

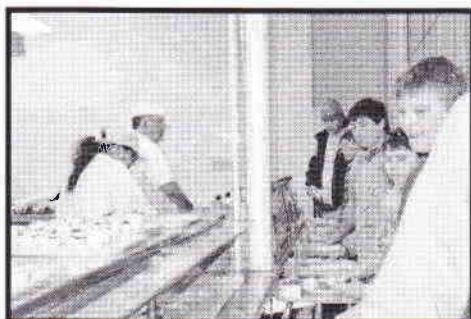
Thanksgiving dinner a success...

By: Lori G. Pemberton, Asst. Dean of Student & Campus Services



Once again the United Tribes Technical College Cafeteria served up an awesome pre-Thanksgiving Dinner for staff, students and friends to enjoy! The menu was explicit, with something to wet everyone's pallet: turkey, ham, stuffing, yams, corn, buns and of course, pumpkin pie.

At last count, the Cafeteria staff served over 450 people on Wednesday, November 21st, which included over 560 pieces of pie! A lot of hard work went into the preparation of this delicious meal. The staff began baking on Tuesday morning and continued their hard work right through Wednesday's dinner. A huge thank you to the Cafeteria staff and the wonderful volunteers that served all that pie - your work was truly appreciated by everyone!





Newsletter Guidelines

Below are a few guidelines for submitting articles for the newsletter. We would appreciate it if you could follow these guidelines as it makes the newsletter more interesting and more timely for all concerned.

1. **All copy submitted** should relate to UTTC, its students, faculty or staff - or be directly beneficial to the the functions/daily operations of UTTC.

2. **PLEASE, EDIT YOUR COPY** before sending it over for publications. This is a "Newsletter" not a newspaper. Limit your article to what is necessary and informative. Also, limit all **posters** to 8 1/2" x 5 1/2". It is not necessary to use the full sheet. Posters or advertisements can be just as effective when half the size.

3. If contact persons are required with your article, please make sure you list that person's name and where they can be reached.

4. If submitting photos, please submit them either on disk or zip or email directly to the newsletter e-mail site as a **JPEG, TIFF, or EPS** or **submit the actual photo**. Do not send over photos that have been preprinted on your computer printer. This are not clear and do not reproduce well. Also, if submitting an article needing photos make sure they are attached.

5. **All articles should be submitted ONE WEEK IN ADVANCE.** All articles submitted for the newsletter should be in Arrow Graphics the preceding Monday before the next newsletter is due. (1 week in advance.) Any late article will be included in the following week's newsletter.

We receive a lot of articles and it takes 2-3 days to type all of the articles. **PLEASE** adhere to the deadline and policy. The newsletter is distributed by Monday.

6. If you are sending your articles through e-mail, please send them to **nduttcnews@hotmail.com**.

SEND ARTICLES AS "TEXT FILES" AND PHOTOS AS EPS, TIFF, OR JPEG., TO ABOVE EMAIL ADDRESS.

Our newsletter is sent all over the nation, so other colleges and organizations can see how we are progressing. Let's show our UTTC spirit with great news articles.

Dennis Lucier's ~UTTC DINER~ WEEKLY MENU

(Each meal served includes 2% or Skim Milk, Coffee or Tea and Salad Bar or Assorted Fresh Fruits/Vegetables)

DINNER

Nov. 26- Nov. 30

- M Steak Sandwich, Baked Beans
- T Chicken Noodle Soup, Ham Salad Sandwich
- W Hamburger On A Bun, Baked Fries
- T House Special Pizzas, Salad Bar
- F Pork Chow Mein, Rice

Dec. 3

- M Goulash, Vegetables

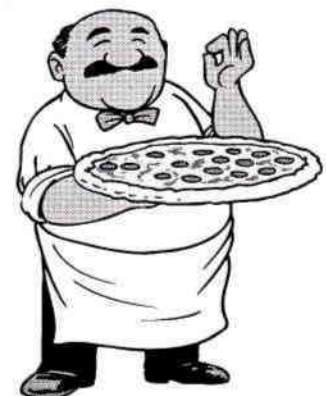
SUPPER

Nov. 26- Nov. 30

- M Roast Pork, Mashed Potatoes w/Gravy
- T Bar-B-Que Chicken, Baked Potato
- W Pork Chops, Rice
- T Grilled Steak, Baked Potato
- F Tater Tot Hotdish

Dec. 3

- M Hamburger On A Bun, Oven Fries





newest employee, Barbara Schmitt, fits that to a tee! You see, Barbara was previously employed at United Tribes as the Associate Director of the ND/SD Native American Business Development Center for approximately 8 years. She left us about 4 years ago to venture west to Billings, Montana where she was employed as a Loan Specialist at the Bureau of Indian Affairs (BIA)-Rocky Mountain Region. And today, we can gladly say, that Barbara Schmitt has come around again!

