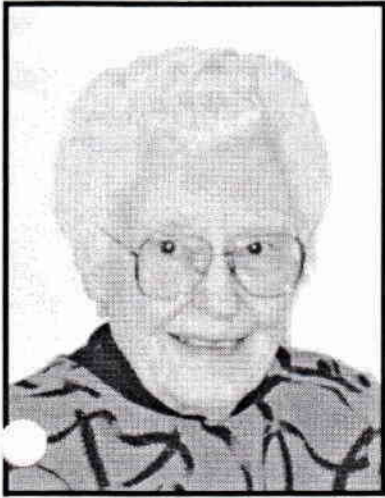


UNITED TRIBES

On-Campus News

Volume 14 No.13

April 17, 2001



Sister Kathryn Zimmer, practical nursing program, to retire at close of 2000-2001 academic year

by Evelyn Oreth

United Tribes Technical College honors Sister Kathryn Zimmer who has announced she will retire at the completion of this 2000/2001 school year. Sr Kathryn has served as Chairperson of the Practical Nursing Program for the past ten years. Prior to coming to UTTC, she had "retired" after serving as the Chair of the Division of Nursing at the University of

Mary.

Sr. Kathryn and her staff were successful in securing the initial NLN (National League of Nursing) accreditation in 1995 for UTTC's Practical Nursing Program for five years. The NLN conducted an accreditation site visit in 2000, and the nursing program was awarded the maximum continuing accreditation for eight years, for a total of 13 years accreditation. Under the direction of Sr. Kathryn, the Practical Nursing Program has had successful ongoing reviews from the North Dakota Board of Nursing (NDBON).

Serving on committees has been a part of Sr. Kathryn's daily routine. As the Practical Nursing Program Director, she chaired the faculty meetings. She also chaired the Institutional Coordinating Committee. Sr. Kathryn has also served on the UTTC NCA Steering Committee and the Advisory Board.

During Sr. Kathryn's tenure, all nursing faculty have either had or acquired the NDBON's required Master's of Nursing to qualify as nursing faculty. In addition the practical nursing students have had a 100% State board pass rate over the past couple of years. Students are also successful in procuring employment or continuing their education to become Registered Nurses.

While serving as Director of the Practical Nursing Program, Sr. Kathryn also served on the NLN panel that conducts nursing program accreditation reviews. On-site reviews took her to such places as Puerto Rico, New York, and South Carolina. Sr. Kathryn found the information gained during these visits invaluable for administering the nursing program.

Sr. Kathryn has been active in various civic community organizations, including the Midwest Alliance in Nursing. She has enjoyed traveling abroad several times, including trips to Europe, South America, and Africa.

Sr. Kathryn's dedication to nursing and education has touched the lives of many. We are very thankful for her many faithful years of service. God's blessing be with her as she once again "retires."

**PARENT
EMPOWERMENT**
Counseling Department
Noon to 1:00 pm
Education Building



APRIL

17th Things to Do for Free/Family Activities - *Helen Lindgren*
24th Kids/Moving Stress - *Marie Brown, Doris Red Bird*

**Dennis Lucier's
~UTTC DINER~
WEEKLY MENU**

(Each meal served includes 2% or Skim Milk, Coffee or Tea and Salad Bar or Assorted Fresh Fruits/Vegetables)

DINNER

April 17-20

- M Hulipsa Hotdish
- T Taco Salad, Hamburger w/ fixings, Baked Chips
- W Swedish Meatballs over Noodles, Vegetables
- T French Dip w/Au-Jus
- F Knoephle Soup, Breaded Chicken Fillets, Mashed Potatoes, Gravy

April 23

- M Pork Cutlets, Mashed Potatoes, Gravy

SUPPER

April 17-20

- M Braised Beef over Noodles, Vegetables
- T Bar-B-Que Chicken, Baked Potatoe, Vegetables
- W Hamburger On A Bun, Soup
- T Swiss Steak, Mashed Potatoes, Vegetables
- F Burritos

