construction Industry) - Thursday, April 5, 2001 4:00 PM - 7:00 PM, Guesthouse Int'l, Hall of Ports (formerly Palace Arms Hotel) 1215 W. Main Avenue - Bismarck, ND

PIPESTONE INDIAN SHRINE ASSOCIATION, PO BOX 727, PIPESTONE, MN 56164. Culture Interpreter Position Opening
The Pipestone Indian Shrine Association, locate within the Pipestone National Monument, is looking for self-motivated individuals to fill

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New Books Available at the Library



NONFICTION

- Last Minute Interview Tips *by Bradon Toropow*
- Coping with Migraines and Other Headaches *by Andrea Votava*
- Problems of Death *by James D. Torr*
- Dreams: Your Magic Mirror *by Elsie Sechrist*
- Building a Great Resume *by Kate Wendleton*
- Birds of Prey *by Kelly L. Barth*

FICTION

- Black and Blue *by Anna Quindlen* (an Oprah Book)
- Jade Island *by Elizabeth Lowell*
- The Last True Cowboy *by Kathleen Eagle*
- Montana *by Debbie Macomber*

~Remember ~

All book must be returned to Theodore Jamerson Elementary Library and to the UTTC Library before school is out for the end of the this semester.



(Continued from Page 6)

the positions of Cultural Interpreter. The position will involve demonstrating the tradition of pipe making and educating and interpreting American Indian culture and traditions. Knowledge and pipestone quarries will be considered a plus. To request an application and interview, please contact Jim Cochran or Mike Morgan at 507-825-5463. Application will be accepted until April 11, 2001.

UNITED STATES DEPARTMENT OF INTERIOR, BUREAU OF INDIAN AFFAIRS, TURTLE MOUNTAIN AGENCY, PO BOX 60, BELCOURT, ND 58316

Position: Laborer, \$9.61/hr - \$11.21/hr.
Location: Area Wide
Closes 4-16-01

BEMIDJA AREA INDIAN HEALTH SERVICE, DIVISION OF PERSONNEL MANAGEMENT, 522 MINNESOTA AVE NW, BEMIDJI, MINNESOTA 56601

Position: Nursing Assistant
Location: Red Lake Hospital, Red Lake, MN
Salary \$21,123/yr

CITY OF FREMONT, PERSONNEL OFFICE, 39100 LIBERTY STREET, FREMONT, CA 94538

Position: Police Detention Technician
Location: Fremont, CA
Salary range: 3231 to 3927 per month

OFFICE OF THE SPECIAL TRUSTEE FOR AMERICAN INDIANS OST SERVICING PERSONNEL OFFICE AT 505 MARUETTE STREET NW, SUITE 1801, ALBUQUERQUE, NM 87102

Position: Accounts Maintenance Clerk
Material Handler

CITY OF RAPID CITY SOUTH DAKOTA, CITY OF RAPID CITY, PERSONNEL DEPARTMENT, 300 SIXTH STREET, RAPID CITY, SD 57701

605-394-4136

Position: Police Officer

Salary: Fraternal Order of Police Union \$13.45/hr (Effective July 1, 2001) Test Date: Monday, May 14, 2001 - Rushmore Plaza Civic Center.

DEPARTMENT OF THE INTERIOR, NATIONAL PARK SERVICE

Position: Park Ranger (Interpretation)

Salary: \$11.32/hr

Duty Location: 1 vacancy at Stanton, ND

For Additional Information contact Dorothy Cook
701-745-3300

Submit Your Application to: Theodore Roosevelt NP, PO Box 7, 315 2nd Ave, Medora, ND 58645

HIGHER EDUCATION OPPORTUNITIES

Native American Systems, Inc. (NAS) is offering a total of four student internships for the summer of 2001. The internships will be 8 weeks in duration, from June 1st through August 1st and are being offered at:

- * Our corporate office, located at 5400 Syracuse Street, Englewood, CO or
- * Our Office at 5600 Wyoming Boulevard NE, Suite 30, Albuquerque, New Mexico.

Wages: Interns will be paid \$12.50 per hour. The internships are non-exempt. Thus, any hours worked in excess of forty per week will be paid at time and a half. The interns will be required to submit a weekly time card to their immediate supervisor. The interns, like NAS employees, are paid on a bi-weekly pay schedule. Paychecks are issued every other Friday.