Barbara has accepted a new position with United Tribes as our Economic Development Specialist for the Center for Economic Outreach. She is also the Coordinator for the Federal Emergency Management Agency (FEMA) project.

An enrolled member of the Turtle Mountain Band of Chippewa, Barbara brings back her 15 years of economic development experience with tribes in North and South Dakota, Montana and Wyoming. Barbara holds a Master of Science degree in Management from the University of Mary. In addition to her years of economic development experience, Barbara has also added parenting to her many skills - along with her husband Jim, her daughters Chelsea and Haley provide the Schmitt's plenty of extracurricular activities.

Barbara enjoys her line of work and is pleased to be able to come back to work at United Tribes. Please feel free to stop in and see Barbara at her office which is located in Building 61 or call her at Extension 436.

Portraits of Success...

By: Lori G. Pemberton, Asst. Dean of Student & Campus Services

Have you ever heard the saying, "What goes around comes around?" Well it's true and our

United Tribes Technical College Extension program presents.....

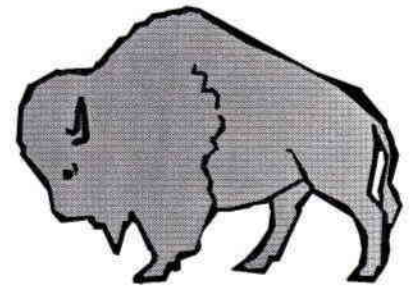
by Kim Hinnenkamp

"Connecting Buffalo Again with Native American Diets Workshop"

Students, faculty, and staff are invited to attend this workshop on bison and nutrition. It will be held on December 13, 2001 from 2:30 - 4 pm in the IVN Classroom (Room 112) in the Skills Center.

Come and learn about buffalo! Topics include: Physical Characteristics, History, Traditional Uses, Nutritional Value, and Connection to the Prevention of Diabetes

FOR MORE INFORMATION: Contact Kim Hinnenkamp, Ext. 397



Thought for the day

- * Home is where you can say anything you want to because nobody listens to you anyway.
- * Life's fleeting moment in time is when you're traveling on the interstate and see your sign and realize that you just passed your exit.
- * Why do rain drops and snow falls?
- * Karaoke combines the two worst people: people who shouldn't drink with people who shouldn't sing.



"UTTC Career Fair 2001"

by Dr. J. Derby, Academic Dean

On Thursday, November 29th United Tribes Technical College is hosting a career fair for senior high school students from our region and will be held in the James Henry Community Building (large gym). We've invited 30 area high schools to our Career Fair and we are planning on approximately 100 -150 students visiting our campus this coming week. The event will be held from 10:00 A.M. to 2:00 P.M. I have asked that all of our various departments to set up booths (table displays) and provide pertinent information regarding their individual program.

Briefly, we feel that it is very important for prospective students to come here and see our beautiful campus here in Bismarck, North Dakota. It is equally important that high school seniors be afforded an opportunity to meet our outstanding faculty and staff and discuss their career options. Ideally, this is the proper way for high school seniors to make an informed decision before selecting a college that will best meet their career goals. Several years ago, we conducted an on-campus survey of UTTC students and found out that 70 per-

cent of our students chose to come to United Tribes based upon the programs we offer. Approximately, 30 percent of our students chose United Tribes because of the cultural environment we provide. Certainly, there are other factors including family housing, the infant toddler center, child development center, our elementary school located on-campus, and other support services that we provide UTTC students.

Finally, I would like to give credit to John Beheler, Director of our new Tribal Tourism program for assisting me in coordinating this activity on behalf of United Tribes Technical College. We encourage all of our students to assist us with this effort in making this year's career fair a success. Enclosed is a tentative agenda for the UTTC Career Fair 2001.

Thank you for your participation and support.

UNITED TRIBES TECHNICAL COLLEGE

First Annual
UTTC RECRUITMENT &
INFORMATION FAIR
James Henry Memorial
Building

DRAFT AGENDA

Thursday, November 29, 2001

9:30 - 10:45 Registration -
John, Misty, Lori,
& Karen Siegfried

9:40 - 10:45 Visit Booths -
Meet with Faculty, Staff, &

Program Directors

10:45 - 11:15 Welcome &
Opening Remarks -
President Gipp, & Deans

Motivational Speaker -
Charles W. Murphy,
UTTC Board Chair &
Standing Rock Sioux
Tribal Chairman

11:00 Tour of UTTC -
UTTC Students

12:00 Lunch -
Student Senate
Representatives

12:45 Scholarships
and Funding -
Bob Parisien, Joey McLeod,
Vivian & Vince

1:00 Admissions -
Vivian Gillette
Invite students to fill out
Letter of Intent to attend
UTTC
-First students to do so re-
ceive T-Shirts.