April 23

- M Meat Loaf, Oven Brownd Potatoes, Vegetables

*Thought For the Day ...
Experience is a wonderful thing. It enables you to recognize a mistake when you make it a second time.*

**RE: CAMPUS NEWSLETTER
PLEASE NOTE!**

EVERY WEEK ARROW GRAPHICS TRIES TO PUT THE NEWSLETTER OUT ON MONDAY MORNING. YOU HAVE PROBABLY NOTICED THAT IT HAS NOT COME OUT SOME WEEKS UNTIL WEDNESDAY. WE APOLOGIZE FOR THIS, BUT AT TIMES IT IS LATE DUE TO REASONS BEYOND OUR CONTROL. IT WOULD BE GREATLY APPRECIATED IF ALL ARTICLES WERE SUBMITTED ON TIME, WHICH IS BY **5:00 PM EVERY WEDNESDAY**. IF YOU ALL DO YOUR JOB ON TIME, IT ALLOWS US TO BE ABLE TO DO OUR JOB ON TIME. SO, PLEASE, TRY TO ABIDE BY THIS DEADLINE AS WE HAVE MANY OTHER PROJECTS WE ARE WORKING ON BESIDES THE NEWSLETTER.

ALSO - PLEASE EDIT YOUR COPY BEFORE SENDING IT OVER FOR PRINT. TRY TO LIMIT YOUR TYPED COPY TO NO MORE THAN ONE PAGE, UNLESS IT IS A NEWS STORY. IF YOU ARE ADVERTISING AN EVENT, WORKSHOP, ETC., PLEASE ALSO LIMIT THIS TO A HALF OR QUARTER PAGE.

United Tribes Technical College Preschool Graduation

April 19th, 2001

3:00 in the Gym

4:00 Pow wow

5:00 Supper in the Cafeteria

~ Graduates and Parents ~



Ashley Frisbee - Marva and Raymond Frisbee

Standing Rock Sioux

Heather Belgarde - Evelyn McDonald

Spirit Lake

Destinee Clark - Stephanie North Bird

Red Lake Band

Veronica Emery - Deana Gipp

Standing Rock Sioux

River Gillis - Donna Belgarde

Standing Rock Sioux

Amira Gunn - Amanda and Fred Gunn

Three Affiliated Tribes - Mandan, Hidatsa, and Arikara

Chris Long Soldier - Michelle and Chris Long Soldier

Oglala Sioux Tribe

Hunter Karlson - Sandy and Neil Karlson

Turtle Mountain Band of Chippewa

LaRiah Quick Bear - Kelli and Anthony Quick Bear

Three Affiliated Tribes - Mandan, Hidatsa, and Arikara

Shaylauna Roach - Misty Begay

Sisseton - Wahpeton Sioux

Kenneth Thunder Hawk - Crystal Thunder Hawk

Standing Rock Sioux

Triston Young Bird - Lisa Young Bird

Three Affiliated Tribes - Mandan, Hidatsa, and Arikara

Ellitta Schlecht - Randi Belgarde and Alan Schlect

Standing Rock Sioux

Students host professional organization meeting

by Wanda Agnew

Second-year Nutrition and Dietary Management students, Gale Vallie, Madonna Knife, and Rhonda Yankton are members of the Bis-Man Nutrition Council. Membership of a professional organization is a requirement for their Practicum and Community Nutrition class. They have attended meetings at other agencies hosted by nutrition professionals, April 3rd, 2001 was their turn to arrange and host the group. There are about 35 members in the organization who are employed in agencies with State Government, Public Health, WIC, Extension, Commodity Promotion, and Food Vendors.

Planning for the meeting included arranging for speakers as members obtain continuing education during the meetings. Kim Hinnenkamp, UTTC's Extension Education Coordinator, and Marsha Azure, UTTC's Extension Director, agreed to present information promoting UTTC and the new Dietary Managers certification curriculum and on the new project "Connecting Buffalo Again with Native American Diets".