Housing: NAS will provide housing.

Interns will be responsible for any other personal expenses.

Thought For the Day ...

Friends will come and go in your lifetime, but only true friends leave footprints in your livingroom.



NCA self study countdown

by Sister Kathryn Zimmer

NORTH CENTRAL AN ENRICHING EXPERIENCE

Wanda Agnew, Marge Palaniuk and Brian Palecek shared highlights from their North Central attendance (Chicago, March 30) at the April 4, UTTC-NCA Steering Committee meeting.

Wanda reported that the meeting is held to ensure quality education to students and to ensure transfer of credits. Presentations from schools were interesting, e.g. How to make mission impossible to mission accomplished, identifying weaknesses, to make school stronger, technological mechanisms for strategic planning, etc, etc.

Marge enjoyed the many learning opportunities regarding accreditation and it's process -- a first for her.

By mistake Brian got into a meeting for consultant evaluators; he met two of the evaluators coming to UTTC the end of April. He received a number of studies to read about their assessment activities. Often consultants know little about Tribal Colleges.

Soon UTTC personnel will learn "first hand" the nature of a North Central site - visit.

Be Prepared!

United Tribes announces economic impact

The Enterprise Connection
Vol 6.No.4 April 2001

Front Page

A study conducted by United Tribes Technical College shows an overall economic impact to Bismarck-Mandan of over \$34million. the study used data from calendar year 1999 and included figures from student spending payroll, purchases, and events related to the College.

"The findings of this study reaffirm that UTTC is a major business contributor to the state of North Dakota with its education programming, intertribal service programs, and special event," said David Gipp, UTTC President. The study did not encompass all the meetings, workings, and conferences that UTTC was directly or indirectly responsible for bringing to Bismarck - Mandan. Nor did the study take into consideration the social impacts of UTTC. Gipp said, "While the annual economics benefits are significant, the cross-cultural opportunities available to Bismarck - Mandan surpass any that are available in any of the other major cities in North Dakota."

The total economic contribution of United Tribes Technical College to Bismarck - Mandan is as follows:

Payroll economic benefits	\$16,600.00
Purchases economic benefits	\$13,000.00
Events	\$ 2,300.00
<u>Student spending contrib.</u>	<u>\$ 1,500.00</u>
Total economic benefit of UTTC	\$33,400.00

Quotes of the Day

"Self-confidence is the first requisite to great undtakings."

Samuel Johnson

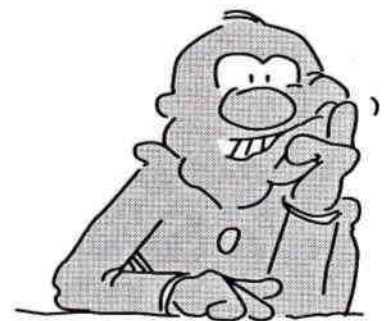
"People think that because a novel is invented, it isn't true. Exactly the reverse is the case. Biography and memoirs can never be wholly true, since they cannot include every conceivable circumstances of what happened. The novel can do that."

Powell

Anthony

"Show me a person who has never made a mistake and I'll show you someone who has never achieved much."

Joan Collins





Exit TABE Testing for Spring Graduates

May 1, 2001-5:30 p.m.

Ed.Bldg. Rm. B14

May 3, 2001-8:30 a.m.

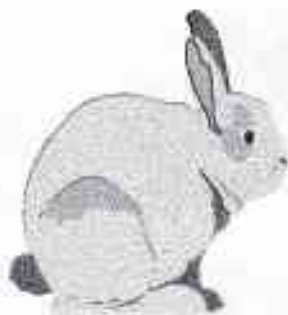
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May 4, 2001-8:30 a.m.

SC Rm. 113

The test will take approximately three hours. All graduates must attend one of the sessions in order to complete requirements for graduation. Please sign up with Karen Siegfried at Ext. 234 or Carol Johnson at Ext. 342. Please be punctual as this is a timed test. Anyone showing up late will be asked to take the test at a later time.