1:15 UTTC Thunderbirds
- Kevin Finley, Athletics
Director
UTTC Thunderbird BB
players will provide a slam-
dunk exhibition and three-
point shootout.

2:00 UTTC Thunderbird
Drum Group - Closing



Weekly WIC Question

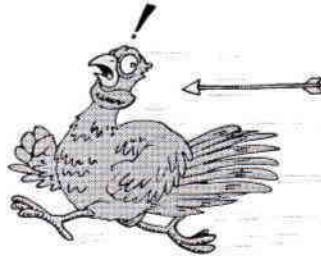
by Wanda Agnew

WIC - a nutrition program for women, infants and children. Call Ext. 420 to arrange your appointment.

QUESTION: The staff person at WIC stated my child was above the "95th percentile" in body mass index. She said someone would discuss some ideas for my child to be more active. What does that mean?

ANSWER: Body mass index is the amount of fat versus lean body tissue an individual person is carrying around. All people are different sizes. Size depends on genetics, but also on the amount of food eaten and exercise done by the individual. The goal is to have the healthiest body possible, no matter the individual's age. A child who has a body mass index that shows more fat than lean muscle is at high risk of developing low self-esteem, as well as diseases such as diabetes and heart disease at an early age.

To reduce the amount of body fat and increase the amount of lean muscle, a child should be encouraged to exercise everyday. A child's "job" is to run, play tag, ride bicycle, climb, go sledding and create other active games. We should ask, Is my child "employed" with his job or am I teaching "unemployment" by allowing TV, computers, and electronic games to replace normal childhood activity? The best thing we can do for our children is to be a role model - go outdoors, play tag and ball with them, walk with them, learn to cross-country ski, go sledding, join active sports, and be happy about being able to move our bodies.



Thanksgiving dinner success
Continued from page 1.



Lori Pemberton, Asst. Dean of Campus and Support Services; Katy Churchill, Hospitality Management Instructor; along with Julia Weiss, from Cafeteria cut and served 560 varieties of pies, including the Thanksgiving favorite "Pumpkin". Thank you, Ladies

Quotes for the day

Make sure you really know what you think you "know":

"Who knows what he is told, must know a lot of things that are not so."

--Arthur Guiterman

"More tears are shed over answered prayers than unanswered one."

--Saint Teresa of Avila

You don't have to get all of it right all of the time:

"The essence of man is imperfection."

-- Norman Cousins

"The "C" students run the world."

--Harry Truman

North Dakotans have something to celebrate this holiday season

by Sheyna Strommen

Statewide surveys indicate that seat belt use is up by 10 percent throughout the state. This is

a positive sign that motorists are choosing to take the responsible road and buckle up. "A seat belt is the single-most efficient way to protect yourself in the event of a crash. Seat belts increase the chance of survival tremendously," said Marsha M. Lembke, Director of the North Dakota Department of Transportation Drivers License and Traffic Safety Division.

Given that motor vehicle crashes are the leading cause of

death for people ages zero to 20, seat belt use is especially important for our children and young adult population. Take the extra time to drive safely and to **wear your** seat belt. Make certain your children are buckled up as well. Together, let's make sure everyone is around to enjoy this holiday season.

United Tribes Intertribal Programs

The United Tribes' Center for Economic Outreach was established in the spring of 2001 in response to the growing need for tribal economic development research, technical assistance, and educational services in the northern plains region (North Dakota, South Dakota, Montana, Wyoming, Utah, and Colorado). The regional office is located in Denver, Colorado. The Center for Economic Outreach is a pilot project for the Economic Development Administration (EDA). The goal of the UTTC project is to become the first Tribal University Center in the country.

The primary purpose of the Center for Economic Outreach is to serve as a catalyst for economic research and development impacting tribes and tribal entities throughout the service area. This will be accomplished by providing

four specific areas including: 1) Information Clearinghouse, 2) Training, 3) Technical Assistance, and 4) Technology Transfer.

The extensive resources of United Tribes will be made available to various tribal organizations that can benefit from job and income creation and job retention efforts. The CEO is funded by the U.S. Department of Commerce, Economic Development Administration.