The meeting was held in the Exhibit Hall at the skills Center over the noon hour. Members were treated to a meal, which the students planned. The menu included Buffalo Stew, Gullet (a Chippewa Baked Bread), and Wojapi (a Lakota fruit pudding). Students assisted in the preparation of the meal by chopping vegetables, practicing baking the bread, and cooking and dishing the fruit. Madonna Knife greeted the guests while serving punch and handing out packets of promotional materials.

Phil Baird formally welcomed the members to the UTTC campus. Many of the nutritionists had never visited the campus before. A large number of favorable comments were received from the members regarding the quality of the food, service of the meal, cleanliness of the Skills Center, professionalism of the presenters, and even the timeliness and need of UTTC's goal to educate nutritionists using the new curriculum.

Scholarship awarded to nutrition students

by Wanda Agnew

Nutrition and Dietary Management second-year students, Madonna knife, Gale Vallie and Rhonda Yankton, received word last week that they were chosen to receive registration waiver scholarship to attend the Eat Well, Play More conference May 8th and 9th. The Bis-Man Nutrition Council offered eleven scholarships. Childcare providers, nutrition professionals and school counselors across the state were encouraged to apply for the scholarships. The three students applied for the scholarships by writing a paragraph defining how information provided at the conference would benefit them.

The conference is a statewide summit promoting healthy weight for North Dakota children. It will offer a wealth of information including nutrition and infant feeding facts, promotion of positive body image to prevent eating disorders, and incorporation of exercise on a daily basis to every child.

The topics are relevant to the nutrition students at UTTC as statistics indicate obesity is a health concern for many Native American individuals. Pediatric Surveillance Data collected on children under age of five reports Native American children are developing obesity at a rate double the rate of non-Indian children. The study shows more than 10 percent of the children are above the 95% weight for the height, which is defined as being obese. Diseases caused by obesity such as diabetes, heart disease and stroke are developing in Native American adults as a greater incidence, also. The students can use the information gained at the conference for personal development as well as when they gain employment and educate community members about the need to eat fewer calories and increase daily exercise. Congratulations to Gale, Madonna, and Rhonda.

April 8th at 7:00 p.m. the public is welcome to attend two sessions devoted to childhood obesity. The evening public forum is free of charge and will be held at the Radisson Ballroom. The first evening session titled "Eating and Weight - Helping Without Harming," by nationally recognized speaker Ellyn Satter, MS, RD. The second session given by Rae Pica, Movement Education Consultant, is titled "Children and Movement - Why and How." All UTTC students and staff are welcome to attend.

Just For You ...

News From Chemical Health

The Chemical Health Staff would like to thank all participants who came over to our Open House on April 11, 2001. This was a big success with over 100 people participating. The big grand prize winners of the bunnies were Joetta Mcleod, staff, and Sandra Boggs, student, Congratulations! Also pictured were some of our little visitors from the Headstart program along with their teacher Sonja Cain. We also would like to thank the Cafeteria staff for preparing the wonderful treats.



Joetta Mcleod, registrar, is also a winner of a bunny at the Chemical Health OpenHealth on April 11, 2001.