OPEN HOUSE



**The Month of APRIL Is Alcohol
Awareness Month at the
CHEMICAL HEALTH CENTER
BUILDING #68**

**APRIL 11, 2001
9:00 A.M. TO 4:00 P.M.**

**COME JOIN THE FUN
DOOR PRIZES/GOODIES**

Accounting to Welding, if you
are looking for a job, come to

Job Fair 2001

Wednesday, April 18 ~ Radisson Inn

800 South Third Street, Bismarck, ND

10 A.M. to 12 Noon College Students

12 Noon to 3 P.M. General Public Welcome

ADMISSION IS FREE

Full-time, part-time, and summer jobs

Bring your resume and be prepared for an interview!

For more information contact: University of Mary Career Services, 255-7500, ext. 414;

Bismarck State College, 224-5666; MedCenter One College of Nursing, 323-6833;

United Tribes Technical College, 255-3285, ext. 208; or Job Service at 328-5026

One the web: www.umary.edu/careserv



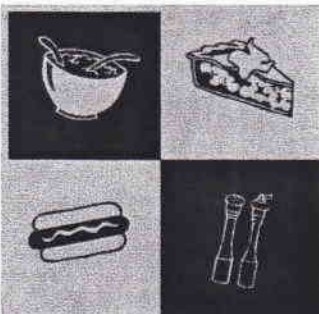
*Vince -
We used a glue stick to apply.
It worked well. Have a great
day!!*

*Let me know if
you need more.*

April 2001

Written by: Kim Hinnenkamp, LRD

NutriNews



What are your excuses for not being physically active?

I know you have heard all the talk about the importance of physical activity. I'm sure that some of you are also feeling a little guilty about how little you exercise now. You probably think that you:

- *Don't Have Time!*
- *Don't Have a Babysitter!*
- *Have To Study!*
- *Can't Afford A Membership At A Fitness Center!*
- *Don't Have The Right Clothes Or Shoes!*

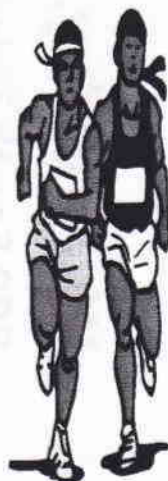
THE EXCUSES GO ON AND ON AND ON!

In the time that you have been thinking up all your excuses for not being physically active, you could have done your favorite exercise. It is recommended to do some type of physical activity for at least 30 minutes three to five days per week. Now you are thinking, "She's crazy to think that I can do that much physical activity in a week. I'm just too busy, tired,

STOP THE EXCUSES!

If you feel that you can't reach that goal now, don't worry! Try to be physically active for at least 10-15 minutes each day of the week. This will get you into the

habit of exercising. Then you can start increasing the amount of time after you feel more comfortable. Good luck with your physical activity plan!



Easy Ways to Add Physical Activity to Your Daily Life

Now that you are ready to start your physical activity plan, you are thinking about what types of physical activity to do. Here are some suggestions.

- Chat for a half-hour with co-workers at lunch and use the other half-hour to take a walk.
- Get up a half-hour earlier and do your favorite exercise.
- Take your family to the park and spend some quality time exercising.
- Clean your house. Vacuuming and scrubbing the floors can be good activities.
- Walk to your classes instead of driving.

Benefits of Physical Activity

- ♦ *Lower risk of diabetes, heart disease, and some types of cancers*
- ♦ *Better blood sugar control if you already are diabetic*
- ♦ *Weight loss or maintenance of a healthy weight*
- ♦ *Reduces stress, anxiety, and depression*
- ♦ *Positive attitude and self esteem*
- ♦ *Increased resistance to colds and other infections*
- ♦ *Restful sleep*
- ♦ *Adds years to your life*
- ♦ *You look good, feel good, and are having fun!*

Attention Parents

Preschool Graduation: 4/19/01

@ 3:00 pm (Big gym)

Pow-wow @ 4:00 pm (big gym)

Supper @ 5:00pm, cafeteria

List of Graduates: Heather Belgarde

Destinee Clark, Veronica Emery, Ashley Frisbee

River Gillis, Amira Gunn, Chris Long Soldier Jr.

LaRiah Quick Bear, Shaylauna Roach, Kenneth Thunder Hawk

Triston YoungBird, Shaylee Zahn,

Hunter Karlson, Ellitta Schlecht



Everyone Welcome