In September 2001, United Tribes was awarded a Federal Emergency Management Agency (FEMA) grant. These funds will be used to establish a national level resource for tribal/reservation pre-disaster mitigation activities, create a Center for Excellence for tribal/reservation coordination for Project Impact, and to conduct training in emergency management for tribal organizations.



MY CLOTHES WERE MADE FOR UPPER CLASS WHITES

Good for Oprah

Don't buy your next shirt or perfume from Tommy Hilfiger. I'm sure many of you watched the recent taping of the Oprah Winfrey show where her guest was Tommy Hilfiger.

On the show, she asked him if the statements about race he was accused of saying were true. Statement like " ...if I'd known African-Americans, Hispanics, Jewish and Asians would buy my clothes, I would not have made them so nice. I wish these people would "NOT" buy my clothes, as they are made for upper class white people."

His answer to Oprah was simple "Yes." Whereafter she immediately asked him to leave her show.

My suggestion? Let's give him what he asked for. Let's not buy his clothes; let's put him in a financial state where he himself will not be able to afford the ridiculous prices he puts on his clothes. **BOYCOTT**

Criminal Justice Advisory Board Meeting

by Mark Winger

The first Criminal Justice Advisory Board meeting was held in Bismarck on Tuesday, November 20, 2001 to discuss the program, including curriculum and related issues. Members of the advisory board include Arnie Schimke, retired captain for the North Dakota Highway Patrol, Monty Gibson, Deputy Director elect for the BIA police academy at Artesia, New Mexico, Bill Lord, UTTC interim chair, and Mark Winger, UTTC instructor. Not present were Joe

Walker, UTTC Interim Instructor, Lt. Rohrer, Bismarck Police Department, and Elmer Four Dance, BIA Law Enforcement from the Aberdeen Area Office. Other UTTC representatives on hand included Dr. David Gipp, President, Dr. John Derby, Academic Dean, and Sheri Bearing-Baker, Instructor.

Dr. Derby gave the advisory board a brief update of the criminal justice program and the need to involve local, state, BIA, and tribal police on the advisory board. Dr. Gipp spoke briefly on the need to meet the law enforcement needs of the tribes in North Dakota and surrounding states.

There were a number of topics discussed including a curriculum update by Sheri Bearing-Baker, a partnership agreement with the BIA

to train tribal police in the northern plains region at UTTC, and articulation agreements with regional 4-year colleges and universities at the bachelor's level. Monty Gibson, newly-selected Deputy Director for the BIA Police Academy in Artesia, New Mexico mentioned a number of issues/concerns in order to meet the law enforcement needs for the reservations in both Dakotas and his desire for the BIA to develop a partnership with United Tribes Technical College in the near future. UTTC will be working on the development of a partnership agreement with the BIA for consideration.

The next advisory board meeting is scheduled for March 19, 2002.

Law enforcement cautions residents to be particularly careful this holiday season

by Sheyna Strommen

North Dakota residents should expect additional patrol and enforcement of impaired driving violations throughout the holiday season. December has been designated 3-D Month (Drunk, Drugged, and Driving) by the National Highway Traffic Safety Administration (NHTSA). 3-D Month focuses on the impacts and elimination of drunk and drugged driving. Last year, drugs including alcohol were considered a contri-

buting factor in 44 percent of all North Dakota's fatal crashes. December is the optimum time to increase awareness and enforcement of impaired driving violations. Last year more people were killed in car crashes over the winter holidays than all of the other holidays combined.

In October, North Dakota had already surpassed last year's total number of fatalities. That is why the "Do Buckle, Don't Booze" campaign, a statewide effort to increase seat belt use while decreasing impaired driving, will partner with North Dakota media, the faith community, local schools, and state law enforcement to educate residents on the risks of impaired driving. Impaired driving is a serious offense in North Dakota, one which comes with a maximum penalty of 30 days imprisonment and/or \$500 fine, in addition to higher insurance rates.

All graduating students exit testing

by Karen Seigfried

All students who are planning to graduate in December, 2001 must take the Exit TABE Test. We have scheduled the three times following times and dates to do testing:

Wed. Dec. 5th
5:00 p.m. Ed. Bldg.
Rm B14

Thurs. Dec 6th
5:00 p.m. Ed. Bldg.
Rm B14

Thurs. Dec. 13th
5:00 p.m. Ed. Bldg.
Rm B14

Graduating students need to schedule a time they will be taking the test with either Carol Johnson, Ext. 342 or Royce Irwin, Ext. 203.