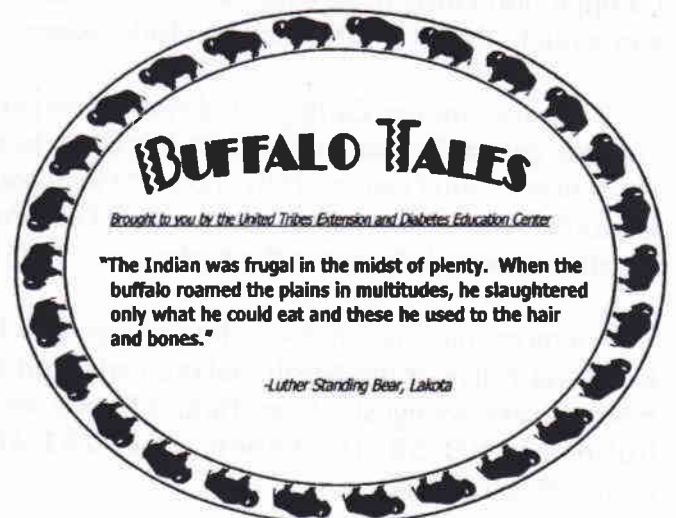
Sandra Dee Boggs of Criminal Justice won a bunny at Chemical Health Open House on April 11, 2001.



Headstart class (4 and 5 years olds) with Teacher Sonja Cain was also at the Open House on April 11, 2001.

Student Health News "Attention Parents"

Children's Tylenol is designed for treatment of infants and children with conditions requiring temporary relief of fever and discomfort due to colds due to colds and "flu" and simple pain and discomfort due to teething, immunizations and tonsillectomy. Administer to children less than 2 years only on the advice of a physician. Dosage for children over 2 years of age should be according to package insert or directions on the bottle. Consult a physician if fever persists more than 3 days or if pain continues for more than 5 days. An overdose or over use of Tylenol (Acetaminophen) can result in liver damage to your child. It should be administered cautiously.





JOB ANNOUNCEMENTS Local and National

North Dakota Parks and Recreation Department
Campground Hosts need at 3 State Parks

The North Dakota Parks and Recreation Department has a limited number of openings still available in its volunteer Campground/Host Program this summer.

According to Nina Pettys, coordinator of the department's volunteer program, Campground Host couples are needed at three of North Dakota's state parks. The parks include Cross Ranch State Park near Hensler; Lake Sakakawea State Park near Pick City; and Icelandic State Park, west of Cavalier.

In exchange for free camping with full hookups during their stay, Campground Hosts perform a variety of work for the parks. Hosts typically work about 25 hours per couple each week for a one or two month period.

"We try to tailor the work to fit both the needs of the park and the volunteer's particular skill," Pettys says, "Campground Hosts have done everything from teaching children's fishing classes and organizing horseshoe tournaments to tree trimming and office work."

Since the inception of the Campground Host program in 1986, Campground Hosts have contributed over 100,000 hours of volunteer work to the North Dakota State Park system.

"In past years, our Campground Hosts have generally been retired couples, primarily from out-of-state. We'd like to see more volunteer Hosts from North Dakota," Pettys notes. "Many couples have returned to North Dakota every year to work in the Host Program, or use their vacation time to help out in the parks."

For more information about the Campground Host Program, contact Nina Pettys at the North Dakota Parks and Recreation Department -- Lake Metigoshe State Park, #2 Lake Metigoshe State Park, Botineau, ND 58318, Phone (701) 263-4651, or email to npettys@state.nd.us

For Sale

1976 For LTD, 2 door,
great Paint , very Clean,
Asking \$1000 or Best Of-
fer.

Call 701-224-8048 for
more information.

Quotes of the Day

"Action springs not from thought, but from a readiness for responsibility."

-- Samuel Jackson

"There are a lot of people out there with good and marketable ideas, but pure entrepreneurial types never accept defeat."

-- Lisa M. Amos

"If you're looking for perfection, look in the mirror. If you find it there, expect it elsewhere."

--Malcom Forbes

"I don't believe that life is supposed to make you feel good, or to make you feel miserable either. Life is just supposed to make you feel."

--Gloria Naylor

"I was raised to sense what someone wanted me to be and be that kind of person. It took me a long time not to judge myself through someone else's eyes."

-- Sally Field

"The block of granite, which was an obstacle in the path of the weak, becomes a stepping stone in the path of the strong."

--Thomas Carlyle

The Family of Edward Moore Sr. "Akicita Wakan" Holy Soldier . . .

Would like to express our heartfelt thanks to all staff and students of the United Tribes Technical College and dear friends and relatives for the concern during the illness and death of our beloved Husband, Father, Grandfather, and Great grandfather Edward Moore Sr.

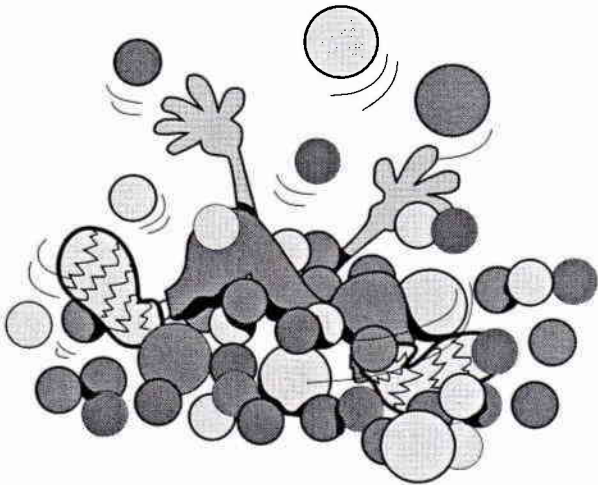
A special thanks to Dr. MD Abel and Ron Tello and the nursing staff of the dialysis unit at the Med Center One Hospital, your care was greatly appreciated.

Our sincere appreciation to the Standing Rock Sioux Tribe and the Veterans of Standing Rock, and to St. Peter's Catholic Church for their participation in the service, Catholic Priest - Terry Wipf and everyone for their help, cards, flowers, food and the kindness during this difficult time.

May God Bless You All ~

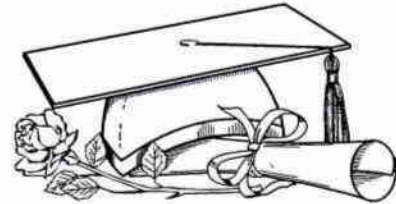
The Family of Edward Moore Sr.

ATTENTION . . . UPCOMING STUDENT SENATE ACTIVITIES



**Spring Carnival
Children Ages 4 to 14
May 1, 2001
1:00 ~ 4:00 pm**

**Picnic to follow
in Cafeteria.**

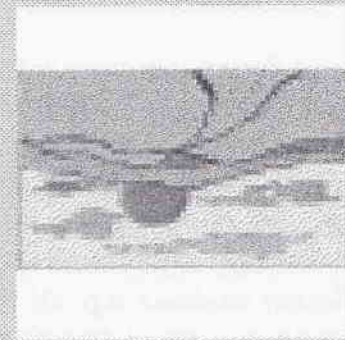


**The following graduates
announcements are ready for
pick up in Arrow Graphics:**

**Tosha Goodwill Bears Tail
Shane K. Schriak
Julie M. Bagola
Adriana Brandis Hale
LaVae N. High Elk
Kelli E. Quick Bear
Lisa Raylene Shaw
Shannon Marissa Medicine Horse
William Joseph Lawrence
Ivan Brown Otter, Sr.
Michelle M. Gunn
Antoinette R. Lester**

**Please pick them up as soon as possible.
They are 50¢ each.
Please bring correct change.**

Exit TABE Testing for Spring Graduates



May 1, 2001-5:30 p.m.

Ed.Bldg. Rm. B14

May 3, 2001-8:30 a.m.

SC Rm. 113

May 4, 2001-8:30 a.m.

SC Rm. 113

The test will take approximately three hours. All graduates must attend one of the sessions in order to complete requirements for graduation. Please sign up with Karen Siegfried at Ext. 234 or Carol Johnson at Ext. 342. Please be punctual as this is a timed test. Anyone showing up late will be asked to take the test at a later time.