UTTC RECRUITMENT & INFORMATION FAIR

THURSDAY, NOVEMBER 29, 2001

JAMES HENRY MEMORIAL BUILDING - 10AM TO 2PM

ACADEMIC INFORMATION

REGISTRATION INFORMATION

SCHOLARSHIPS & FUNDING INFORMATION

VOCATIONAL PROGRAM TOURS

**STUDENT SERVICES: CHILDCARE, TRANSPORTATION,
HOUSING & ELEMENTARY SCHOOL**



**THUNDERBIRD
"SLAM DUNK"
CONTEST!!**

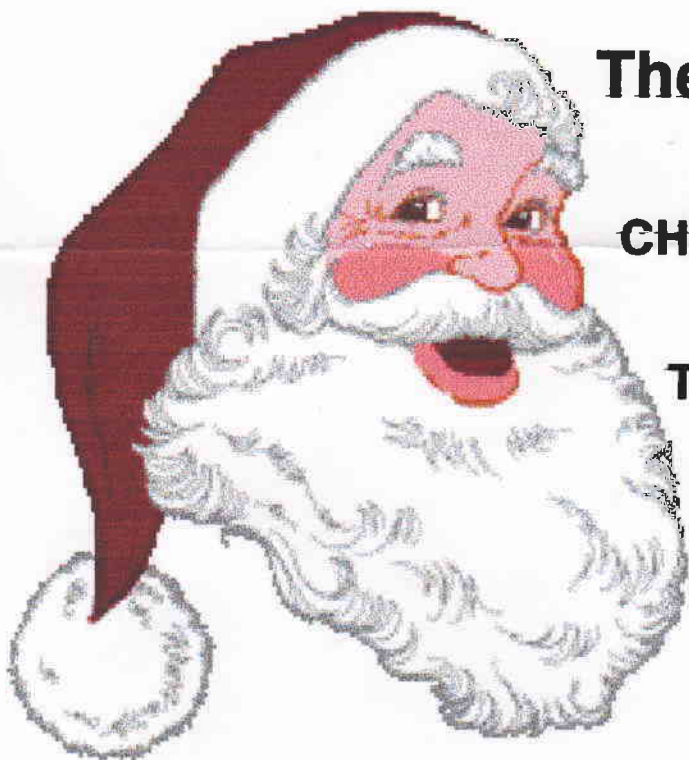
LUNCH WILL BE PROVIDED

ALL HIGH SCHOOL PARTICIPANTS RECIEVE UTTC THUNDERBIRD T-SHIRT

9:30 Registration
10:45 Welcome & Opening Remarks

Guest Speaker – Charles W. Murphy, Chairman
UTTC Board of Directors & Standing Rock Sioux Tribe

11:00 Tour of Vocational Programs
12:00 Lunch
12:45 Scholarships, Funding, & Admissions
1:15 UTTC Thunderbirds Slam Dunk Exhibition
2:00 Closing



Theodore Jamerson

CHRISTMAS PROGRAM

**THURSDAY, DECEMBER 13TH
2:00pm**

UTTC GYM

Refreshments following program

Songs and Poems

Puppet show - "Christmas Around the Clock"

Native Signing

Patriotic Salute

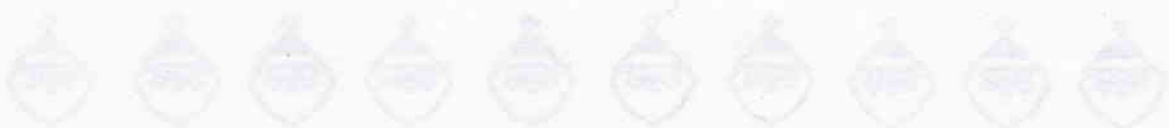


ALL GRADUATING STUDENTS EXIT TESTING

All students who are planning to graduate in December, 2001 must take the Exit TABE Test. We have scheduled the three following times and dates to do testing:

Wed.	December 5 th	5:00PM	Educ. Bldg. Rm. B14
Thurs.	December 6 th	5:00PM	Educ. Bldg. Rm. B14
Thurs.	December 13 th	1:30PM	Educ. Bldg. Rm. B14

Graduating students need to schedule a time they will be taking the test with either Carol Johnson, Ext. 342 or Royce Irwin, Ext. 203.

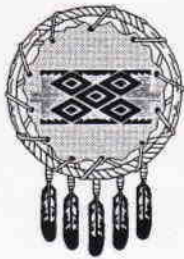


Theodore Jamerson

CHRISTMAS PROGRAM

THURSDAY, DECEMBER 13TH
5:00pm

UTTC GYM



United Tribes Technical College
OFFICE OF ADMINISTRATION
3315 University Drive
Bismarck, North Dakota 58504

Refreshments following program

Songs and Poems

Puppet show - "Christmas Around the Clock"

Native Singing

Catholic Salute