IN MEMORY OF
Edward Moore, Sr.
"Akicita Wakan"
Holy Soldier

DATE OF BIRTH
 July 24, 1930
 Fort Totten, North Dakota

DATE OF DEATH
 March 21, 2001
 Bismarck, North Dakota

MASS OF CHRISTIAN BURIAL
10:00 A.M., MONDAY, MARCH 26, 2001
ST. PETER'S CATHOLIC CHURCH
FORT YATES, NORTH DAKOTA

CELEBRANT
 Father Terry Wipf

WAKE SERVICE
 7:00 PM, Sunday, March 25, 2001
 Old Gym, Fort Yates, ND

HONORARY CASKET BEARERS
 The Main Family The Luger Family The Kirkaldie Family
 Robert Gipp James Molash, Sr. Richard Luger
 Wilbur Pleets Albert Two Bears Dale Seelye Patrick Kelly
 Sidney Bailey, Sr. Rick Hull Donavon Archambault Joe White Twin, Sr
 Joe Chase Cornelius Grant Robert Cartwright Davis Family
 The Alkire family The Dorgan Family The Harrison Family
 The Night Walker Family Lyle R. Cochran LeRoy Longknife

CASKET BEARERS
 Kelly Moore R.J. Weddell Patrick Moore
 Brandon Moore Andrew Dupris, Jr. Raymond Moore
 Edward Moore III Cheyenne Weddell

BURIAL
 1:30 PM, CT, MONDAY, MARCH 26, 2001
NORTH DAKOTA VETERANS CEMETERY
MANDAN, NORTH DAKOTA

ARRANGEMENT BY
 Weigel Funeral Home Mandan, North Dakota



*It broke our hearts to lose you.
 But you didn't go alone.
 A part of us went with you.
 The day God took you home.*

*A million times we missed you,
 A million times we cried,
 If love could have saved you,
 You never would have died.*

*To the grave we travel,
 The flowers are placed with care,
 No one knows the heart ache,
 As we turn to leave you there.*

*If tears could build a stairway and
 Heartaches could make a lane,
 We would walk a path to heaven and
 Bring you back again.*

Ed was born on July 24, 1930 in Fort Totten, ND, the son of Samuel and Mary (King) Moore. Ed is a Purple Heart Veteran of the Korean War, as well as, receiving a bronze Medal. He served in the U.S. Army 25th Infantry Division from 1948 – 1952 as a Sergeant First Class stationed in Japan and Korea. He received an Honorable Discharge in 1952.

Ed first moved to Standing Rock in 1959 as a Police Officer and later the Chief of Police until 1965. In 1966, Ed moved to California to receive training as a Vocational Instructor, and worked as a Vocational Instructor in Berkeley, California until 1971. Ed and his family moved back to North Dakota where he worked at Untied Tribes Technical College from 1971-1984 as a Vocational Instructor.

In 1985, Ed returned to Standing Rock Indian Reservation and began working for the Bureau of Indian Affairs (BIA) as an Education Aid in Fort Yates. In 1988, the BIA honored Ed with a "Special achievement Award" for working with the youth. Ed had been known for his work with the youth. He had worked in organizing youth activities for over 40 years. He was involved in various youth organizations, namely the Boy Scouts, Boxing Clubs, YMCA's and Little Britches Rodeos.

In 1962, he was the only Native American honored with a Silver Scout Award, one of the highest awards offered by the Boy Scouts of America. He received this award for organizing a Boy Scouts Jamboree for over 1200 Boy Scouts. Ed was a ND Golden Gloves Champion and Upper Midwest Champion in 1960-61 and 1961-1963. In 1978, Ed was honored by the Golden Gloves Organization as the "Man of the Year". He had received numerous coaching awards and recognition from various organizations, such as, the VFW, the American Legion, The Elks Club and the Moose Club.

Ed was married to Ella for 47 years. They were both honored by the Governor of the state of Montana as "Senior Citizens of the Year" in 1996 for their work with the people of Montana, including the elderly and the youth. Ed and Ella lived in Beaver Creek, Montana where he was the Director of the Beaver Creek Youth Ranch, for the past 10 years. In 1999, he was made an Honorary Graduate of Sitting Bull College in Fort Yates, ND.

He was very proud of his 4 grandsons that he and Ella raised, Kelly P. Moore, Patrick R. Moore, Cheyenne K. Weddell and Elias R. Moore. Ed is survived by his wife, Ella Mae, Bismarck; sisters, Irene Gonder and Grace Belgard, Bremerton, WA, sons, Edward B. Moore, Jr. and wife Dawn Moore, Fort Belknap, MT, Samuel M. Moore, Fort Yates, ND, Raymond H. Moore, Sr. and wife Cynthia Moore, Fort Yates, ND, Kelly P. Moore, Bismarck, daughters, Rosie Zavala of Bremerton, WA, Audrey and Wayne Healey, Fort Belknap, MT, Anita Moore, Fort Belknap, MT, Tamara Moore, Bismarck, Lisa and Wally Henry, Ft Yates, ND, Michelle and George Beatty, Anadarko, OK; 33 grandchildren; 13 great-grandchildren.

He was preceded in death by his parents, Samuel and Mary Moore, his brothers, Rex, Gary and Patrick Moore and one sister, Helen Pittman.





3rd
Annual UTTC

ART SHOW

Featuring

Contemporary



Traditional

works by

Art/Art Marketing

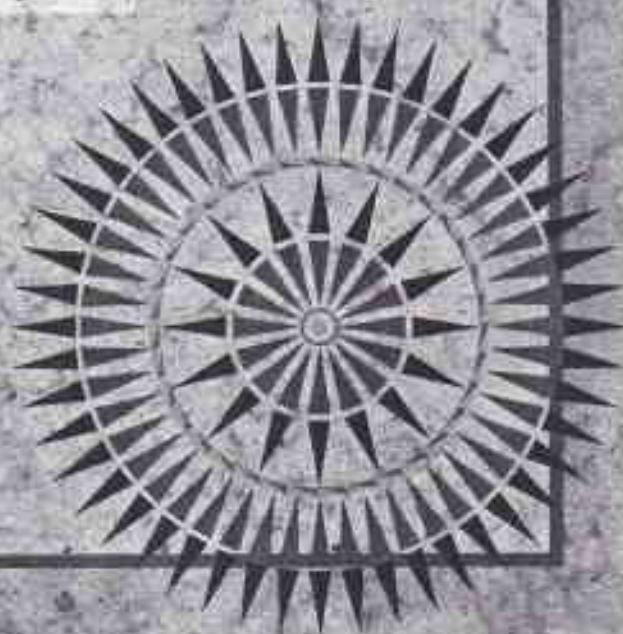
Students

April 27 & 28th, 2001

10:00 a.m. - 5:00 p.m.

Barnes & Noble
Booksellers

565 S. 7th Street
Bismarck, ND



Don't settle for anything less.

Don't settle for anything less.



Get A REAL LIFE

Ever wonder if there's something more?
Ever feel like something's missing?
Maybe there's a part of you that
can't

be satisfied by anything in this world.

As someone has said, "There's a God-shaped
vacuum in the heart of every person that only
God can fill."

God has a great way of bringing depth and
meaning to life.

We can live our lives connected to him,
actually receiving guidance from him.
We can start over with a clean slate...
start down a new road...and begin to really
live.

Jesus said, "I came that you might have life,
and have it more abundantly."

Find out what God can do in your life.

He can make the difference.

For a free article, REAL LIFE,

call 1-800-236-9238.



Don't settle for anything less.



Don't settle for anything less.

Remember us? we gave away the college survival kits...We had such a positive
response we're going to have a meeting this year:

**April 26th, 7:00pm, Exhibit Hall-Skills
Center. Campus Crusade for Christ**

Don't settle for anything less. Don't settle for anything less.